

HP-1

1990 NHIS PUBLIC USE DATA RECORDS
 HEALTH PROMOTION AND DISEASE PREVENTION (HPDP)
 SAMPLE PERSON SUPPLEMENT
 Outline of Items and Codes
 Number of Records = 41,104

Data Locations	Item No.	Frequency	Items and Codes
1-2	-	[RECTYPE] 41,104	RECORD TYPE 90. Sample Person Record
3-4	-	[YEAR] 41,104	PROCESSING YEAR 90. 1990
5	-	[QUARTER] 9,678 10,493 10,334 10,599	PROCESSING QUARTER 1. Quarter 1 2. Quarter 2 3. Quarter 3 4. Quarter 4
6-8	HH-5	[PSUNUMR]	RANDOM RECODE OF PSU NUMBER
9-10	HH-5	[WEEKCEN] 2,422 3,333 3,240 3,224 3,225 3,115 3,236 3,177 3,200 3,172 3,164 3,307 3,289	WEEK - CENSUS CODE* 01. Week 1 02. Week 2 03. Week 3 04. Week 4 05. Week 5 06. Week 6 07. Week 7 08. Week 8 09. Week 9 10. Week 10 11. Week 11 12. Week 12 13. Week 13

* This code represents the initial week of assignment. The interview may be re-assigned for administrative purposes. See locations 19-20 for the code which reflects the actual week assigned for conducting the interview.

HP-2

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
11-12	HH-5	[SEGNUM]	SEGMENT NUMBER Week plus Segment Number identifies the segment
13-14	HH-5	[HHNUM]	HOUSEHOLD NUMBER Numbered within PSU-Week-Segment
15-16	-	[PNUM]	PERSON NUMBER
17-18	-	[BLANK]	BLANK (Record Serial Number on other record types)
19-20	HH-5	[WEEKPROC]	PROCESSING WEEK CODE (Numbered within Quarter)
		2,422	01. Week 1
		3,333	02. Week 2
		3,251	03. Week 3
		3,224	04. Week 4
		3,225	05. Week 5
		3,115	06. Week 6
		3,236	07. Week 7
		3,198	08. Week 8
		3,208	09. Week 9
		3,172	10. Week 10
		3,145	11. Week 11
		3,286	12. Week 12
		3,289	13. Week 13
21	Recode	[LTINTER]	LATE INTERVIEW (OR LAST ATTEMPT) FLAG
		27,720	0. Interview not late
		11,055	1. One week late
		1,724	2. Two weeks late
		605	3. Unknown

HP-3

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
22-23	HH-10c,d	[LIVQTR]	TYPE OF LIVING QUARTERS: Housing Unit = (00-07)
		318	00. Housing unit; kind unknown
		37,919	01. House, apartment, flat
		27	02. HU in non-transient hotel, motel, etc.
		15	03. HU-permanent in transient hotel, motel, etc.
		27	04. HU in rooming house
		1,947	05. Mobile home or trailer with no permanent room added
		290	06. Mobile home or trailer with one or more permanent rooms added
		20	07. HU not specified above
			Other Unit = (08-13)
		33	08. Quarters not HU in rooming or boarding house
		0	09. Unit not permanent in transient hotel, motel, etc.
		5	10. Unoccupied site for mobile home, trailer, or tent
		420	11. Student quarters in college dormitory
		78	12. Other unit not specified above
		5	13. Other unit; kind unknown
24	HH-11	[PHONE]	HAS TELEPHONE
		37,591	1. Yes, phone number given
		1,013	2. Yes, no phone number given
		2,353	3. No
		147	4. Unknown
25	A-1	[SEX]	SEX
		17,172	1. Male
		23,932	2. Female
26	-	[BLANK]	BLANK

HP-4

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
27-28	Person Column	[AGE] 41,102 2	AGE 18-98. Number of years 99. 99+ years of age
29	Recode	[AGER1] 4,791 18,237 10,027 2,516 2,160 3,373	AGE RECODE #1 3. 18-24 years 4. 25-44 years 5. 45-64 years 6. 65-69 years 7. 70-74 years 8. 75 years and over
30	Recode	[AGER2] 4,791 9,717 8,520 5,257 4,770 4,676 3,373	AGE RECODE #2 3. 18-24 years 4. 25-34 years 5. 35-44 years 6. 45-54 years 7. 55-64 years 8. 65-74 years 9. 75 years and over
31-32	Recode	[AGER3] 41,104	AGE RECODE #3 36. Over 3 years
33	-	[BLANK]	BLANK

