

Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Total	2.9 (0.13)	8.3 (0.22)	2.1 (0.10)	5.0 (0.18)	1.9 (0.11)	3.8 (0.15)	6.7 (0.19)	11.0 (0.27)
Sex								
Male	2.4 (0.19)	6.7 (0.29)	1.8 (0.15)	4.3 (0.26)	1.5 (0.14)	3.2 (0.22)	5.6 (0.24)	9.7 (0.38)
Female	3.4 (0.18)	9.7 (0.32)	2.3 (0.15)	5.7 (0.25)	2.2 (0.16)	4.4 (0.22)	7.7 (0.29)	12.2 (0.36)
Age (years)								
18–44	2.5 (0.19)	7.8 (0.34)	1.6 (0.14)	5.3 (0.28)	1.7 (0.16)	4.0 (0.23)	6.8 (0.29)	11.8 (0.40)
45–64	3.8 (0.25)	9.2 (0.37)	2.9 (0.21)	5.3 (0.30)	2.5 (0.20)	4.0 (0.27)	7.0 (0.32)	11.1 (0.42)
65–74	2.2 (0.25)	7.6 (0.46)	1.8 (0.24)	3.8 (0.35)	1.6 (0.24)	2.9 (0.28)	5.0 (0.39)	7.7 (0.50)
75 and over	3.0 (0.47)	8.6 (0.61)	1.8 (0.35)	3.0 (0.36)	1.4 (0.25)	3.2 (0.38)	6.5 (0.54)	8.7 (0.63)
Race								
One race ²	2.9 (0.13)	8.1 (0.22)	2.0 (0.10)	4.9 (0.18)	1.8 (0.11)	3.7 (0.15)	6.6 (0.19)	10.9 (0.27)
White	2.7 (0.15)	7.7 (0.24)	2.1 (0.12)	4.9 (0.20)	1.9 (0.13)	3.8 (0.18)	6.2 (0.21)	11.1 (0.30)
Black or African American	4.2 (0.46)	10.5 (0.75)	2.2 (0.31)	4.7 (0.52)	1.7 (0.31)	3.4 (0.45)	10.0 (0.74)	10.4 (0.69)
American Indian or Alaska Native	*	8.6 (1.62)	1.1 (0.44)	6.7 (1.50)	0.9 (0.39)	5.1 (1.38)	11.7 (2.23)	8.0 (1.75)
Asian	1.8 (0.36)	9.3 (0.98)	1.2 (0.32)	4.7 (0.78)	0.7 (0.25)	3.6 (0.63)	4.0 (0.58)	10.7 (1.08)
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Two or more races ³	4.5 (1.05)	13.9 (2.04)	4.7 (1.07)	9.3 (1.62)	3.6 (0.92)	8.5 (1.54)	11.4 (1.57)	15.2 (2.12)
Black or African American, white	*	17.9 (5.41)	*	19.7 (5.97)	*	18.4 (5.28)	*	29.0 (5.89)
American Indian or Alaska Native, white	*	14.0 (2.94)	*	10.2 (2.76)	*	*	12.8 (2.87)	13.3 (3.11)
Hispanic or Latino origin ⁴ and race								
Hispanic or Latino	3.9 (0.44)	8.2 (0.59)	3.0 (0.38)	5.9 (0.54)	2.4 (0.35)	3.2 (0.37)	6.8 (0.54)	8.9 (0.68)
Mexican or Mexican American	3.7 (0.58)	7.8 (0.77)	2.6 (0.50)	6.4 (0.76)	2.0 (0.37)	3.7 (0.54)	6.7 (0.71)	8.5 (0.85)
Not Hispanic or Latino	2.8 (0.14)	8.4 (0.24)	2.0 (0.11)	4.8 (0.19)	1.8 (0.11)	4.0 (0.17)	6.7 (0.21)	11.5 (0.29)
White, single race	2.6 (0.15)	7.7 (0.27)	1.9 (0.12)	4.8 (0.22)	1.8 (0.13)	4.1 (0.20)	6.1 (0.23)	11.8 (0.33)
Black or African American, single race	4.3 (0.48)	10.6 (0.78)	2.1 (0.31)	4.6 (0.53)	1.8 (0.32)	3.2 (0.44)	10.3 (0.77)	10.5 (0.71)

Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Education ⁵								
Less than a high school diploma	5.7 (0.59)	12.5 (0.88)	3.7 (0.41)	7.5 (0.70)	3.4 (0.43)	5.2 (0.51)	10.0 (0.76)	11.9 (0.88)
High school diploma or GED ⁶	4.3 (0.38)	10.9 (0.56)	2.9 (0.28)	6.4 (0.48)	2.6 (0.28)	4.6 (0.36)	8.9 (0.53)	10.7 (0.52)
Some college	2.7 (0.23)	9.0 (0.41)	2.5 (0.23)	4.9 (0.32)	2.0 (0.21)	4.1 (0.29)	7.9 (0.38)	11.3 (0.48)
Bachelor's degree or higher	1.2 (0.13)	4.6 (0.27)	0.9 (0.12)	2.8 (0.21)	0.8 (0.11)	2.0 (0.18)	3.4 (0.23)	9.3 (0.40)
Current employment status ⁷								
Employed	1.6 (0.13)	6.7 (0.30)	0.9 (0.09)	3.9 (0.23)	0.9 (0.10)	2.5 (0.15)	4.5 (0.21)	10.0 (0.35)
Full-time	1.4 (0.13)	6.1 (0.34)	0.8 (0.10)	3.6 (0.22)	0.7 (0.10)	2.2 (0.16)	4.0 (0.22)	10.0 (0.52)
Part-time	2.2 (0.34)	9.1 (0.73)	1.6 (0.29)	5.2 (0.54)	1.6 (0.30)	4.4 (0.49)	6.5 (0.59)	11.8 (0.85)
Not employed but has worked previously	6.3 (0.43)	12.0 (0.57)	4.8 (0.34)	7.8 (0.44)	4.2 (0.35)	7.2 (0.47)	11.5 (0.53)	14.6 (0.67)
Not employed and has never worked	4.0 (0.66)	11.2 (1.22)	3.6 (0.65)	6.2 (0.95)	3.0 (0.60)	4.3 (0.78)	7.9 (1.00)	8.9 (1.16)
Family income ⁸								
Less than \$35,000	6.1 (0.36)	13.1 (0.48)	4.8 (0.28)	8.0 (0.40)	4.0 (0.26)	6.7 (0.36)	12.2 (0.48)	14.0 (0.52)
\$35,000 or more	1.7 (0.14)	6.5 (0.27)	1.2 (0.12)	3.9 (0.21)	1.2 (0.12)	2.7 (0.17)	4.8 (0.21)	10.0 (0.31)
\$35,000–\$49,999	2.9 (0.36)	9.8 (0.73)	2.1 (0.36)	6.4 (0.56)	1.8 (0.28)	4.9 (0.56)	7.7 (0.63)	13.0 (0.80)
\$50,000–\$74,999	2.4 (0.35)	8.1 (0.56)	1.8 (0.31)	4.6 (0.45)	1.7 (0.29)	3.4 (0.35)	6.4 (0.50)	11.3 (0.62)
\$75,000–\$99,999	2.1 (0.40)	6.5 (0.62)	1.2 (0.31)	3.8 (0.50)	1.5 (0.35)	2.1 (0.39)	4.4 (0.49)	9.8 (0.75)
\$100,000 or more	0.8 (0.16)	4.6 (0.38)	0.6 (0.11)	2.8 (0.31)	0.4 (0.11)	1.9 (0.26)	3.0 (0.27)	8.5 (0.47)
Poverty status ⁹								
Poor	7.8 (0.63)	13.7 (0.72)	6.1 (0.45)	9.0 (0.66)	4.9 (0.42)	7.9 (0.60)	14.7 (0.75)	14.3 (0.80)
Near poor	4.6 (0.39)	12.6 (0.65)	3.8 (0.37)	7.4 (0.55)	3.2 (0.35)	6.0 (0.48)	9.9 (0.57)	13.9 (0.69)
Not poor	1.8 (0.13)	6.4 (0.26)	1.1 (0.11)	3.8 (0.20)	1.1 (0.11)	2.7 (0.17)	4.8 (0.20)	9.9 (0.31)

Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Health insurance coverage ¹⁰								
Under 65:								
Private	1.7 (0.13)	6.4 (0.29)	1.0 (0.10)	4.0 (0.25)	1.0 (0.11)	2.8 (0.19)	4.4 (0.21)	10.8 (0.34)
Medicaid	7.3 (0.70)	15.0 (0.91)	5.5 (0.52)	10.6 (0.82)	5.1 (0.57)	8.2 (0.70)	14.7 (0.90)	15.6 (0.94)
Other coverage	6.4 (0.94)	11.2 (1.24)	5.5 (0.92)	6.9 (1.01)	4.9 (0.80)	6.5 (0.92)	14.0 (1.36)	12.3 (1.27)
Uninsured	4.6 (0.58)	10.4 (0.78)	3.7 (0.52)	6.7 (0.63)	2.7 (0.43)	5.1 (0.51)	9.6 (0.74)	11.4 (0.82)
65 and over:								
Private	1.3 (0.22)	7.9 (0.60)	0.8 (0.17)	2.7 (0.34)	0.8 (0.18)	2.3 (0.31)	4.5 (0.42)	7.3 (0.56)
Medicare and Medicaid	6.4 (1.15)	16.0 (2.00)	5.6 (1.27)	7.3 (1.45)	4.4 (1.00)	5.9 (1.31)	12.3 (1.83)	11.4 (1.68)
Medicare Advantage	2.4 (0.54)	6.2 (0.67)	1.6 (0.51)	2.9 (0.48)	1.0 (0.27)	2.2 (0.38)	4.5 (0.63)	8.6 (0.80)
Medicare only	3.7 (0.73)	7.7 (0.86)	2.5 (0.49)	3.7 (0.56)	2.0 (0.46)	4.0 (0.66)	6.3 (0.79)	7.5 (1.03)
Other coverage	*	9.2 (1.42)	2.6 (0.91)	4.0 (1.03)	3.6 (1.10)	5.8 (1.22)	9.3 (1.83)	10.0 (1.72)
Uninsured	*	*	*	*	*	*	*	*
Marital status								
Married	1.9 (0.16)	6.0 (0.26)	1.2 (0.12)	3.5 (0.21)	1.1 (0.11)	2.7 (0.19)	4.6 (0.22)	9.4 (0.34)
Widowed	7.2 (1.84)	19.4 (4.97)	2.7 (0.39)	*	2.2 (0.42)	3.3 (1.00)	9.8 (2.36)	13.3 (3.37)
Divorced or separated	4.7 (0.43)	12.2 (0.93)	3.7 (0.36)	7.8 (0.77)	3.2 (0.35)	6.0 (0.57)	11.8 (0.80)	13.6 (0.86)
Never married	3.9 (0.41)	10.5 (0.68)	2.8 (0.29)	5.8 (0.44)	2.7 (0.30)	4.6 (0.36)	8.2 (0.50)	12.2 (0.61)
Living with a partner	3.7 (0.94)	8.6 (0.88)	2.3 (0.47)	5.6 (0.64)	2.2 (0.45)	4.2 (0.56)	8.1 (0.80)	11.4 (0.97)
Place of residence ¹¹								
Large MSA	2.9 (0.19)	7.8 (0.31)	1.9 (0.14)	4.6 (0.24)	1.6 (0.14)	3.2 (0.20)	6.4 (0.26)	10.4 (0.36)
Small MSA	2.9 (0.22)	8.8 (0.40)	2.1 (0.18)	5.3 (0.30)	2.0 (0.19)	4.6 (0.28)	6.5 (0.32)	11.8 (0.47)
Not in MSA	3.2 (0.35)	9.3 (0.62)	2.8 (0.30)	6.0 (0.54)	2.8 (0.36)	4.9 (0.46)	8.3 (0.63)	11.8 (0.66)
Region								
Northeast	3.0 (0.34)	7.7 (0.56)	1.7 (0.25)	4.3 (0.44)	1.5 (0.24)	2.9 (0.32)	5.6 (0.47)	11.3 (0.66)
Midwest	2.5 (0.23)	8.3 (0.46)	1.6 (0.18)	5.1 (0.38)	1.8 (0.19)	4.6 (0.39)	6.8 (0.40)	11.2 (0.47)
South	3.2 (0.22)	8.4 (0.35)	2.3 (0.18)	4.4 (0.27)	2.1 (0.20)	3.7 (0.24)	7.1 (0.33)	11.0 (0.49)
West	2.8 (0.30)	8.3 (0.48)	2.3 (0.25)	6.3 (0.41)	1.9 (0.23)	4.0 (0.31)	6.7 (0.38)	10.4 (0.52)

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Hispanic or Latino origin ⁴ , race, and sex								
Hispanic or Latino, male	2.7 (0.57)	6.7 (0.80)	2.3 (0.53)	5.0 (0.74)	1.6 (0.43)	2.6 (0.49)	5.2 (0.76)	7.8 (1.00)
Hispanic or Latina, female	5.0 (0.64)	9.5 (0.84)	3.5 (0.55)	6.8 (0.78)	3.3 (0.59)	3.8 (0.57)	8.5 (0.79)	9.9 (0.87)
Not Hispanic or Latino:								
White, single race, male	2.0 (0.21)	6.5 (0.37)	1.7 (0.17)	4.1 (0.31)	1.6 (0.17)	3.4 (0.26)	5.2 (0.29)	10.5 (0.46)
White, single race, female	3.1 (0.21)	8.9 (0.38)	2.1 (0.17)	5.6 (0.30)	2.0 (0.17)	4.8 (0.30)	7.0 (0.34)	13.0 (0.48)
Black or African American, single race, male	4.4 (0.86)	8.2 (1.07)	1.9 (0.49)	4.7 (0.91)	1.6 (0.50)	3.4 (0.81)	9.4 (1.16)	8.5 (1.01)
Black or African American, single race, female	4.1 (0.55)	12.6 (1.01)	2.3 (0.41)	4.4 (0.59)	1.9 (0.43)	3.2 (0.51)	11.1 (1.01)	12.1 (1.00)

* Estimate is considered unreliable, as specified in National Center for Health Statistics Data Presentation Standards for Proportions (available from: https://www.cdc.gov/nchs/data/series/sr_02/sr02_175.pdf), and is not shown.

