# Cough Codes – Clinical Rationale

## Scott Manaker, MD, PhD

ICD-10 Coordination and Maintenance Committee
Baltimore, MD

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Novitas (J-12: PA,NJ,MD,DE,DC) Medicare, Contractor Advisory Committee (CAC) CMS, Hospital Outpatient Panel

American College of Chest Physicians (ACCP)/American Thoracic Society (ATS)

Joint Clinical Practice Committee

**American College of Physicians (ACP)** 

Coding & Payment Policy Subcommittee
Advisory Group: Improving Documentation To Enhance EHR Technology and Usability

**American Medical Association (AMA)** 

AMA Relative Value Update Committee (RUC)
Chair, Practice Expense Subcommittee
Member, CPT/RUC Workgroup on E/M

**National Board for Respiratory Care (NBRC)** 

Trustee

#### Disclaimers

#### Opinions - my own

#### Consultant – see disclosure\* in program

#### No representation, guarantee or warranty of fitness

- Grand Rounds speaker, lecturer, consultant, and expert witness on documentation, coding, billing, and reimbursement to hospitals, physicians, departments, practice groups, insurers, professional societies, and attorneys (defense, plaintiff "qui tam", US Attorneys General, and the Office of the Inspector General).
- Consultant to Aetna, Apricure, Pfizer, Novartis, and Johnson & Johnson.
- Expert witness in workers' compensation and in medical negligence matters.
- Stock held in 3M; and (spouse) Pfizer, Johnson & Johnson.
- Former Director, ACCP Enterprises, Inc. (wholly owned, for profit subsidiary of ACCP).
- Member of AMA RUC.
- Trustee, National Board for Respiratory Care (NBRC).
- Section Editor (Critical Care), UpToDate.

### Coalition

American College of Allergy, Asthma & Immunology
American Thoracic Society
CHEST (American College of Chest Physicians)
Merck

# History (I)

#### 1998:

- •1st international guideline on cough
- •Summarized known physiology
- •Divided cough by duration: <3 weeks or 3-8 weeks
  - -Addressed common diagnoses and corresponding treatments for both categories
- •Never addressed truly chronic, inexplicable cough of >8 wk duration
- Landmark step forward

Irwin RS et al. Managing cough as a defense mechanism and as a symptom: a consensus report of the American College of Chest Physicians. Chest 114 (Suppl.): 133S-181S, 1998

# History (II)

#### 2006:

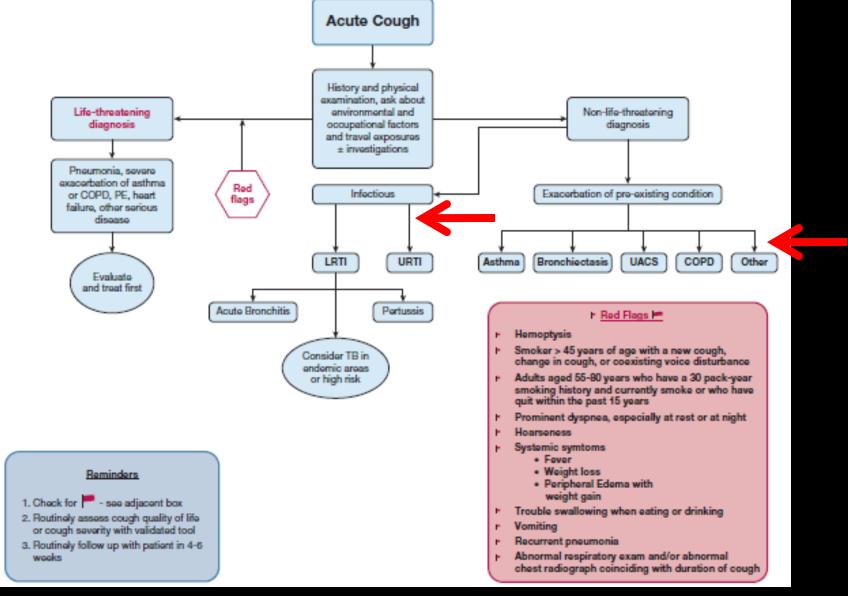
- •2<sup>nd</sup> international guideline on cough
- Now divided cough into three durations:
  - –Acute, <3 weeks
  - –Subacute, 3-8 weeks
  - -Chronic, >8 weeks
  - -Again addressed common diagnoses and corresponding treatments
  - -Different diagnoses (and therefore treatments) in each category
- Another step forward