HP-5

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
34-39	A-3		MONTH AND YEAR OF BIRTH
34-35		[BIRTHMO]	Month
		3,440	01. January
		3,184	02. February
		3,473	03. March
		3,151	04. April
		3,311	05. May
		3,270	06. June
		3,441	07. July
		3,951	08. August
		3,683	09. September
		3,487	10. October
		3,337	11. November
		3,361	12. December
		15	99. DK or refused
36-39		[BIRTHYR]	Year of Birth
		114	1800-1899. 1800-1899
		40,975	1900-1991. 1900-1991
		15	9999. DK or refused
40-41	-	[BLANK]	BLANK
42	L-3	[RACE]	MAIN RACIAL BACKGROUND - Reported (See notation for locations 43-45)
		288	1. Aleut, Eskimo, or American Indian
		803	2. Asian/Pacific Islander
		5,576	3. Black
		33,896	4. White
		422	5. Other
		27	6. Multiple race
		92	7. Unknown

HP-6

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes	
43-45	Recode		RACE RECODES	
43		[RACER1]	Recode 1	Persons whose Main Racial Background (location 42) was "other" or "unknown" were classified in the following recodes by using the racial background observed by the interviewer. Use of these recodes is recommended for estimating statistics for the groups shown here.
		34,369	1. White	
		5,604	2. Black	
		1,131	3. Other	
44		[RACER2]	Recode 2	
		34,369	1. White	
		6,735	2. Non-white	
45		[RACER3]	Recode 3	
		5,604	1. Black	
		35,500	2. Non-black	
46-47	L-4	[HISPANIC]	HISPANIC ORIGIN	
		24	00. Multiple Hispanic	
		364	01. Puerto Rican	
		188	02. Cuban	
		687	03. Mexican-Mexicano	
		752	04. Mexican-American	
		25	05. Chicano	
		327	06. Other Latin American	
		386	07. Other Spanish	
		84	08. Spanish, DK type	
		108	09. Unknown if Spanish origin	
		38,159	10. Not Spanish origin	
48	L-7	[MARSTAT]	MARITAL STATUS	
		21,858	1. Married - spouse in household	
		485	2. Married - spouse not in household	
		4,623	3. Widowed	
		4,692	4. Divorced	
		1,349	5. Separated	
		8,062	6. Never married	
		35	7. Unknown	

HP-7

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
49	L-1	[VETERAN]	VETERAN STATUS
		34,688	1. Non-veteran
		16	2. WW I
		1,843	3. WW II
		904	4. Korean War
		1,700	5. Vietnam veteran
		525	6. Post-Vietnam
		915	7. Other service
		123	8. Served in Armed Forces, unknown if war veteran
		390	9. Unknown if served in Armed Forces
50	L-1	[RESERVE]	ACTIVE GUARD/RESERVE STATUS FOR PERSONS ON ACTIVE DUTY IN ARMED FORCES
		34,688	0. Non-veteran
		457	1. All service in Guard/Reserve
		969	2. Some service in Guard/Reserve
		4	3. Unknown if all service in Guard/Reserve
		4,292	4. No active service in Guard/Reserve
		694	5. Unknown if ever active member in Guard/Reserve or served in Armed Forces
51-52	L-2	[EDUC]	EDUCATION OF INDIVIDUAL - COMPLETED YEARS
		127	00. Never attended; kindergarten only
		8,865	01-11. Grades 1-11
		15,444	12. Grade 12
			College:
		3,102	13. 1 year
		3,753	14. 2 years
		1,542	15. 3 years
		4,631	16. 4 years
		1,014	17. 5 years
		2,528	18. 6 years or more
		98	19. Unknown

