

**Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

| Selected characteristic                         | Felt sad all or most of the time <sup>1</sup> |  | Felt hopeless all or most of the time <sup>1</sup> |   | Felt worthless all or most of the time <sup>1</sup> |  | Felt that everything is an effort all or most of the time <sup>1</sup> | Felt that everything is an effort some of the time <sup>1</sup> |
|---|---|--|--|---|---|--|--|---|
|   | Felt sad all or most of the time <sup>1</sup> | Felt sad some of the time <sup>1</sup> | Felt hopeless all or most of the time <sup>1</sup> | Felt hopeless some of the time <sup>1</sup> | Felt worthless all or most of the time <sup>1</sup> | Felt worthless some of the time <sup>1</sup> | Felt that everything is an effort all or most of the time <sup>1</sup> | Felt that everything is an effort some of the time <sup>1</sup> |
| Total   | 3.0 (0.13)                                    | 8.4 (0.22)                             | 2.1 (0.11)   | 5.0 (0.17)                                  | 1.8 (0.10)  | 3.9 (0.16)                                   | 6.7 (0.20)   | 10.3 (0.24)   |
| Sex   |   |  |  |   |   |  |  |   |
| Male  | 2.5 (0.17)                                    | 7.1 (0.30)                             | 1.8 (0.16)   | 4.2 (0.23)                                  | 1.4 (0.14)  | 3.3 (0.22)                                   | 6.2 (0.29)   | 9.5 (0.34)  |
| Female  | 3.5 (0.19)                                    | 9.6 (0.31)                             | 2.4 (0.17)   | 5.8 (0.25)                                  | 2.1 (0.14)  | 4.4 (0.24)                                   | 7.3 (0.27)   | 11.0 (0.34)   |
| Age (years)                                     |   |  |  |   |   |  |  |   |
| 18–44   | 2.7 (0.19)                                    | 7.6 (0.32)                             | 2.0 (0.16)   | 4.9 (0.25)                                  | 1.7 (0.14)  | 3.9 (0.24)                                   | 7.1 (0.31)   | 10.5 (0.35)   |
| 45–64   | 3.6 (0.24)                                    | 9.9 (0.38)                             | 2.7 (0.21)   | 5.8 (0.29)                                  | 2.0 (0.17)  | 4.3 (0.26)                                   | 7.0 (0.33)   | 11.1 (0.40)   |
| 65–74   | 2.7 (0.30)                                    | 8.7 (0.57)                             | 1.7 (0.22)   | 4.0 (0.42)                                  | 1.5 (0.24)  | 3.1 (0.39)                                   | 5.0 (0.44)   | 7.4 (0.52)  |
| 75 and over                                     | 2.8 (0.36)                                    | 7.6 (0.62)                             | 1.6 (0.36)   | 3.6 (0.37)                                  | 1.9 (0.36)  | 3.5 (0.46)                                   | 4.9 (0.52)   | 9.5 (0.71)  |
| Race  |   |  |  |   |   |  |  |   |
| One race <sup>2</sup>                           | 2.9 (0.13)                                    | 8.4 (0.23)                             | 2.1 (0.11)   | 5.0 (0.17)                                  | 1.7 (0.10)  | 3.9 (0.16)                                   | 6.6 (0.20)   | 10.2 (0.24)   |
| White   | 2.8 (0.14)                                    | 7.7 (0.25)                             | 2.2 (0.13)   | 4.8 (0.19)                                  | 1.8 (0.11)  | 3.9 (0.18)                                   | 6.2 (0.22)   | 10.1 (0.28)   |
| Black or African American                       | 3.7 (0.36)                                    | 11.3 (0.62)                            | 1.6 (0.23)   | 6.2 (0.45)                                  | 1.6 (0.23)  | 3.8 (0.39)                                   | 9.5 (0.59)   | 11.6 (0.67)   |
| American Indian or Alaska Native                | 6.9 (1.59)                                    | 19.5 (3.59)                            | *8.9 (3.38)  | 10.3 (2.55)                                 | *7.2 (2.29)   | *7.2 (2.90)                                  | 17.1 (2.88)  | 15.1 (2.68)   |
| Asian   | 2.1 (0.43)                                    | 9.7 (0.95)                             | 1.0 (0.25)   | 4.4 (0.62)                                  | 1.0 (0.26)  | 3.6 (0.61)                                   | 4.5 (0.60)   | 8.1 (0.89)  |
| Native Hawaiian or Other Pacific Islander       | *   | *9.8 (4.12)                            | -  | *   | -   | *  | *  | *15.2 (6.81)  |
| Two or more races <sup>3</sup>                  | 5.3 (1.26)                                    | 11.2 (1.89)                            | 3.9 (0.91)   | 6.3 (1.26)                                  | 5.3 (1.24)  | 4.4 (1.11)                                   | 11.7 (1.76)  | 13.6 (1.92)   |
| Black or African American, white                | *7.6 (3.35)                                   | *7.6 (3.48)                            | *  | *7.0 (3.46)                                 | *   | *  | *16.8 (5.12)   | *10.5 (3.40)  |
| American Indian or Alaska Native, white         | *7.3 (2.87)                                   | 17.2 (4.16)                            | *3.3 (1.21)  | *9.0 (2.95)                                 | *6.5 (2.03)   | *6.6 (2.73)                                  | 12.5 (3.20)  | 15.5 (3.85)   |
| Hispanic or Latino origin <sup>4</sup> and race |   |  |  |   |   |  |  |   |
| Hispanic or Latino                              | 4.3 (0.35)                                    | 8.3 (0.48)                             | 3.0 (0.29)   | 5.7 (0.41)                                  | 2.3 (0.26)  | 4.0 (0.34)                                   | 7.6 (0.46)   | 8.1 (0.47)  |
| Mexican or Mexican American                     | 4.3 (0.48)                                    | 7.6 (0.60)                             | 3.1 (0.38)   | 5.8 (0.57)                                  | 2.5 (0.35)  | 4.0 (0.44)                                   | 8.0 (0.64)   | 7.7 (0.58)  |
| Not Hispanic or Latino                          | 2.8 (0.14)                                    | 8.5 (0.25)                             | 2.0 (0.13)   | 4.9 (0.19)                                  | 1.7 (0.11)  | 3.9 (0.19)                                   | 6.6 (0.22)   | 10.7 (0.28)   |
| White, single race                              | 2.6 (0.16)                                    | 7.7 (0.29)                             | 2.1 (0.14)   | 4.7 (0.23)                                  | 1.7 (0.13)  | 3.9 (0.22)                                   | 6.1 (0.25)   | 10.7 (0.33)   |
| Black or African American, single race          | 3.7 (0.36)                                    | 11.5 (0.65)                            | 1.5 (0.23)   | 6.3 (0.47)                                  | 1.5 (0.23)  | 3.8 (0.40)                                   | 9.6 (0.61)   | 11.6 (0.69)   |

**Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

| Selected characteristic                      | Felt sad all or most of the time <sup>1</sup> | Felt sad some of the time <sup>1</sup> | Felt hopeless all or most of the time <sup>1</sup> | Felt hopeless some of the time <sup>1</sup> | Felt worthless all or most of the time <sup>1</sup> | Felt worthless some of the time <sup>1</sup> | Felt that everything is an effort all or most of the time <sup>1</sup> | Felt that everything is an effort some of the time <sup>1</sup> |
|--|---|--|--|---|---|--|--|---|
| <b>Education<sup>5</sup></b>                 |   |  |  |   |   |  |  |   |
| Less than a high school diploma              | 6.8 (0.61)                                    | 13.6 (0.76)                            | 5.6 (0.58)   | 8.2 (0.57)                                  | 4.8 (0.54)  | 6.6 (0.59)                                   | 12.4 (0.82)  | 12.3 (0.78)   |
| High school diploma or GED <sup>6</sup>      | 3.7 (0.33)                                    | 9.8 (0.51)                             | 2.7 (0.30)   | 5.5 (0.41)                                  | 2.1 (0.26)  | 4.2 (0.36)                                   | 7.7 (0.46)   | 11.3 (0.55)   |
| Some college                                 | 3.0 (0.23)                                    | 8.9 (0.43)                             | 2.2 (0.23)   | 5.2 (0.33)                                  | 2.0 (0.21)  | 4.3 (0.30)                                   | 7.3 (0.38)   | 10.9 (0.46)   |
| Bachelor's degree or higher                  | 1.3 (0.15)                                    | 5.3 (0.30)                             | 0.8 (0.11)   | 3.2 (0.24)                                  | 0.6 (0.09)  | 2.2 (0.20)                                   | 3.5 (0.25)   | 8.9 (0.40)  |
| <b>Current employment status<sup>7</sup></b> |   |  |  |   |   |  |  |   |
| Employed                                     | 1.6 (0.12)                                    | 6.2 (0.27)                             | 1.0 (0.12)   | 3.6 (0.20)                                  | 0.6 (0.06)  | 2.8 (0.18)                                   | 4.6 (0.24)   | 9.1 (0.36)  |
| Full-time                                    | 1.4 (0.12)                                    | 5.4 (0.26)                             | 0.8 (0.10)   | 3.5 (0.28)                                  | 0.6 (0.06)  | 2.6 (0.26)                                   | 4.3 (0.31)   | 8.4 (0.30)  |
| Part-time                                    | 2.6 (0.35)                                    | 8.8 (0.68)                             | 1.6 (0.29)   | 4.9 (0.50)                                  | 1.0 (0.20)  | 4.4 (0.47)                                   | 6.0 (0.57)   | 10.7 (0.78)   |
| Not employed but has worked previously       | 5.7 (0.35)                                    | 13.2 (0.56)                            | 4.8 (0.34)   | 8.2 (0.44)                                  | 4.3 (0.33)  | 6.4 (0.42)                                   | 12.7 (0.54)  | 13.0 (0.56)   |
| Not employed and has never worked            | 5.9 (0.80)                                    | 11.9 (1.16)                            | 4.4 (0.72)   | 7.3 (0.87)                                  | 3.2 (0.56)  | 4.8 (0.73)                                   | 9.0 (1.04)   | 10.1 (1.04)   |
| <b>Family income<sup>8</sup></b>             |   |  |  |   |   |  |  |   |
| Less than \$35,000                           | 5.8 (0.31)                                    | 13.7 (0.46)                            | 4.3 (0.31)   | 8.6 (0.36)                                  | 3.5 (0.25)  | 6.2 (0.34)                                   | 11.5 (0.42)  | 14.0 (0.48)   |
| \$35,000 or more                             | 1.7 (0.13)                                    | 6.5 (0.26)                             | 1.2 (0.12)   | 3.6 (0.20)                                  | 1.1 (0.11)  | 2.9 (0.18)                                   | 5.0 (0.24)   | 8.9 (0.29)  |
| \$35,000–\$49,999                            | 2.5 (0.36)                                    | 9.6 (0.65)                             | 1.9 (0.31)   | 5.9 (0.53)                                  | 1.9 (0.34)  | 4.4 (0.49)                                   | 7.2 (0.62)   | 11.4 (0.76)   |
| \$50,000–\$74,999                            | 2.3 (0.33)                                    | 8.0 (0.53)                             | 1.3 (0.25)   | 4.7 (0.44)                                  | 1.4 (0.27)  | 3.7 (0.40)                                   | 6.8 (0.55)   | 9.4 (0.54)  |
| \$75,000–\$99,999                            | 1.6 (0.27)                                    | 5.2 (0.52)                             | 0.9 (0.21)   | 2.9 (0.39)                                  | 1.1 (0.24)  | 2.7 (0.38)                                   | 4.5 (0.50)   | 8.1 (0.60)  |
| \$100,000 or more                            | 1.0 (0.18)                                    | 4.8 (0.42)                             | 0.9 (0.18)   | 2.3 (0.29)                                  | 0.5 (0.13)  | 1.8 (0.28)                                   | 3.1 (0.32)   | 8.1 (0.50)  |
| <b>Poverty status<sup>9</sup></b>            |   |  |  |   |   |  |  |   |
| Poor   | 7.3 (0.52)                                    | 15.2 (0.71)                            | 6.2 (0.56)   | 9.4 (0.58)                                  | 4.4 (0.40)  | 7.5 (0.55)                                   | 13.7 (0.67)  | 14.9 (0.71)   |
| Near poor                                    | 5.1 (0.42)                                    | 11.7 (0.55)                            | 3.2 (0.33)   | 7.8 (0.49)                                  | 2.9 (0.31)  | 5.2 (0.39)                                   | 9.6 (0.51)   | 12.8 (0.63)   |
| Not poor                                     | 1.9 (0.13)                                    | 6.5 (0.25)                             | 1.2 (0.11)   | 3.6 (0.19)                                  | 1.1 (0.10)  | 3.0 (0.18)                                   | 5.0 (0.23)   | 9.0 (0.28)  |

**Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

| Selected characteristic                 | Felt sad all or most of the time <sup>1</sup> | Felt sad some of the time <sup>1</sup> | Felt hopeless all or most of the time <sup>1</sup> | Felt hopeless some of the time <sup>1</sup> | Felt worthless all or most of the time <sup>1</sup> | Felt worthless some of the time <sup>1</sup> | Felt that everything is an effort all or most of the time <sup>1</sup> | Felt that everything is an effort some of the time <sup>1</sup> |
|---|---|--|--|---|---|--|--|---|
| Health insurance coverage <sup>10</sup> |   |  |  |   |   |  |  |   |
| Under 65:                               |   |  |  |   |   |  |  |   |
| Private                                 | 1.6 (0.12)                                    | 6.4 (0.27)                             | 1.0 (0.10)   | 3.7 (0.21)                                  | 1.0 (0.10)  | 2.9 (0.20)                                   | 4.9 (0.24)   | 9.2 (0.32)  |
| Medicaid                                | 8.4 (0.66)                                    | 15.6 (0.82)                            | 6.7 (0.66)   | 10.9 (0.71)                                 | 5.4 (0.56)  | 8.3 (0.63)                                   | 15.0 (0.83)  | 15.9 (0.87)   |
| Other coverage                          | 4.8 (0.95)                                    | 10.9 (1.22)                            | 3.6 (0.83)   | 8.9 (1.15)                                  | 2.8 (0.63)  | 5.2 (0.94)                                   | 12.1 (1.42)  | 13.3 (1.34)   |
| Uninsured                               | 4.9 (0.51)                                    | 11.7 (0.77)                            | 4.2 (0.49)   | 7.2 (0.63)                                  | 2.7 (0.33)  | 5.5 (0.51)                                   | 10.0 (0.72)  | 12.3 (0.79)   |
| 65 and over:                            |   |  |  |   |   |  |  |   |
| Private                                 | 2.1 (0.32)                                    | 7.4 (0.62)                             | 1.0 (0.25)   | 3.2 (0.41)                                  | 1.3 (0.27)  | 2.5 (0.41)                                   | 3.5 (0.44)   | 7.9 (0.65)  |
| Medicare and Medicaid                   | 8.9 (1.30)                                    | 14.0 (1.67)                            | 7.1 (1.24)   | 9.4 (1.87)                                  | 5.7 (1.11)  | 8.2 (1.84)                                   | 13.3 (2.09)  | 15.4 (1.87)   |
| Medicare Advantage                      | 2.3 (0.44)                                    | 6.7 (0.72)                             | 1.1 (0.32)   | 3.0 (0.48)                                  | 0.9 (0.24)  | 3.6 (0.64)                                   | 4.9 (0.63)   | 7.4 (0.84)  |
| Medicare only                           | 2.1 (0.45)                                    | 10.1 (1.18)                            | *1.8 (0.72)  | 3.8 (0.64)                                  | *1.7 (0.76)   | 2.7 (0.55)                                   | 5.2 (1.02)   | 8.7 (1.07)  |
| Other coverage                          | 3.5 (0.96)                                    | 8.5 (1.45)                             | *1.8 (0.66)  | 4.6 (1.16)                                  | *2.4 (0.79)   | *3.0 (1.04)                                  | 5.3 (1.06)   | 7.4 (1.38)  |
| Uninsured                               | *   | *                                      | *  | *   | *   | *  | *  | *18.6 (9.31)  |
| Marital status                          |   |  |  |   |   |  |  |   |
| Married                                 | 2.0 (0.15)                                    | 6.3 (0.27)                             | 1.4 (0.13)   | 3.9 (0.22)                                  | 1.3 (0.12)  | 2.8 (0.19)                                   | 4.9 (0.24)   | 9.1 (0.33)  |
| Widowed                                 | 3.5 (0.60)                                    | 10.1 (1.59)                            | 1.6 (0.37)   | 7.7 (2.02)                                  | 1.5 (0.31)  | 3.6 (0.62)                                   | 6.5 (1.85)   | 10.8 (2.64)   |
| Divorced or separated                   | 6.5 (0.75)                                    | 10.7 (0.72)                            | 4.8 (0.64)   | 6.7 (0.52)                                  | 3.7 (0.64)  | 5.8 (0.53)                                   | 11.8 (0.83)  | 11.7 (0.68)   |
| Never married                           | 3.6 (0.31)                                    | 10.9 (0.60)                            | 2.6 (0.28)   | 6.7 (0.52)                                  | 1.8 (0.20)  | 5.2 (0.48)                                   | 8.6 (0.63)   | 11.3 (0.61)   |
| Living with a partner                   | 2.1 (0.36)                                    | 12.1 (1.15)                            | 2.4 (0.43)   | 7.0 (1.02)                                  | 2.3 (0.50)  | 6.0 (0.93)                                   | 7.1 (0.70)   | 13.2 (1.20)   |
| Place of residence <sup>11</sup>        |   |  |  |   |   |  |  |   |
| Large MSA                               | 2.9 (0.18)                                    | 8.2 (0.30)                             | 1.8 (0.14)   | 4.8 (0.23)                                  | 1.5 (0.13)  | 3.7 (0.20)                                   | 6.4 (0.27)   | 9.8 (0.33)  |
| Small MSA                               | 2.8 (0.20)                                    | 8.4 (0.40)                             | 2.3 (0.21)   | 5.0 (0.31)                                  | 2.1 (0.19)  | 4.0 (0.32)                                   | 6.6 (0.37)   | 10.9 (0.40)   |
| Not in MSA                              | 3.6 (0.37)                                    | 9.4 (0.66)                             | 3.0 (0.35)   | 6.0 (0.52)                                  | 2.4 (0.30)  | 4.5 (0.42)                                   | 8.5 (0.61)   | 11.0 (0.61)   |
| Region                                  |   |  |  |   |   |  |  |   |
| Northeast                               | 2.3 (0.25)                                    | 8.9 (0.54)                             | 1.6 (0.23)   | 4.7 (0.38)                                  | 1.5 (0.23)  | 3.2 (0.34)                                   | 5.7 (0.48)   | 9.8 (0.58)  |
| Midwest                                 | 2.7 (0.27)                                    | 9.0 (0.53)                             | 1.8 (0.22)   | 5.9 (0.46)                                  | 1.5 (0.18)  | 4.6 (0.40)                                   | 7.2 (0.46)   | 11.9 (0.56)   |
| South                                   | 3.2 (0.21)                                    | 8.4 (0.36)                             | 2.3 (0.18)   | 4.7 (0.25)                                  | 1.8 (0.16)  | 3.5 (0.23)                                   | 6.7 (0.32)   | 9.8 (0.38)  |
| West                                    | 3.4 (0.29)                                    | 7.5 (0.42)                             | 2.5 (0.27)   | 4.9 (0.33)                                  | 2.2 (0.22)  | 4.3 (0.34)                                   | 7.1 (0.41)   | 9.9 (0.45)  |

**Table A-7a. Age-adjusted percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

| Selected characteristic                                | Felt sad all or most of the time <sup>1</sup> | Felt sad some of the time <sup>1</sup> | Felt hopeless all or most of the time <sup>1</sup> | Felt hopeless some of the time <sup>1</sup> | Felt worthless all or most of the time <sup>1</sup> | Felt worthless some of the time <sup>1</sup> | Felt that everything is an effort all or most of the time <sup>1</sup> | Felt that everything is an effort some of the time <sup>1</sup> |
|--|---|--|--|---|---|--|--|---|
| Hispanic or Latino origin <sup>4</sup> , race, and sex |   |  |  |   |   |  |  |   |
| Hispanic or Latino, male                               | 3.7 (0.50)                                    | 6.4 (0.63)                             | 2.3 (0.39)   | 5.2 (0.59)                                  | 1.3 (0.35)  | 3.2 (0.43)                                   | 7.2 (0.71)   | 7.2 (0.64)  |
| Hispanic or Latina, female                             | 4.8 (0.50)                                    | 10.2 (0.67)                            | 3.7 (0.42)   | 6.3 (0.56)                                  | 3.2 (0.40)  | 4.8 (0.52)                                   | 8.1 (0.61)   | 9.0 (0.67)  |
| Not Hispanic or Latino:                                |   |  |  |   |   |  |  |   |
| White, single race, male                               | 2.1 (0.20)                                    | 6.3 (0.37)                             | 1.8 (0.20)   | 3.8 (0.29)                                  | 1.4 (0.17)  | 3.4 (0.28)                                   | 5.3 (0.34)   | 9.8 (0.47)  |
| White, single race, female                             | 3.2 (0.24)                                    | 9.0 (0.42)                             | 2.3 (0.21)   | 5.6 (0.35)                                  | 2.0 (0.19)  | 4.5 (0.32)                                   | 6.9 (0.36)   | 11.6 (0.48)   |
| Black or African American, single race, male           | 2.8 (0.48)                                    | 10.6 (0.98)                            | 1.4 (0.38)   | 5.0 (0.64)                                  | 1.4 (0.35)  | 3.3 (0.55)                                   | 9.4 (0.97)   | 11.5 (1.04)   |
| Black or African American, single race, female         | 4.4 (0.53)                                    | 12.1 (0.84)                            | 1.5 (0.25)   | 7.1 (0.66)                                  | 1.7 (0.29)  | 4.2 (0.55)                                   | 9.8 (0.76)   | 11.6 (0.89)   |

\* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

<sup>1</sup>In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," or "None of the time." For this table, "All" and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over were 4.1%, 4.2%, 4.2%, and 4.3%, respectively.

<sup>2</sup>Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

<sup>3</sup>Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

<sup>4</sup>Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

<sup>5</sup>Shown only for adults aged 25 and over. Estimates are age adjusted to the projected 2000 U.S. population as the standard population using four age groups: 25-44, 45-64, 65-74, and 75 and over.

<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

<sup>8</sup>Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

<sup>9</sup>"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

<sup>10</sup>Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

<sup>11</sup>MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. Unless otherwise specified, estimates are age-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-44, 45-64, 65-74, and 75 and over. Estimates for age groups are not age-adjusted. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarreal MA. Tables of Summary Health Statistics for U.S. Adults: 2015 National Health Interview Survey. National Center for Health Statistics. 2016. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2015.

**Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

| Selected characteristic                         | All adults aged 18 and over | Felt sad all or most of the time <sup>1</sup> | Felt sad some of the time <sup>1</sup> | Felt hopeless all or most of the time <sup>1</sup> | Felt hopeless some of the time <sup>1</sup> | Felt worthless all or most of the time <sup>1</sup> | Felt worthless some of the time <sup>1</sup> | Felt that everything is an effort all or most of the time <sup>1</sup> | Felt that everything is an effort some of the time <sup>1</sup> |  |
|---|-----------------------------|---|--|--|---|---|--|--|---|--|
| Total   | 242,501                     | 7,059   | 19,840                                 | 4,989  | 11,660                                      | 4,182   | 9,048  | 15,524   | 23,790  |  |
| Sex   |                             |   |  |  |   |   |  |  |   |  |
| Male  | 116,875                     | 2,782   | 8,089                                  | 2,040  | 4,654                                       | 1,612   | 3,720  | 6,821  | 10,612  |  |
| Female  | 125,625                     | 4,277   | 11,751                                 | 2,949  | 7,006                                       | 2,571   | 5,328  | 8,703  | 13,179  |  |
| Age (years)                                     |                             |   |  |  |   |   |  |  |   |  |
| 18–44   | 112,760                     | 2,923   | 8,221                                  | 2,141  | 5,337                                       | 1,807   | 4,187  | 7,700  | 11,277  |  |
| 45–64   | 83,239                      | 2,894   | 7,923                                  | 2,115  | 4,612                                       | 1,625   | 3,412  | 5,605  | 8,824   |  |
| 65–74   | 27,297                      | 724   | 2,292                                  | 438  | 1,052                                       | 399   | 813  | 1,318  | 1,951   |  |
| 75 and over                                     | 19,204                      | 519   | 1,404                                  | 296  | 658   | 352   | 635  | 901  | 1,739   |  |
| Race  |                             |   |  |  |   |   |  |  |   |  |
| One race <sup>2</sup>                           | 238,301                     | 6,842   | 19,394                                 | 4,831  | 11,391                                      | 3,982   | 8,864  | 15,044   | 23,225  |  |
| White   | 191,218                     | 5,331   | 14,451                                 | 4,060  | 8,781                                       | 3,283   | 7,141  | 11,344   | 18,427  |  |
| Black or African American                       | 29,796                      | 1,067   | 3,176                                  | 464  | 1,737                                       | 452   | 1,070  | 2,709  | 3,292   |  |
| American Indian or Alaska Native                | 2,307                       | 158   | 408                                    | *172   | 231   | *128  | *166   | 355  | 336   |  |
| Asian   | 14,360                      | 272   | 1,303                                  | 134  | 600   | 120   | 484  | 612  | 1,086   |  |
| Native Hawaiian or Other Pacific Islander       | 619                         | *   | *56                                    | -  | *   | -   | *  | *  | *   |  |
| Two or more races <sup>3</sup>                  | 4,200                       | 217   | 446                                    | 159  | 268   | 200   | 183  | 480  | 566   |  |
| Black or African American, white                | 851                         | *56   | *56                                    | *  | *51   | *   | *36  | *127   | 99  |  |
| American Indian or Alaska Native, white         | 1,647                       | *111  | 261                                    | *59  | *140  | 104   | *108   | 193  | 257   |  |
| Hispanic or Latino origin <sup>4</sup> and race |                             |   |  |  |   |   |  |  |   |  |
| Hispanic or Latino                              | 37,755                      | 1,489   | 2,941                                  | 1,056  | 2,034                                       | 789   | 1,447  | 2,768  | 2,953   |  |
| Mexican or Mexican American                     | 22,992                      | 908   | 1,641                                  | 673  | 1,231                                       | 538   | 860  | 1,731  | 1,736   |  |
| Not Hispanic or Latino                          | 204,746                     | 5,570   | 16,898                                 | 3,933  | 9,626                                       | 3,393   | 7,601  | 12,756   | 20,837  |  |
| White, single race                              | 157,410                     | 4,085   | 11,895                                 | 3,148  | 7,085                                       | 2,592   | 5,913  | 9,027  | 15,879  |  |
| Black or African American, single race          | 28,418                      | 1,008   | 3,062                                  | 416  | 1,676                                       | 422   | 1,026  | 2,595  | 3,130   |  |

**Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

| Selected characteristic                      | All adults aged 18 and over | Felt sad all or most of the time <sup>1</sup> | Felt sad some of the time <sup>1</sup> | Felt hopeless all or most of the time <sup>1</sup> | Felt hopeless some of the time <sup>1</sup> | Felt worthless all or most of the time <sup>1</sup> | Felt worthless some of the time <sup>1</sup> | Felt that everything is an effort all or most of the time <sup>1</sup> | Felt that everything is an effort some of the time <sup>1</sup> |
|--|-----------------------------|---|--|--|---|---|--|--|---|
| <b>Education<sup>5</sup></b>                 |                             |   |  |  |   |   |  |  |   |
| Less than a high school diploma              | 26,648                      | 1,698   | 3,454                                  | 1,391  | 2,076                                       | 1,174   | 1,646  | 3,000  | 3,057   |
| High school diploma or GED <sup>6</sup>      | 50,847                      | 1,849   | 4,811                                  | 1,251  | 2,678                                       | 985   | 1,969  | 3,561  | 5,313   |
| Some college                                 | 61,605                      | 1,807   | 5,397                                  | 1,324  | 3,128                                       | 1,151   | 2,581  | 4,294  | 6,480   |
| Bachelor's degree or higher                  | 72,373                      | 894   | 3,622                                  | 532  | 2,216                                       | 386   | 1,518  | 2,461  | 6,132   |
| <b>Current employment status<sup>7</sup></b> |                             |   |  |  |   |   |  |  |   |
| Employed                                     | 148,914                     | 2,535   | 9,169                                  | 1,408  | 5,489                                       | 1,037   | 4,215  | 6,657  | 13,516  |
| Full-time                                    | 121,609                     | 1,842   | 6,818                                  | 969  | 4,218                                       | 740   | 3,038  | 5,054  | 10,743  |
| Part-time                                    | 25,508                      | 657   | 2,167                                  | 393  | 1,229                                       | 269   | 1,143  | 1,521  | 2,593   |
| Not employed but has worked previously       | 79,530                      | 3,749   | 9,144                                  | 2,991  | 5,241                                       | 2,687   | 4,200  | 7,743  | 8,948   |
| Not employed and has never worked            | 13,899                      | 760   | 1,524                                  | 590  | 930   | 443   | 633  | 1,124  | 1,303   |
| <b>Family income<sup>8</sup></b>             |                             |   |  |  |   |   |  |  |   |
| Less than \$35,000                           | 66,342                      | 3,697   | 8,578                                  | 2,696  | 5,340                                       | 2,228   | 3,881  | 7,096  | 8,767   |
| \$35,000 or more                             | 148,656                     | 2,420   | 9,414                                  | 1,658  | 5,242                                       | 1,509   | 4,125  | 7,026  | 12,814  |
| \$35,000–\$49,999                            | 25,114                      | 602   | 2,302                                  | 441  | 1,413                                       | 457   | 1,040  | 1,718  | 2,732   |
| \$50,000–\$74,999                            | 37,018                      | 808   | 2,935                                  | 474  | 1,691                                       | 507   | 1,337  | 2,384  | 3,339   |
| \$75,000–\$99,999                            | 27,607                      | 417   | 1,450                                  | 231  | 779   | 280   | 711  | 1,201  | 2,211   |
| \$100,000 or more                            | 58,917                      | 593   | 2,727                                  | 512  | 1,360                                       | 266   | 1,036  | 1,723  | 4,531   |
| <b>Poverty status<sup>9</sup></b>            |                             |   |  |  |   |   |  |  |   |
| Poor   | 28,022                      | 1,846   | 3,977                                  | 1,588  | 2,490                                       | 1,138   | 1,982  | 3,651  | 3,960   |
| Near poor                                    | 42,375                      | 2,052   | 4,746                                  | 1,283  | 3,111                                       | 1,192   | 2,098  | 3,845  | 5,128   |
| Not poor                                     | 159,450                     | 2,860   | 10,145                                 | 1,806  | 5,629                                       | 1,628   | 4,597  | 7,501  | 13,634  |

**Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

| Selected characteristic                 | All adults aged 18 and over | Felt sad all or most of the time <sup>1</sup> | Felt sad some of the time <sup>1</sup> | Felt hopeless all or most of the time <sup>1</sup> | Felt hopeless some of the time <sup>1</sup> | Felt worthless all or most of the time <sup>1</sup> | Felt worthless some of the time <sup>1</sup> | Felt that everything is an effort all or most of the time <sup>1</sup> | Felt that everything is an effort some of the time <sup>1</sup> |
|---|-----------------------------|---|--|--|---|---|--|--|---|
| Health insurance coverage <sup>10</sup> |                             |   |  |  |   |   |  |  |   |
| Under 65:                               |                             |   |  |  |   |   |  |  |   |
| Private                                 | 135,220                     | 2,156   | 8,529                                  | 1,306  | 4,806                                       | 1,238   | 3,810  | 6,232  | 11,995  |
| Medicaid                                | 25,313                      | 1,983   | 3,715                                  | 1,587  | 2,580                                       | 1,260   | 1,977  | 3,542  | 3,776   |
| Other coverage                          | 9,086                       | 481   | 1,052                                  | 356  | 848   | 264   | 476  | 1,084  | 1,309   |
| Uninsured                               | 24,896                      | 1,166   | 2,747                                  | 982  | 1,679                                       | 641   | 1,286  | 2,372  | 2,937   |
| 65 and over:                            |                             |   |  |  |   |   |  |  |   |
| Private                                 | 19,581                      | 387   | 1,393                                  | 180  | 575   | 237   | 459  | 644  | 1,425   |
| Medicare and Medicaid                   | 3,267                       | 278   | 436                                    | 222  | 292   | 179   | 255  | 411  | 477   |
| Medicare Advantage                      | 11,634                      | 258   | 769                                    | 121  | 349   | 106   | 390  | 554  | 817   |
| Medicare only                           | 7,890                       | 159   | 758                                    | *130   | 297   | *120  | 213  | 397  | 655   |
| Other coverage                          | 3,808                       | 135   | 327                                    | *72  | 182   | *94   | *120   | 193  | 278   |
| Uninsured                               | 249                         | *   | *                                      | *  | *   | *   | *  | *  | *   |
| Marital status                          |                             |   |  |  |   |   |  |  |   |
| Married                                 | 128,583                     | 2,571   | 8,232                                  | 1,792  | 4,837                                       | 1,620   | 3,470  | 6,133  | 11,189  |
| Widowed                                 | 14,720                      | 694   | 1,658                                  | 340  | 843   | 332   | 657  | 889  | 1,531   |
| Divorced or separated                   | 27,858                      | 1,616   | 3,002                                  | 1,182  | 1,773                                       | 912   | 1,544  | 2,844  | 3,233   |
| Never married                           | 53,374                      | 1,804   | 5,162                                  | 1,238  | 3,277                                       | 935   | 2,560  | 4,321  | 5,732   |
| Living with a partner                   | 17,665                      | 359   | 1,784                                  | 428  | 923   | 378   | 809  | 1,305  | 2,094   |
| Place of residence <sup>11</sup>        |                             |   |  |  |   |   |  |  |   |
| Large MSA                               | 134,062                     | 3,810   | 10,629                                 | 2,348  | 6,130                                       | 1,899   | 4,801  | 8,133  | 12,474  |
| Small MSA                               | 74,299                      | 2,032   | 6,069                                  | 1,632  | 3,531                                       | 1,455   | 2,814  | 4,651  | 7,719   |
| Not in MSA                              | 34,140                      | 1,218   | 3,142                                  | 1,009  | 1,998                                       | 828   | 1,433  | 2,740  | 3,598   |
| Region                                  |                             |   |  |  |   |   |  |  |   |
| Northeast                               | 42,320                      | 971   | 3,599                                  | 665  | 1,877                                       | 618   | 1,318  | 2,270  | 3,953   |
| Midwest                                 | 54,367                      | 1,402   | 4,735                                  | 955  | 3,028                                       | 792   | 2,361  | 3,645  | 6,141   |
| South                                   | 90,015                      | 2,829   | 7,399                                  | 1,996  | 4,101                                       | 1,617   | 3,053  | 5,736  | 8,384   |
| West                                    | 55,798                      | 1,857   | 4,107                                  | 1,373  | 2,654                                       | 1,155   | 2,316  | 3,874  | 5,313   |

**Table A-7b. Frequencies (in thousands) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

| Selected characteristic                                | All adults aged 18 and over | Felt sad all or most of the time <sup>1</sup> | Felt sad some of the time <sup>1</sup> | Felt hopeless all or most of the time <sup>1</sup> | Felt hopeless some of the time <sup>1</sup> | Felt worthless all or most of the time <sup>1</sup> | Felt worthless some of the time <sup>1</sup> | Felt that everything is an effort all or most of the time <sup>1</sup> | Felt that everything is an effort some of the time <sup>1</sup> |
|--|-----------------------------|---|--|--|---|---|--|--|---|
| Hispanic or Latino origin <sup>4</sup> , race, and sex |                             |   |  |  |   |   |  |  |   |
| Hispanic or Latino, male                               | 18,798                      | 639   | 1,114                                  | 378  | 914   | 212   | 578  | 1,291  | 1,322   |
| Hispanic or Latina, female                             | 18,957                      | 850   | 1,827                                  | 678  | 1,120                                       | 577   | 869  | 1,477  | 1,631   |
| Not Hispanic or Latino:                                |                             |   |  |  |   |   |  |  |   |
| White, single race, male                               | 76,483                      | 1,548   | 4,765                                  | 1,333  | 2,787                                       | 1,014   | 2,435  | 3,761  | 7,010   |
| White, single race, female                             | 80,927                      | 2,537   | 7,130                                  | 1,815  | 4,298                                       | 1,578   | 3,479  | 5,266  | 8,869   |
| Black or African American, single race, male           | 12,771                      | 347   | 1,259                                  | 183  | 618   | 173   | 398  | 1,133  | 1,407   |
| Black or African American, single race, female         | 15,647                      | 661   | 1,803                                  | 233  | 1,058                                       | 249   | 628  | 1,462  | 1,723   |

\* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.  
 - Quantity zero.

<sup>1</sup>In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," or "None of the time." For this table, "All" and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over were 4.1%, 4.2%, 4.2%, and 4.3%, respectively.

<sup>2</sup>Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

<sup>3</sup>Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

<sup>4</sup>Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

<sup>5</sup>Shown only for adults aged 25 and over.

<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

<sup>8</sup>Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

<sup>9</sup>"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

<sup>10</sup>Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

<sup>11</sup>MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the frequencies, but they are included in the "All adults aged 18 and over" column. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarroel MA. Tables of Summary Health Statistics for U.S. Adults: 2015 National Health Interview Survey. National Center for Health Statistics. 2016. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: NCHS, National Health Interview Survey, 2015.



**Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

| Selected characteristic                         | Felt sad all or most of the time <sup>1</sup> | Felt sad some of the time <sup>1</sup> | Felt hopeless all or most of the time <sup>1</sup> | Felt hopeless some of the time <sup>1</sup> | Felt worthless all or most of the time <sup>1</sup> | Felt worthless some of the time <sup>1</sup> | Felt that everything is an effort all or most of the time <sup>1</sup> | Felt that everything is an effort some of the time <sup>1</sup> |
|---|---|--|--|---|---|--|--|---|
| Total   | 3.0 (0.13)                                    | 8.5 (0.22)                             | 2.1 (0.11)   | 5.0 (0.17)                                  | 1.8 (0.10)  | 3.9 (0.16)                                   | 6.7 (0.20)   | 10.2 (0.23)   |
| Sex   |   |  |  |   |   |  |  |   |
| Male  | 2.5 (0.17)                                    | 7.2 (0.29)                             | 1.8 (0.15)   | 4.2 (0.22)                                  | 1.4 (0.13)  | 3.3 (0.21)                                   | 6.1 (0.28)   | 9.5 (0.34)  |
| Female  | 3.5 (0.19)                                    | 9.8 (0.31)                             | 2.4 (0.16)   | 5.8 (0.25)                                  | 2.1 (0.14)  | 4.4 (0.23)                                   | 7.2 (0.26)   | 11.0 (0.33)   |
| Age (years)                                     |   |  |  |   |   |  |  |   |
| 18–44   | 2.7 (0.19)                                    | 7.6 (0.32)                             | 2.0 (0.16)   | 4.9 (0.25)                                  | 1.7 (0.14)  | 3.9 (0.24)                                   | 7.1 (0.31)   | 10.5 (0.35)   |
| 45–64   | 3.6 (0.24)                                    | 9.9 (0.38)                             | 2.7 (0.21)   | 5.8 (0.29)                                  | 2.0 (0.17)  | 4.3 (0.26)                                   | 7.0 (0.33)   | 11.1 (0.40)   |
| 65–74   | 2.7 (0.30)                                    | 8.7 (0.57)                             | 1.7 (0.22)   | 4.0 (0.42)                                  | 1.5 (0.24)  | 3.1 (0.39)                                   | 5.0 (0.44)   | 7.4 (0.52)  |
| 75 and over                                     | 2.8 (0.36)                                    | 7.6 (0.62)                             | 1.6 (0.36)   | 3.6 (0.37)                                  | 1.9 (0.36)  | 3.5 (0.46)                                   | 4.9 (0.52)   | 9.5 (0.71)  |
| Race  |   |  |  |   |   |  |  |   |
| One race <sup>4</sup>                           | 3.0 (0.13)                                    | 8.5 (0.22)                             | 2.1 (0.11)   | 5.0 (0.17)                                  | 1.7 (0.10)  | 3.9 (0.16)                                   | 6.6 (0.20)   | 10.2 (0.24)   |
| White   | 2.9 (0.14)                                    | 7.9 (0.25)                             | 2.2 (0.13)   | 4.8 (0.19)                                  | 1.8 (0.11)  | 3.9 (0.17)                                   | 6.2 (0.21)   | 10.0 (0.27)   |
| Black or African American                       | 3.8 (0.36)                                    | 11.3 (0.62)                            | 1.7 (0.24)   | 6.2 (0.45)                                  | 1.6 (0.23)  | 3.8 (0.39)                                   | 9.6 (0.59)   | 11.7 (0.68)   |
| American Indian or Alaska Native                | 7.2 (1.72)                                    | 18.6 (3.41)                            | *7.8 (3.33)  | 10.5 (2.69)                                 | *5.8 (2.22)   | *7.6 (3.22)                                  | 16.1 (2.88)  | 15.3 (2.75)   |
| Asian   | 2.0 (0.40)                                    | 9.5 (0.94)                             | 1.0 (0.24)   | 4.4 (0.64)                                  | 0.9 (0.22)  | 3.5 (0.61)                                   | 4.5 (0.60)   | 7.9 (0.87)  |
| Native Hawaiian or Other Pacific Islander       | *   | *9.1 (4.02)                            | -  | *   | -   | *  | *  | *13.9 (6.60)  |
| Two or more races <sup>5</sup>                  | 5.3 (1.31)                                    | 10.9 (1.76)                            | 3.9 (0.92)   | 6.5 (1.37)                                  | 4.9 (1.14)  | 4.5 (1.17)                                   | 11.8 (1.81)  | 13.9 (1.95)   |
| Black or African American, white                | *6.9 (3.12)                                   | *6.9 (2.53)                            | *  | *6.2 (2.47)                                 | *   | *4.5 (2.10)                                  | *15.8 (5.05)   | 12.3 (3.66)   |
| American Indian or Alaska Native, white         | *6.8 (2.65)                                   | 16.1 (3.75)                            | *3.6 (1.33)  | *8.6 (2.72)                                 | *6.4 (1.96)   | *6.7 (2.55)                                  | 11.9 (2.99)  | 15.8 (3.65)   |
| Hispanic or Latino origin <sup>6</sup> and race |   |  |  |   |   |  |  |   |
| Hispanic or Latino                              | 4.1 (0.34)                                    | 8.1 (0.48)                             | 2.9 (0.28)   | 5.6 (0.40)                                  | 2.2 (0.25)  | 4.0 (0.33)                                   | 7.6 (0.46)   | 8.1 (0.46)  |
| Mexican or Mexican American                     | 4.1 (0.45)                                    | 7.4 (0.61)                             | 3.0 (0.37)   | 5.5 (0.52)                                  | 2.4 (0.33)  | 3.9 (0.42)                                   | 7.8 (0.62)   | 7.8 (0.56)  |
| Not Hispanic or Latino                          | 2.8 (0.14)                                    | 8.6 (0.24)                             | 2.0 (0.12)   | 4.9 (0.19)                                  | 1.7 (0.11)  | 3.9 (0.18)                                   | 6.5 (0.21)   | 10.6 (0.27)   |
| White, single race                              | 2.7 (0.15)                                    | 7.9 (0.28)                             | 2.1 (0.14)   | 4.7 (0.21)                                  | 1.7 (0.12)  | 3.9 (0.20)                                   | 6.0 (0.24)   | 10.5 (0.31)   |
| Black or African American, single race          | 3.8 (0.37)                                    | 11.4 (0.64)                            | 1.6 (0.24)   | 6.3 (0.47)                                  | 1.6 (0.23)  | 3.8 (0.40)                                   | 9.7 (0.61)   | 11.7 (0.70)   |

**Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

| Selected characteristic                 | Felt sad all or most of the time <sup>1</sup> | Felt sad some of the time <sup>1</sup> | Felt hopeless all or most of the time <sup>1</sup> | Felt hopeless some of the time <sup>1</sup> | Felt worthless all or most of the time <sup>1</sup> | Felt worthless some of the time <sup>1</sup> | Felt that everything is an effort all or most of the time <sup>1</sup> | Felt that everything is an effort some of the time <sup>1</sup> |
|---|---|--|--|---|---|--|--|---|
| Education <sup>7</sup>                  |   |  |  |   |   |  |  |   |
| Less than a high school diploma         | 6.7 (0.56)                                    | 13.7 (0.73)                            | 5.5 (0.55)   | 8.3 (0.55)                                  | 4.7 (0.50)  | 6.5 (0.56)                                   | 11.9 (0.76)  | 12.2 (0.74)   |
| High school diploma or GED <sup>8</sup> | 3.8 (0.33)                                    | 9.9 (0.48)                             | 2.6 (0.27)   | 5.5 (0.39)                                  | 2.0 (0.23)  | 4.1 (0.33)                                   | 7.3 (0.43)   | 11.0 (0.51)   |
| Some college                            | 3.1 (0.22)                                    | 9.1 (0.43)                             | 2.2 (0.21)   | 5.3 (0.33)                                  | 1.9 (0.20)  | 4.4 (0.30)                                   | 7.3 (0.37)   | 11.0 (0.46)   |
| Bachelor's degree or higher             | 1.3 (0.16)                                    | 5.2 (0.29)                             | 0.8 (0.11)   | 3.2 (0.23)                                  | 0.6 (0.09)  | 2.2 (0.20)                                   | 3.5 (0.25)   | 8.8 (0.39)  |
| Current employment status <sup>9</sup>  |   |  |  |   |   |  |  |   |
| Employed                                | 1.8 (0.13)                                    | 6.4 (0.25)                             | 1.0 (0.09)   | 3.8 (0.20)                                  | 0.7 (0.07)  | 3.0 (0.17)                                   | 4.7 (0.21)   | 9.5 (0.29)  |
| Full-time                               | 1.6 (0.14)                                    | 5.9 (0.27)                             | 0.8 (0.09)   | 3.6 (0.22)                                  | 0.6 (0.07)  | 2.6 (0.18)                                   | 4.3 (0.23)   | 9.2 (0.32)  |
| Part-time                               | 2.7 (0.36)                                    | 8.8 (0.69)                             | 1.6 (0.27)   | 5.0 (0.52)                                  | 1.1 (0.21)  | 4.7 (0.50)                                   | 6.2 (0.58)   | 10.6 (0.72)   |
| Not employed but has worked previously  | 4.9 (0.26)                                    | 12.0 (0.42)                            | 3.9 (0.25)   | 6.9 (0.32)                                  | 3.5 (0.23)  | 5.5 (0.30)                                   | 10.2 (0.37)  | 11.7 (0.42)   |
| Not employed and has never worked       | 5.7 (0.81)                                    | 11.4 (1.05)                            | 4.5 (0.77)   | 7.0 (0.83)                                  | 3.4 (0.62)  | 4.8 (0.77)                                   | 8.5 (0.99)   | 9.9 (1.00)  |
| Family income <sup>10</sup>             |   |  |  |   |   |  |  |   |
| Less than \$35,000                      | 5.8 (0.30)                                    | 13.5 (0.44)                            | 4.3 (0.29)   | 8.4 (0.34)                                  | 3.5 (0.24)  | 6.1 (0.32)                                   | 11.2 (0.41)  | 13.8 (0.47)   |
| \$35,000 or more                        | 1.7 (0.13)                                    | 6.5 (0.26)                             | 1.2 (0.11)   | 3.6 (0.19)                                  | 1.1 (0.10)  | 2.9 (0.18)                                   | 4.9 (0.23)   | 8.9 (0.28)  |
| \$35,000–\$49,999                       | 2.5 (0.36)                                    | 9.5 (0.64)                             | 1.8 (0.29)   | 5.9 (0.53)                                  | 1.9 (0.34)  | 4.3 (0.48)                                   | 7.2 (0.61)   | 11.4 (0.76)   |
| \$50,000–\$74,999                       | 2.3 (0.32)                                    | 8.2 (0.54)                             | 1.3 (0.24)   | 4.7 (0.45)                                  | 1.4 (0.25)  | 3.7 (0.40)                                   | 6.7 (0.54)   | 9.3 (0.53)  |
| \$75,000–\$99,999                       | 1.6 (0.25)                                    | 5.4 (0.53)                             | 0.9 (0.20)   | 2.9 (0.37)                                  | 1.0 (0.21)  | 2.6 (0.36)                                   | 4.5 (0.49)   | 8.2 (0.61)  |
| \$100,000 or more                       | 1.0 (0.18)                                    | 4.8 (0.39)                             | 0.9 (0.18)   | 2.4 (0.28)                                  | 0.5 (0.12)  | 1.8 (0.27)                                   | 3.0 (0.31)   | 7.9 (0.47)  |
| Poverty status <sup>11</sup>            |   |  |  |   |   |  |  |   |
| Poor                                    | 6.9 (0.51)                                    | 14.9 (0.71)                            | 5.9 (0.56)   | 9.3 (0.58)                                  | 4.3 (0.39)  | 7.4 (0.56)                                   | 13.7 (0.69)  | 14.8 (0.72)   |
| Near poor                               | 5.0 (0.41)                                    | 11.7 (0.54)                            | 3.2 (0.32)   | 7.7 (0.47)                                  | 2.9 (0.30)  | 5.2 (0.39)                                   | 9.5 (0.50)   | 12.6 (0.61)   |
| Not poor                                | 1.9 (0.13)                                    | 6.6 (0.25)                             | 1.2 (0.11)   | 3.7 (0.19)                                  | 1.1 (0.10)  | 3.0 (0.18)                                   | 4.9 (0.22)   | 8.9 (0.27)  |

**Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

| Selected characteristic                 | Felt sad all or most of the time <sup>1</sup> | Felt sad some of the time <sup>1</sup> | Felt hopeless all or most of the time <sup>1</sup> | Felt hopeless some of the time <sup>1</sup> | Felt worthless all or most of the time <sup>1</sup> | Felt worthless some of the time <sup>1</sup> | Felt that everything is an effort all or most of the time <sup>1</sup> | Felt that everything is an effort some of the time <sup>1</sup> |
|---|---|--|--|---|---|--|--|---|
| Health insurance coverage <sup>12</sup> |   |  |  |   |   |  |  |   |
| Under 65:                               |   |  |  |   |   |  |  |   |
| Private                                 | 1.7 (0.12)                                    | 6.6 (0.27)                             | 1.0 (0.10)   | 3.7 (0.20)                                  | 1.0 (0.09)  | 2.9 (0.19)                                   | 4.8 (0.23)   | 9.2 (0.31)  |
| Medicaid                                | 8.3 (0.65)                                    | 15.5 (0.83)                            | 6.6 (0.66)   | 10.8 (0.71)                                 | 5.3 (0.55)  | 8.3 (0.63)                                   | 14.8 (0.83)  | 15.8 (0.87)   |
| Other coverage                          | 5.5 (0.89)                                    | 12.1 (1.15)                            | 4.1 (0.71)   | 9.8 (1.09)                                  | 3.0 (0.55)  | 5.5 (0.79)                                   | 12.5 (1.20)  | 15.1 (1.36)   |
| Uninsured                               | 4.9 (0.51)                                    | 11.5 (0.76)                            | 4.1 (0.47)   | 7.1 (0.61)                                  | 2.7 (0.33)  | 5.4 (0.50)                                   | 10.0 (0.71)  | 12.4 (0.79)   |
| 65 and over:                            |   |  |  |   |   |  |  |   |
| Private                                 | 2.1 (0.31)                                    | 7.4 (0.62)                             | 1.0 (0.23)   | 3.1 (0.40)                                  | 1.3 (0.26)  | 2.4 (0.39)                                   | 3.4 (0.42)   | 7.6 (0.62)  |
| Medicare and Medicaid                   | 8.9 (1.29)                                    | 14.0 (1.67)                            | 7.1 (1.24)   | 9.4 (1.88)                                  | 5.7 (1.11)  | 8.2 (1.84)                                   | 13.2 (2.12)  | 15.4 (1.87)   |
| Medicare Advantage                      | 2.3 (0.45)                                    | 6.8 (0.72)                             | 1.1 (0.30)   | 3.1 (0.50)                                  | 0.9 (0.26)  | 3.5 (0.60)                                   | 4.9 (0.63)   | 7.3 (0.81)  |
| Medicare only                           | 2.1 (0.45)                                    | 10.0 (1.15)                            | *1.7 (0.64)  | 3.9 (0.65)                                  | *1.6 (0.69)   | 2.8 (0.57)                                   | 5.2 (0.97)   | 8.7 (1.06)  |
| Other coverage                          | 3.7 (1.00)                                    | 9.1 (1.62)                             | *2.0 (0.75)  | 5.0 (1.32)                                  | *2.6 (0.87)   | *3.3 (1.19)                                  | 5.3 (1.10)   | 7.7 (1.51)  |
| Uninsured                               | *   | *                                      | *  | *   | *   | *  | *  | *15.0 (7.08)  |
| Marital status                          |   |  |  |   |   |  |  |   |
| Married                                 | 2.1 (0.15)                                    | 6.6 (0.28)                             | 1.4 (0.14)   | 3.9 (0.21)                                  | 1.3 (0.12)  | 2.8 (0.17)                                   | 5.0 (0.23)   | 9.0 (0.31)  |
| Widowed                                 | 5.0 (0.56)                                    | 11.8 (0.86)                            | 2.4 (0.40)   | 6.0 (0.61)                                  | 2.4 (0.35)  | 4.7 (0.59)                                   | 6.4 (0.61)   | 10.9 (0.80)   |
| Divorced or separated                   | 6.1 (0.52)                                    | 11.3 (0.60)                            | 4.5 (0.43)   | 6.7 (0.45)                                  | 3.4 (0.43)  | 5.8 (0.47)                                   | 10.7 (0.61)  | 12.2 (0.59)   |
| Never married                           | 3.5 (0.31)                                    | 10.1 (0.53)                            | 2.4 (0.28)   | 6.4 (0.42)                                  | 1.8 (0.21)  | 5.0 (0.41)                                   | 8.5 (0.49)   | 11.3 (0.52)   |
| Living with a partner                   | 2.1 (0.35)                                    | 10.5 (0.86)                            | 2.5 (0.42)   | 5.5 (0.66)                                  | 2.2 (0.44)  | 4.8 (0.57)                                   | 7.7 (0.73)   | 12.4 (0.94)   |
| Place of residence <sup>13</sup>        |   |  |  |   |   |  |  |   |
| Large MSA                               | 3.0 (0.18)                                    | 8.3 (0.30)                             | 1.8 (0.14)   | 4.8 (0.23)                                  | 1.5 (0.12)  | 3.7 (0.20)                                   | 6.3 (0.27)   | 9.7 (0.32)  |
| Small MSA                               | 2.8 (0.20)                                    | 8.5 (0.40)                             | 2.3 (0.20)   | 5.0 (0.30)                                  | 2.0 (0.18)  | 3.9 (0.30)                                   | 6.5 (0.35)   | 10.8 (0.40)   |
| Not in MSA                              | 3.7 (0.36)                                    | 9.5 (0.60)                             | 3.1 (0.36)   | 6.1 (0.51)                                  | 2.5 (0.29)  | 4.4 (0.39)                                   | 8.3 (0.58)   | 10.9 (0.58)   |
| Region                                  |   |  |  |   |   |  |  |   |
| Northeast                               | 2.4 (0.25)                                    | 8.9 (0.53)                             | 1.6 (0.23)   | 4.6 (0.37)                                  | 1.5 (0.22)  | 3.3 (0.35)                                   | 5.6 (0.46)   | 9.8 (0.57)  |
| Midwest                                 | 2.7 (0.27)                                    | 9.1 (0.51)                             | 1.8 (0.23)   | 5.8 (0.44)                                  | 1.5 (0.19)  | 4.5 (0.38)                                   | 7.0 (0.44)   | 11.8 (0.54)   |
| South                                   | 3.3 (0.21)                                    | 8.6 (0.36)                             | 2.3 (0.19)   | 4.8 (0.25)                                  | 1.9 (0.17)  | 3.6 (0.23)                                   | 6.7 (0.32)   | 9.8 (0.37)  |
| West                                    | 3.4 (0.29)                                    | 7.6 (0.42)                             | 2.5 (0.26)   | 4.9 (0.34)                                  | 2.1 (0.22)  | 4.3 (0.34)                                   | 7.2 (0.41)   | 9.8 (0.45)  |

**Table A-7c. Crude percentages (with standard errors) of feelings of sadness, hopelessness, worthlessness, and that everything is an effort among adults aged 18 and over, by selected characteristics: United States, 2015**

| Selected characteristic                                | Felt sad all or most of the time <sup>1</sup> | Felt sad some of the time <sup>1</sup> | Felt hopeless all or most of the time <sup>1</sup> | Felt hopeless some of the time <sup>1</sup> | Felt worthless all or most of the time <sup>1</sup> | Felt worthless some of the time <sup>1</sup> | Felt that everything is an effort all or most of the time <sup>1</sup> | Felt that everything is an effort some of the time <sup>1</sup> |
|--|---|--|--|---|---|--|--|---|
| Hispanic or Latino origin <sup>6</sup> , race, and sex |   |  |  |   |   |  |  |   |
| Hispanic or Latino, male                               | 3.5 (0.48)                                    | 6.1 (0.64)                             | 2.1 (0.35)   | 5.0 (0.57)                                  | 1.2 (0.30)  | 3.2 (0.44)                                   | 7.1 (0.71)   | 7.3 (0.64)  |
| Hispanic or Latina, female                             | 4.7 (0.49)                                    | 10.0 (0.67)                            | 3.7 (0.43)   | 6.1 (0.55)                                  | 3.2 (0.40)  | 4.8 (0.51)                                   | 8.1 (0.61)   | 9.0 (0.66)  |
| Not Hispanic or Latino:                                |   |  |  |   |   |  |  |   |
| White, single race, male                               | 2.1 (0.19)                                    | 6.5 (0.36)                             | 1.8 (0.20)   | 3.8 (0.27)                                  | 1.4 (0.16)  | 3.3 (0.27)                                   | 5.1 (0.32)   | 9.6 (0.44)  |
| White, single race, female                             | 3.3 (0.23)                                    | 9.2 (0.39)                             | 2.3 (0.21)   | 5.5 (0.32)                                  | 2.0 (0.18)  | 4.5 (0.29)                                   | 6.8 (0.34)   | 11.4 (0.44)   |
| Black or African American, single race, male           | 2.9 (0.50)                                    | 10.5 (0.97)                            | 1.5 (0.40)   | 5.1 (0.64)                                  | 1.4 (0.35)  | 3.3 (0.55)                                   | 9.4 (0.96)   | 11.7 (1.06)   |
| Black or African American, single race, female         | 4.5 (0.54)                                    | 12.2 (0.84)                            | 1.6 (0.26)   | 7.2 (0.66)                                  | 1.7 (0.30)  | 4.2 (0.56)                                   | 9.9 (0.76)   | 11.7 (0.89)   |

\* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

<sup>1</sup>In four separate questions, respondents were asked how often in the past 30 days they felt: so sad that nothing could cheer them up, hopeless, worthless, or that everything was an effort. Respondents could choose from among five response categories: "All of the time," "Most of the time," "Some of the time," "A little of the time," or "None of the time." For this table, "All" and "Most" are combined, and "Some" is shown separately. The weighted percentages of unknown with respect to feelings of sadness, hopelessness, worthlessness, and everything was an effort among adults aged 18 and over were 4.1%, 4.2%, 4.2%, and 4.3%, respectively.

<sup>2</sup>Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

<sup>3</sup>Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

<sup>4</sup>Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

<sup>5</sup>Shown only for adults aged 25 and over.

<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

<sup>8</sup>Includes persons who reported a dollar amount or who would not provide a dollar amount but provided an income interval.

<sup>9</sup>"Poor" persons are defined as having income below the poverty threshold. "Near poor" persons have incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons have incomes that are 200% of the poverty threshold or greater.

<sup>10</sup>Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

<sup>11</sup>MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarreal MA. Tables of Summary Health Statistics for U.S. Adults: 2015 National Health Interview Survey. National Center for Health Statistics. 2016. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>. SOURCE: NCHS, National Health Interview Survey, 2015.