Good Laboratory Practices
Urine Dipstick Testing

Prepare

Staff

- ❑ Test personnel for color blindness
- ❑ Training

Supplies

- ❑ Timer or clock with alarm
- ❑ Non-faded color chart

Strips

- ❑ No outdated strips
- ❑ Store in original container with desiccant

Sample

- ❑ Correctly labeled and enough urine
- ❑ Refrigerate if delay in testing

Analyze

- ❑ Dip strip in well mixed urine
- ❑ Start timing
- ❑ Remove excess urine from strip
- ❑ Compare each test pad against correct color blocks at exact time

Report

- ❑ Understand limitations (interfering substances)
- ❑ Record and initial results

Specific test steps may vary depending on manufacturer of your testing strip. Refer to your current package insert for specific details of each step.

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