HP-8

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
53	Recode	[EDUCR]	EDUCATION OF INDIVIDUAL RECODE
		127	0. None; kindergarten only
		3,953	1. 1-8 years (elementary)
		4,912	2. 9-11 years (high school)
		15,444	3. 12 years (high school graduate)
		8,397	4. 1-3 years (college)
		4,631	5. 4 years (college graduate)
		3,542	6. 5+ years (post-college)
		98	7. Unknown
54-55	-	[EDUCAD]	HIGHEST EDUCATION OF RESPONSIBLE ADULT FAMILY MEMBER (Detail)
		81	00. Never attended; kindergarten only
		6,553	01-11. Grades 1-11
		14,625	12. Grade 12
			College:
		3,123	13. 1 year
		4,282	14. 2 years
		1,813	15. 3 years
		5,580	16. 4 years
		1,314	17. 5 years
		3,678	18. 6 years or more
		55	19. Unknown
56	-	[EDUCADR]	HIGHEST EDUCATION OF RESPONSIBLE ADULT FAMILY MEMBER Recode
		81	0. None; kindergarten only
		2,817	1. 1-8 years (elementary)
		3,736	2. 9-11 years (high school)
		14,625	3. 12 years (high school graduate)
		9,218	4. 1-3 years (college)
		5,580	5. 4 years (college graduate)
		4,992	6. 5+ years (post-college)
		55	7. Unknown

HP-9

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
57	L-8	[INCFAM20]	FAMILY INCOME \$20,000 OR MORE
		16,564	1. Less than \$20,000
		23,790	2. \$20,000 or more
		750	3. Unknown
58-59	L-8	[INCFAM]	FAMILY INCOME
		315	00. Less than \$1,000
		349	01. \$ 1,000 - \$ 1,999
		418	02. 2,000 - 2,999
		496	03. 3,000 - 3,999
		720	04. 4,000 - 4,999
		734	05. 5,000 - 5,999
		819	06. 6,000 - 6,999
		775	07. 7,000 - 7,999
		743	08. 8,000 - 8,999
		738	09. 9,000 - 9,999
		928	10. 10,000 - 10,999
		628	11. 11,000 - 11,999
		1,038	12. 12,000 - 12,999
		620	13. 13,000 - 13,999
		640	14. 14,000 - 14,999
		838	15. 15,000 - 15,999
		641	16. 16,000 - 16,999
		641	17. 17,000 - 17,999
		829	18. 18,000 - 18,999
		969	19. 19,000 - 19,999
		3,332	20. 20,000 - 24,999
		2,903	21. 25,000 - 29,999
		2,760	22. 30,000 - 34,999
		2,175	23. 35,000 - 39,999
		1,985	24. 40,000 - 44,999
		1,670	25. 45,000 - 49,999
		6,465	26. \$50,000 and over
		5,935	27. Unknown

HP-10

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
60	Recode	[INCFAMR]	FAMILY INCOME RECODE
		2,298	0. Under \$5,000
		1,553	1. \$ 5,000 - \$ 6,999
		2,256	2. 7,000 - 9,999
		3,854	3. 10,000 - 14,999
		3,918	4. 15,000 - 19,999
		3,332	5. 20,000 - 24,999
		5,663	6. 25,000 - 34,999
		5,830	7. 35,000 - 49,999
		6,465	8. \$50,000 or more
		5,935	9. Unknown
61	Generated	[POVERTY]	NHIS POVERTY INDEX*
		33,057	1. At or above poverty threshold
		4,608	2. Below poverty threshold
		3,439	3. Unknown
62-63			FAMILY RELATIONSHIP
62	A-2	[FAMNUM]	Type of Family
		10,908	&. Primary individual
		1,103	-. Secondary individual
		29,034	0. Primary family
		59	1-9. Secondary family
63	A-2	[FAMREL]	Relationship to Reference Person
		10,398	&. Reference person, living alone
		16,563	0. Reference person, 2+ persons in household
		10,809	1. Spouse, other spouse NOT in Armed Forces and living at home
		271	2. Spouse, other spouse IN Armed Forces and living at home
		2,212	3. Child of reference person or spouse
		93	4. Grandchild of reference person or spouse
		226	5. Parent of reference person or spouse
		531	6. Other relative
		1	7. Child of ineligible reference person
		0	9. DK or refused

*Based on family size, number of children under 18 years of age and family

income using the 1989 poverty levels derived from the August, 1990 Current Population Survey.