¹In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," or "None of the time." For this table, "All" and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over were 3.3%, 3.3%, 3.4%, and 3.4%, respectively.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over. Estimates are age adjusted to the projected 2000 U.S. population as the standard population using four age groups: 25-44, 45-64, 65-74, and 75 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. Unless otherwise specified, estimates are age-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-44, 45-64, 65-74, and 75 and over. Estimates for age groups are not age-adjusted. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>).

Suggested citation: Blackwell DL, Villarroel MA. Tables of Summary Health Statistics for U.S. Adults: 2017 National Health Interview Survey. National Center for Health Statistics. 2018. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2017.

Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Total	246,657	7,037	19,808	5,036	11,790	4,535	9,035	15,782	25,801
Sex									
Male	118,990	2,694	7,741	2,141	4,831	1,810	3,723	6,382	11,087
Female	127,667	4,344	12,068	2,895	6,958	2,725	5,312	9,400	14,714
Age (years)									
18–44	113,636	2,745	8,591	1,814	5,906	1,824	4,368	7,507	13,037
45–64	83,494	3,085	7,431	2,360	4,245	1,986	3,237	5,608	8,920
65–74	29,454	633	2,153	526	1,073	457	826	1,427	2,184
75 and over	20,073	574	1,633	335	565	268	604	1,240	1,661
Race									
One race ²	241,760	6,825	19,168	4,815	11,344	4,361	8,636	15,254	25,077
White	192,033	5,195	14,376	3,947	9,037	3,652	6,960	11,413	20,110
Black or African American	30,560	1,235	3,061	640	1,370	508	1,003	2,922	3,023
American Indian or Alaska Native	2,944	*	243	31	198	28	136	303	235
Asian	15,675	272	1,404	187	686	106	532	599	1,611
Native Hawaiian or Other Pacific Islander	548	*	*	*	*	*	*	*	*
Two or more races ³	4,897	212	640	220	446	174	399	528	724
Black or African American, white	1,183	*	*	*	*	*	*	*	243
American Indian or Alaska Native, white	1,863	*	266	*	172	*	148	245	235
Hispanic or Latino origin ⁴ and race									
Hispanic or Latino	39,416	1,348	2,989	997	2,283	898	1,222	2,496	3,401
Mexican or Mexican American	23,657	746	1,700	523	1,480	434	820	1,475	1,975
Not Hispanic or Latino	207,242	5,689	16,819	4,038	9,507	3,637	7,813	13,286	22,401
White, single race	157,443	3,948	11,805	3,040	7,138	2,816	6,002	9,192	17,224
Black or African American, single race	29,127	1,198	2,947	588	1,286	502	921	2,861	2,906

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Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Education⁵									
Less than a high school diploma	24,473	1,394	2,951	963	1,704	848	1,222	2,384	2,779
High school diploma or GED ⁶	51,376	2,145	5,411	1,412	3,096	1,288	2,276	4,257	5,259
Some college	61,418	1,667	5,401	1,531	2,871	1,245	2,434	4,619	6,647
Bachelor's degree or higher	78,981	884	3,494	664	2,191	561	1,497	2,569	7,032
Current employment status⁷									
Employed	154,311	2,585	9,947	1,535	6,166	1,488	4,071	7,267	15,133
Full-time	126,572	1,958	7,537	1,109	4,726	1,051	2,900	5,384	12,015
Part-time	25,582	544	2,225	404	1,306	402	1,134	1,661	2,966
Not employed but has worked previously	79,750	4,034	8,595	3,140	4,852	2,712	4,474	7,594	9,574
Not employed and has never worked	12,466	418	1,260	361	750	335	483	920	1,088
Family income⁸									
Less than \$35,000	62,681	3,670	7,835	2,802	4,696	2,339	3,908	7,148	8,144
\$35,000 or more	158,267	2,674	10,136	1,876	5,979	1,763	4,190	7,332	15,259
\$35,000–\$49,999	24,774	695	2,389	508	1,510	425	1,177	1,827	3,093
\$50,000–\$74,999	38,018	891	2,973	656	1,653	627	1,264	2,353	4,100
\$75,000–\$99,999	28,310	571	1,771	320	1,022	407	572	1,221	2,639
\$100,000 or more	67,166	518	3,003	392	1,793	304	1,176	1,931	5,427
Poverty status⁹									
Poor	27,569	1,986	3,577	1,555	2,353	1,255	2,092	3,798	3,755
Near poor	39,410	1,755	4,754	1,446	2,768	1,212	2,212	3,714	5,157
Not poor	167,503	2,940	10,452	1,869	6,090	1,819	4,316	7,702	15,729

Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Health insurance coverage ¹⁰									
Under 65:									
Private	136,430	2,238	8,562	1,372	5,219	1,373	3,703	5,764	14,026
Medicaid	25,831	1,778	3,711	1,358	2,632	1,257	2,020	3,643	3,856
Other coverage	9,334	690	1,180	568	688	501	679	1,319	1,216
Uninsured	24,357	1,079	2,450	835	1,581	621	1,199	2,265	2,678
65 and over:									
Private	20,155	238	1,490	156	536	154	421	845	1,379
Medicare and Medicaid	3,643	224	552	197	251	154	201	420	393
Medicare Advantage	13,349	299	786	205	387	123	289	573	1,098
Medicare only	8,457	286	619	199	302	159	310	489	597
Other coverage	3,578	*	317	89	145	127	204	304	354
Uninsured	261	*	*	*	*	*	*	*	*
Marital status									
Married	129,268	2,443	7,904	1,687	4,436	1,421	3,414	5,727	11,507
Widowed	14,492	739	1,721	513	688	387	578	1,097	1,393
Divorced or separated	27,735	1,370	3,192	1,025	2,066	915	1,562	2,849	3,534
Never married	55,574	1,908	5,373	1,409	3,429	1,429	2,652	4,459	7,069
Living with a partner	19,212	564	1,594	402	1,154	384	809	1,638	2,287
Place of residence ¹¹									
Large MSA	142,082	3,992	10,749	2,637	6,340	2,212	4,325	8,711	14,095
Small MSA	73,127	2,023	6,279	1,521	3,673	1,468	3,220	4,598	8,152
Not in MSA	31,448	1,023	2,780	877	1,777	854	1,491	2,473	3,554
Region									
Northeast	45,169	1,319	3,418	770	1,831	644	1,247	2,435	4,820
Midwest	53,793	1,337	4,348	869	2,611	950	2,357	3,495	5,763
South	89,318	2,781	7,310	2,108	3,817	1,848	3,174	6,081	9,369
West	58,377	1,600	4,732	1,287	3,530	1,093	2,257	3,771	5,849

Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	All adults aged 18 and over	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Hispanic or Latino origin ⁴ , race, and sex									
Hispanic or Latino, male	19,584	451	1,260	398	982	281	500	929	1,502
Hispanic or Latina, female	19,832	897	1,729	599	1,301	616	722	1,568	1,899
Not Hispanic or Latino:									
White, single race, male	76,561	1,469	4,769	1,313	2,871	1,260	2,433	3,780	7,509
White, single race, female	80,881	2,480	7,037	1,727	4,267	1,556	3,569	5,412	9,715
Black or African American, single race, male	13,175	540	1,006	233	600	190	429	1,187	1,057
Black or African American, single race, female	15,952	658	1,941	355	686	312	492	1,674	1,849

* Corresponding crude percentage for the frequency is considered unreliable, as specified in National Center for Health Statistics Data Presentation Standards for Proportions (available from: https://www.cdc.gov/nchs/data/series/sr_02/sr02_175.pdf), and is not shown.

¹In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," or "None of the time." For this table, "All" and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over were 3.3%, 3.3%, 3.4%, and 3.4%, respectively.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the frequencies, but they are included in the "All adults aged 18 and over" column. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>).

Suggested citation: Blackwell DL, Villarroel MA. Tables of Summary Health Statistics for U.S. Adults: 2017 National Health Interview Survey. National Center for Health Statistics. 2018. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2017.

