

Healthy People 2010 Operational Definition

22-12. Increase the proportion of the Nation's public and private schools that provide access to their physical activity spaces and facilities for all persons outside of normal school hours (that is, before and after the school day, on weekends, and during summer and other vacations).

National Data Source	School Health Policies and Program Study (SHPPS), CDC, NCCDPHP.
State Data Source	School Health Policies and Program Study (SHPPS), CDC, NCCDPHP.
Healthy People 2000 Objective	Not applicable.
Changes since the 2000 Publication	None.
Measure	Percent
Baseline (Year)	35 (2000)
Target	50
Target-Setting Method	43 percent improvement. For a discussion of target-setting methods, see Part A, section 4.
Numerator	Number of public and private elementary, middle/junior, and senior high schools that provide community access to their physical activity or athletic facilities.
Denominator	Number of public and private elementary, middle/junior, and senior high schools.
Population Targeted	Public and private elementary, middle/junior, and senior high schools.
Questions Used To Obtain the National Baseline Data	From the 2000 School Health Policies and Programs Study School Physical Education Questionnaire: ➤ <i>Outside of school hours or when school is not in session, do children or adolescents use any of this school's physical activity or athletic facilities for... Community-sponsored sports teams?</i>

Community-sponsored classes or lessons, such as tennis or gymnastics?
Community-sponsored supervised "open-gym" or "free play?"

- *Are any of these physical activity programs for children and adolescents offered...*
 - Before school?*
 - After school?*
 - In the evenings?*
 - On the weekends?*
 - During school vacations?*
- *Outside of school hours or when school is not in session, do adults who are not school employees use any of this school's physical activity or athletic facilities for...*
 - Community-sponsored sports teams?*
 - Community-sponsored classes or lessons, such as tennis or aerobics?*
 - Community-sponsored supervised "open-gym?"*
- *Are any of these physical activity programs for children and adolescents offered...*
 - Before school?*
 - After school?*
 - In the evenings?*
 - On the weekends?*
 - During school vacations?*
- *Can children or adults in the community use this school's outdoor physical activity and athletic facilities without being in a supervised program...*
 - Before school?*
 - After school?*
 - In the evenings?*
 - On the weekends?*
 - During school vacations?*

Expected Periodicity Periodic

Comments Schools are considered to provide access to their facilities and meet the objective when there is a "yes" response to at least a part of each of the above questions. .

This objective moved from developmental to measurable during the Healthy People 2010 Midcourse Review.

See Part C for a description of SHPPS and Appendix A for focus area contact information.