HP-11

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
64	Recode	[FAMRELR]	FAMILY RELATIONSHIP RECODE
		10,398	1. Living alone
		1,613	2. Living only with non-relative
		21,827	3. Living with spouse
		7,266	4. Living with relative - other
65-66	Generated	[FAMSIZE]	SIZE OF FAMILY*
			Unrelated individuals are coded 01
67	Generated	[FAMSIZER]	SIZE OF FAMILY RECODE
		41,026	1-8. Number of members
		78	9. 9+ members
68	A-2	[PARENT]	PARENT/OTHER ADULT RELATIVE (under 25 years old and never married)
		665	1. Both parents, no other relative
		336	2. Mother only
		45	3. Father only
		202	4. Both parents and other 21+ year old adult relative
		98	5. Mother and other 21+ year old adult relative
		8	6. Father and other 21+ year old adult relative
		103	7. No parent, but one 21+ year old adult relative
		71	8. No parent, but two or more 21+ year old adult relatives
		216	9. Unknown
		1,593	0. Other
		37,767	Blank. Not applicable (25+ years old or ever married)

*Count includes spouse in military but living at home.

HP-12

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
69	B-1 B-8	[MAJACT]	MAJOR ACTIVITY
		24,580	1. Working
		8,544	2. Keeping house
		2,159	3. Going to school
		5,523	4. Something else
		298	5. Unknown
70	G-4	[HEALTH]	HEALTH STATUS
		13,809	1. Excellent
		11,923	2. Very Good
		10,204	3. Good
		3,686	4. Fair
		1,377	5. Poor
		105	6. Unknown
71	Recode	[LATOTAL]	ACTIVITY LIMITATION STATUS - (all ages)
		2,127	1. Unable to perform major activity
		2,770	2. Limited in kind/amount major activity
		2,719	3. Limited in other activities
		33,488	4. Not limited (includes unknowns)
72	Recode	[LAWORK]	ACTIVITY LIMITATION STATUS MEASURED BY "ABILITY TO WORK" (18-69 years)
		2,271	1. Unable to work
		1,776	2. Limited in kind/amount of work
		1,502	3. Limited in other activities
		30,022	4. Not limited (includes unknowns)
		5,533	Blank. Not applicable (70+ years)
73	B-11	[LASCHOOL]	LIMITATION OF SCHOOL ACTIVITIES (5-17 years)
		41,104	Blank. Not applicable (18+ years)

HP-13

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
74	B-14	[LACARE]	NEEDS HELP WITH PERSONAL CARE (18-59 years old and limited, or age 60-69 years)*
		203	1. Unable to perform personal care needs
		633	2. Limited in performing other routine needs
		7,717	3. Not limited in performing personal or routine needs
		216	4. Unknown
		32,335	Blank. Not applicable (18-59 years not limited; 70+ years old)
75	D-1	[EMPLOY]	EMPLOYMENT STATUS IN PAST 2 WEEKS
			In the Labor Force: (1-7)
			Currently employed: (1-3)
		25,066	1. Worked in past 2 weeks
		571	2. Did not work, has job; not on lay-off and not looking for work
		24	3. Did not work, has job; looking for work
			Unemployed: (4-7)
		67	4. Did not work, has job; on lay-off
		3	5. Did not work, has job; on lay-off and looking for work
		235	6. Did not work, has job; unknown if looking or on lay-off
		955	7. Did not work, has no job; looking for work or on lay-off
		14,183	Not in Labor Force: (8)

*For persons 70+ years, codes 1 and 2 in loc. 71 correspond to codes 1 and 2 in loc. 74.

HP-14

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
76	L-6	[WKCLASS]	CLASS OF WORKER
		14,183	0. Not in labor force
		19,112	1. Private company
		830	2. Federal Government employee
		1,196	3. State Government employee
		2,259	4. Local Government employee
		621	5. Incorporated business
		2,385	6. Self-employed
		64	7. Without pay
		30	8. Never worked
		424	9. Unknown
77-79	L-6	[INDUS]	INDUSTRY DETAIL CODE
		26,921	010-996. Code number
		14,183	Blank. Not applicable
80-81	Recode	[INDUSR1]	INDUSTRY RECODE 1 SEE APPENDIX B
82-83	Recode	[INDUSR2]	INDUSTRY RECODE 2 SEE APPENDIX B
84-86	L-6	[OCCUP]	OCCUPATION DETAIL CODE
		26,921	003-999. Code number
		14,183	Blank. Not applicable
87-88	Recode	[OCCUPR1]	OCCUPATION RECODE 1 SEE APPENDIX C
89-90	Recode	[OCCUPR2]	OCCUPATION RECODE 2 SEE APPENDIX C