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Total	2.9 (0.13)	8.3 (0.22)	2.1 (0.11)	4.9 (0.17)	1.9 (0.11)	3.8 (0.15)	6.6 (0.19)	10.8 (0.26)
Sex								
Male	2.3 (0.18)	6.7 (0.28)	1.9 (0.15)	4.2 (0.25)	1.6 (0.14)	3.2 (0.21)	5.5 (0.24)	9.6 (0.36)
Female	3.5 (0.19)	9.8 (0.31)	2.3 (0.15)	5.6 (0.24)	2.2 (0.15)	4.3 (0.21)	7.6 (0.28)	11.9 (0.35)
Age (years)								
18–44	2.5 (0.19)	7.8 (0.34)	1.6 (0.14)	5.3 (0.28)	1.7 (0.16)	4.0 (0.23)	6.8 (0.29)	11.8 (0.40)
45–64	3.8 (0.25)	9.2 (0.37)	2.9 (0.21)	5.3 (0.30)	2.5 (0.20)	4.0 (0.27)	7.0 (0.32)	11.1 (0.42)
65–74	2.2 (0.25)	7.6 (0.46)	1.8 (0.24)	3.8 (0.35)	1.6 (0.24)	2.9 (0.28)	5.0 (0.39)	7.7 (0.50)
75 and over	3.0 (0.47)	8.6 (0.61)	1.8 (0.35)	3.0 (0.36)	1.4 (0.25)	3.2 (0.38)	6.5 (0.54)	8.7 (0.63)
Race								
One race ⁴	2.9 (0.13)	8.2 (0.22)	2.1 (0.10)	4.9 (0.18)	1.9 (0.11)	3.7 (0.15)	6.5 (0.19)	10.7 (0.26)
White	2.8 (0.15)	7.7 (0.23)	2.1 (0.12)	4.9 (0.19)	2.0 (0.12)	3.7 (0.17)	6.1 (0.20)	10.8 (0.28)
Black or African American	4.2 (0.47)	10.5 (0.77)	2.2 (0.31)	4.7 (0.54)	1.7 (0.32)	3.4 (0.47)	10.0 (0.75)	10.4 (0.69)
American Indian or Alaska Native	*	8.6 (1.67)	1.1 (0.43)	7.0 (1.60)	1.0 (0.42)	4.8 (1.29)	10.7 (2.18)	8.3 (1.92)
Asian	1.8 (0.36)	9.3 (0.99)	1.2 (0.32)	4.6 (0.77)	0.7 (0.25)	3.5 (0.61)	4.0 (0.59)	10.7 (1.09)
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Two or more races ⁵	4.5 (1.06)	13.6 (2.08)	4.7 (1.09)	9.5 (1.64)	3.7 (0.98)	8.5 (1.54)	11.2 (1.58)	15.4 (2.21)
Black or African American, white	*	*	*	*	*	*	*	21.0 (5.27)
American Indian or Alaska Native, white	*	14.6 (3.01)	*	9.5 (2.52)	*	8.1 (2.33)	13.5 (2.95)	13.0 (2.83)
Hispanic or Latino origin ⁶ and race								
Hispanic or Latino	3.5 (0.40)	7.8 (0.59)	2.6 (0.34)	6.0 (0.56)	2.4 (0.35)	3.2 (0.39)	6.6 (0.52)	8.9 (0.67)
Mexican or Mexican American	3.2 (0.46)	7.4 (0.76)	2.3 (0.42)	6.4 (0.78)	1.9 (0.37)	3.6 (0.55)	6.4 (0.68)	8.6 (0.83)
Not Hispanic or Latino	2.8 (0.13)	8.4 (0.23)	2.0 (0.11)	4.7 (0.18)	1.8 (0.11)	3.9 (0.16)	6.6 (0.20)	11.2 (0.27)
White, single race	2.6 (0.15)	7.7 (0.25)	2.0 (0.12)	4.7 (0.20)	1.8 (0.12)	3.9 (0.18)	6.0 (0.22)	11.3 (0.31)
Black or African American, single race	4.3 (0.49)	10.6 (0.79)	2.1 (0.31)	4.6 (0.55)	1.8 (0.33)	3.3 (0.46)	10.3 (0.77)	10.5 (0.71)