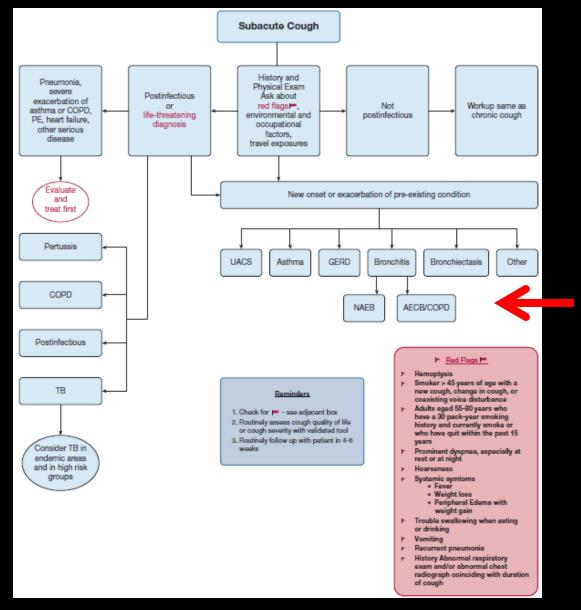
Irwin RS et al. Diagnosis and management of cough executive summary: ACCP evidence-based clinical practice guidelines. Chest 129 (Suppl.):1S-23S, 2006.

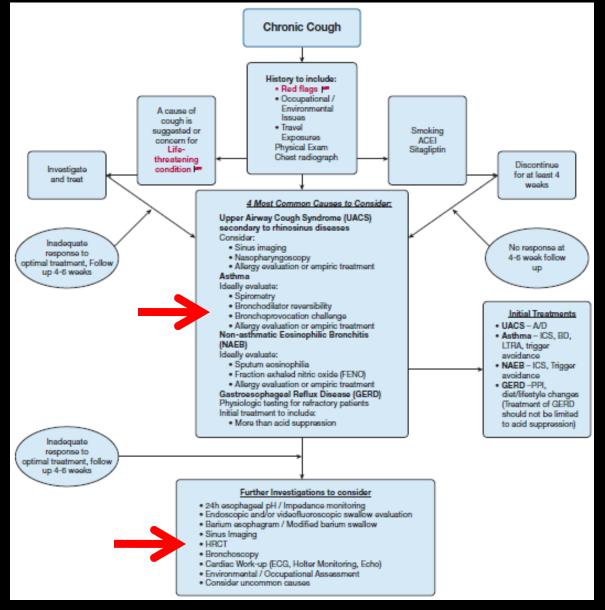
# History (III)

#### 2018:

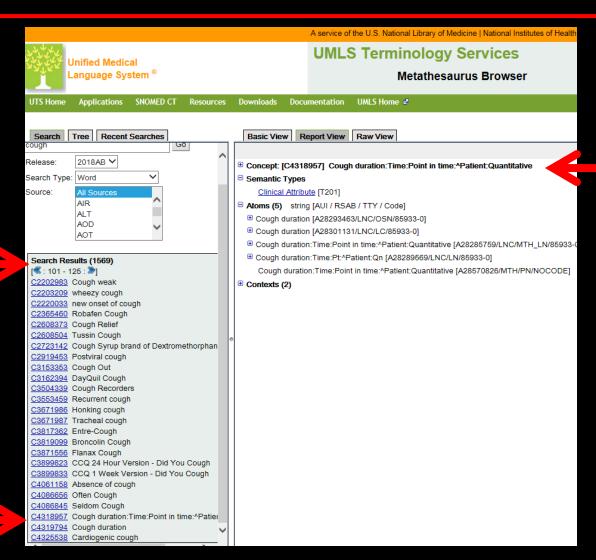
- 3<sup>rd</sup> international guideline on cough, updating from 2006
- Cough remains divided into same three durations:
  - –Acute, <3 weeks
  - -Subacute, 3-8 weeks
  - -Chronic, >8 weeks
  - -Again addressed common diagnoses and corresponding treatments
  - -Different diagnoses (and therefore treatments) in each category
- Now known that "...the definitions were being used around the globe and that the management algorithms would accurately predict the most common causes of acute, subacute, and chronic cough."







# US National Library of Medicine How to find chronic cough?!



# Why Not (Yet!) SNOMED And ICD-11?

Stability of classification for almost 15 years

International use of this classification for research and clinical care <u>only now known</u>

Opioid epidemic implications: codeine or dextromethorphan only recommended for short term cough suppression with chronic bronchitis (Bolser DC. Cough suppressant and pharmacologic protussive therapy: ACCP evidence-based clinical practice guidelines. Chest 129 (Suppl): 238S–249S, 2006)

Lack of efficacy data for many commonly prescribed remedies; requires further classification both by disease state and cough duration

Important to exclude cough as a symptom diagnosis when underlying etiology identified



"We'd now like to open the floor to shorter speeches disguised as questions"