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Education⁷								
Less than a high school diploma	5.9 (0.59)	12.5 (0.79)	4.1 (0.44)	7.3 (0.63)	3.6 (0.43)	5.2 (0.49)	10.2 (0.71)	11.8 (0.79)
High school diploma or GED ⁸	4.3 (0.35)	10.9 (0.54)	2.9 (0.27)	6.3 (0.45)	2.6 (0.27)	4.6 (0.36)	8.6 (0.49)	10.6 (0.50)
Some college	2.8 (0.23)	9.1 (0.41)	2.6 (0.23)	4.8 (0.31)	2.1 (0.21)	4.1 (0.28)	7.8 (0.37)	11.2 (0.46)
Bachelor's degree or higher	1.2 (0.13)	4.6 (0.27)	0.9 (0.12)	2.9 (0.22)	0.7 (0.10)	2.0 (0.18)	3.4 (0.22)	9.2 (0.40)
Current employment status⁹								
Employed	1.7 (0.13)	6.6 (0.26)	1.0 (0.10)	4.1 (0.22)	1.0 (0.11)	2.7 (0.16)	4.9 (0.22)	10.1 (0.30)
Full-time	1.6 (0.15)	6.1 (0.27)	0.9 (0.11)	3.9 (0.23)	0.9 (0.11)	2.4 (0.17)	4.4 (0.22)	9.8 (0.33)
Part-time	2.2 (0.34)	9.0 (0.72)	1.6 (0.29)	5.3 (0.53)	1.6 (0.31)	4.6 (0.51)	6.7 (0.61)	12.0 (0.85)
Not employed but has worked previously	5.3 (0.31)	11.2 (0.41)	4.1 (0.25)	6.3 (0.30)	3.5 (0.24)	5.8 (0.31)	9.9 (0.36)	12.5 (0.46)
Not employed and has never worked	3.5 (0.58)	10.5 (1.14)	3.0 (0.56)	6.3 (1.00)	2.8 (0.59)	4.0 (0.80)	7.7 (1.02)	9.1 (1.25)
Family income¹⁰								
Less than \$35,000	6.1 (0.36)	13.0 (0.46)	4.7 (0.27)	7.8 (0.38)	3.9 (0.25)	6.5 (0.34)	11.9 (0.44)	13.6 (0.49)
\$35,000 or more	1.7 (0.14)	6.6 (0.26)	1.2 (0.12)	3.9 (0.20)	1.1 (0.11)	2.7 (0.16)	4.8 (0.21)	9.9 (0.30)
\$35,000–\$49,999	2.9 (0.35)	9.9 (0.72)	2.1 (0.36)	6.2 (0.54)	1.8 (0.28)	4.9 (0.54)	7.6 (0.61)	12.8 (0.76)
\$50,000–\$74,999	2.4 (0.35)	8.0 (0.55)	1.8 (0.31)	4.5 (0.44)	1.7 (0.28)	3.4 (0.35)	6.4 (0.49)	11.1 (0.60)
\$75,000–\$99,999	2.1 (0.40)	6.4 (0.60)	1.2 (0.30)	3.7 (0.49)	1.5 (0.35)	2.1 (0.37)	4.4 (0.49)	9.6 (0.71)
\$100,000 or more	0.8 (0.15)	4.6 (0.35)	0.6 (0.11)	2.7 (0.28)	0.5 (0.11)	1.8 (0.23)	2.9 (0.27)	8.3 (0.43)
Poverty status¹¹								
Poor	7.5 (0.61)	13.6 (0.72)	5.9 (0.44)	8.9 (0.66)	4.8 (0.42)	7.9 (0.60)	14.4 (0.75)	14.3 (0.80)
Near poor	4.6 (0.39)	12.5 (0.64)	3.8 (0.37)	7.3 (0.53)	3.2 (0.34)	5.8 (0.47)	9.8 (0.56)	13.6 (0.65)
Not poor	1.8 (0.13)	6.4 (0.24)	1.1 (0.10)	3.7 (0.19)	1.1 (0.11)	2.7 (0.15)	4.7 (0.19)	9.7 (0.29)

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Health insurance coverage ¹²								
Under 65:								
Private	1.7 (0.13)	6.5 (0.28)	1.0 (0.10)	3.9 (0.24)	1.0 (0.11)	2.8 (0.19)	4.4 (0.21)	10.6 (0.33)
Medicaid	7.2 (0.70)	14.9 (0.91)	5.5 (0.52)	10.6 (0.83)	5.1 (0.57)	8.2 (0.70)	14.7 (0.90)	15.5 (0.94)
Other coverage	7.7 (1.03)	13.1 (1.26)	6.3 (0.91)	7.7 (0.99)	5.6 (0.84)	7.6 (0.94)	14.7 (1.24)	13.5 (1.27)
Uninsured	4.6 (0.58)	10.3 (0.77)	3.5 (0.50)	6.7 (0.62)	2.6 (0.43)	5.1 (0.50)	9.6 (0.75)	11.3 (0.82)
65 and over:								
Private	1.2 (0.20)	7.6 (0.57)	0.8 (0.16)	2.7 (0.34)	0.8 (0.16)	2.2 (0.29)	4.3 (0.41)	7.1 (0.53)
Medicare and Medicaid	6.6 (1.18)	16.2 (2.03)	5.8 (1.32)	7.4 (1.45)	4.6 (1.05)	6.0 (1.29)	12.4 (1.82)	11.6 (1.73)
Medicare Advantage	2.3 (0.51)	6.1 (0.65)	1.6 (0.48)	3.0 (0.49)	1.0 (0.27)	2.3 (0.38)	4.5 (0.63)	8.6 (0.79)
Medicare only	3.6 (0.68)	7.7 (0.86)	2.5 (0.48)	3.8 (0.57)	2.0 (0.48)	3.9 (0.63)	6.1 (0.76)	7.5 (1.02)
Other coverage	*	9.2 (1.39)	2.6 (0.86)	4.2 (1.07)	3.7 (1.11)	5.9 (1.23)	8.8 (1.72)	10.2 (1.70)
Uninsured	*	*	*	*	*	*	*	*
Marital status								
Married	1.9 (0.15)	6.3 (0.25)	1.3 (0.13)	3.5 (0.20)	1.1 (0.11)	2.7 (0.18)	4.6 (0.21)	9.2 (0.31)
Widowed	5.4 (0.61)	12.5 (0.87)	3.7 (0.52)	5.0 (0.57)	2.8 (0.40)	4.2 (0.50)	8.0 (0.65)	10.1 (0.78)
Divorced or separated	5.2 (0.41)	12.0 (0.70)	3.8 (0.33)	7.8 (0.61)	3.4 (0.35)	5.9 (0.50)	10.7 (0.59)	13.3 (0.64)
Never married	3.5 (0.31)	10.0 (0.57)	2.6 (0.26)	6.4 (0.46)	2.7 (0.29)	4.9 (0.38)	8.3 (0.47)	13.1 (0.62)
Living with a partner	3.0 (0.52)	8.6 (0.81)	2.2 (0.43)	6.2 (0.69)	2.1 (0.40)	4.4 (0.57)	8.8 (0.85)	12.3 (0.96)
Place of residence ¹³								
Large MSA	2.9 (0.18)	7.8 (0.30)	1.9 (0.15)	4.6 (0.24)	1.6 (0.14)	3.2 (0.20)	6.4 (0.26)	10.3 (0.35)
Small MSA	2.9 (0.22)	8.9 (0.38)	2.1 (0.18)	5.2 (0.29)	2.1 (0.19)	4.5 (0.27)	6.5 (0.30)	11.5 (0.45)
Not in MSA	3.4 (0.34)	9.1 (0.55)	2.9 (0.29)	5.8 (0.46)	2.8 (0.33)	4.9 (0.40)	8.1 (0.56)	11.7 (0.63)
Region								
Northeast	3.1 (0.34)	7.9 (0.55)	1.8 (0.25)	4.2 (0.41)	1.5 (0.24)	2.9 (0.31)	5.6 (0.46)	11.2 (0.64)
Midwest	2.6 (0.22)	8.3 (0.44)	1.7 (0.18)	5.0 (0.36)	1.8 (0.18)	4.5 (0.37)	6.7 (0.38)	11.0 (0.46)
South	3.2 (0.22)	8.5 (0.35)	2.4 (0.18)	4.4 (0.26)	2.1 (0.20)	3.7 (0.24)	7.1 (0.32)	10.9 (0.46)
West	2.8 (0.30)	8.3 (0.47)	2.3 (0.25)	6.2 (0.40)	1.9 (0.23)	4.0 (0.30)	6.6 (0.38)	10.3 (0.50)

Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2017

Selected characteristic	Felt sad all or most of the time ¹	Felt sad some of the time ¹	Felt hopeless all or most of the time ¹	Felt hopeless some of the time ¹	Felt worthless all or most of the time ¹	Felt worthless some of the time ¹	Felt that everything is an effort all or most of the time ¹	Felt that everything is an effort some of the time ¹
Hispanic or Latino origin ⁶ , race, and sex								
Hispanic or Latino, male	2.4 (0.43)	6.6 (0.83)	2.1 (0.48)	5.1 (0.80)	1.5 (0.38)	2.6 (0.52)	4.9 (0.69)	7.9 (0.95)
Hispanic or Latina, female	4.7 (0.63)	9.1 (0.82)	3.1 (0.49)	6.8 (0.80)	3.3 (0.61)	3.8 (0.58)	8.2 (0.78)	10.0 (0.90)
Not Hispanic or Latino:								
White, single race, male	2.0 (0.20)	6.4 (0.33)	1.8 (0.17)	3.9 (0.27)	1.7 (0.17)	3.3 (0.24)	5.1 (0.27)	10.1 (0.43)
White, single race, female	3.2 (0.21)	9.0 (0.35)	2.2 (0.17)	5.4 (0.28)	2.0 (0.16)	4.6 (0.27)	6.9 (0.31)	12.4 (0.43)
Black or African American, single race, male	4.3 (0.85)	8.1 (1.10)	1.9 (0.47)	4.8 (0.97)	1.5 (0.49)	3.4 (0.87)	9.5 (1.18)	8.5 (1.01)
Black or African American, single race, female	4.3 (0.58)	12.7 (1.01)	2.3 (0.42)	4.5 (0.59)	2.0 (0.45)	3.2 (0.50)	10.9 (1.00)	12.1 (0.99)

* Estimate is considered unreliable, as specified in National Center for Health Statistics Data Presentation Standards for Proportions (available from: https://www.cdc.gov/nchs/data/series/sr_02/sr02_175.pdf), and is not shown.

¹In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," or "None of the time." For this table, "All" and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over were 3.3%, 3.3%, 3.4%, and 3.4%, respectively.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons who reported a dollar amount or who would not provide a dollar amount but provided an income interval.

⁹"Poor" persons are defined as having income below the poverty threshold. "Near poor" persons have incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons have incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>).

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<http://www.cdc.gov/nchs/nhis/SHS/tables.htm>

SOURCE: NCHS, National Health Interview Survey, 2017.