HP-15

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
91	L-R	[RESPOND]	RESPONDENT (For information in columns 1-200)
		31,868	1. Self-entirely
		1,965	2. Self-partly
		7,019	3. Proxy
		252	4. Unknown
92	Recode	[CONDLIST]	CONDITION LIST ASSIGNED AND ASKED
		6,862	1. Condition List 1, Skin and musculoskeletal
		6,846	2. Condition List 2, Impairments
		6,844	3. Condition List 3, Digestive
		6,811	4. Condition List 4, Miscellaneous
		6,764	5. Condition List 5, Circulatory
		6,796	6. Condition List 6, Respiratory
		181	7. Unknown
93-94	G-5	[HEIGHT]	HEIGHT WITHOUT SHOES
		40,948	36-98. Number of inches
		156	99. Unknown
95-97	G-5	[WEIGHT]	WEIGHT WITHOUT SHOES
		40,688	050-500. Number of pounds
		416	501. Unknown
98-99	Recode	[RADAY]	TOTAL RESTRICTED ACTIVITY DAYS IN PAST TWO WEEKS
		36,649	00. None
		4,455	01-14. Days
100-101	D-4	[BDDAY]	BED DAYS IN PAST TWO WEEKS
		38,646	00. None
		2,458	01-14. Days

HP-16

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
102-103	D-2	[WLDAY]	WORK-LOSS DAYS IN PAST TWO WEEKS (Control on Currently Employed, 75:1-3)
		39,527	00. None
		1,577	01-14. Days
104-105	D-3	[SLDAY]	SCHOOL-LOSS DAYS IN PAST TWO WEEKS (age 5-17)
		41,104	00. None
		0	01-14. Days
106-107	D-6	[OTHDAY]	OTHER DAYS OF RESTRICTED ACTIVITY IN PAST TWO WEEKS
		38,731	00. None
		2,373	01-14. Days
108-110	G-2	[BDDAY12]	BED DAYS IN PAST 12 MONTHS
		22,559	000. None
		18,300	001-365. 1-365 days
		245	366. Unknown
111	Recode	[BDDAY12R]	BED DAYS IN PAST 12 MONTHS - Recode
		22,559	0. None
		13,456	1. 1-7 days
		3,435	2. 8-30 days
		1,160	3. 31-180 days
		249	4. 181-365 days
		245	5. Unknown
112-114	G-3	[DV12]	DOCTOR VISITS IN PAST 12 MONTHS
		9,168	000. None
		31,812	001-996. Visits
		0	997. 997+ visits
		124	998. Unknown

HP-17

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
115	G-3	[DVINT]	INTERVAL SINCE LAST DOCTOR VISIT
		50	0. Never
		32,136	1. Less than 1 year
		3,539	2. 1 to less than 2 years
		3,384	3. 2 to less than 5 years
		1,603	4. 5 years or more
		392	5. Unknown
116-117	Generated	[NCOND]	NUMBER OF CONDITIONS (total acute and chronic)
118-119	Generated	[NACUTE]	NUMBER OF ACUTE INCIDENCE CONDITIONS (past two weeks)
120-121	Generated	[NDV2]	NUMBER OF TWO-WEEK DOCTOR VISITS
122-123	Generated	[HEP12]	NUMBER OF SHORT-STAY HOSPITAL EPISODES IN PAST 12 MONTHS
124-126	Generated	[HDA12]	SHORT-STAY HOSPITAL EPISODE DAYS IN PAST 12 MONTHS
127-128	Generated	[HEP12X]	NUMBER OF SHORT-STAY HOSPITAL EPISODES IN PAST 12 MONTHS EXCLUDING DELIVERY*
129-131	Generated	[HDA12X]	SHORT-STAY HOSPITAL EPISODE DAYS IN PAST 12 MONTHS EXCLUDING DELIVERY*
132-133	Generated	[DISDA6]	NUMBER OF SHORT-STAY HOSPITAL DISCHARGES IN PAST 6 MONTHS
134-136	Generated	[DIS6X]	NUMBER OF DAYS IN SHORT-STAY HOSPITAL IN PAST 12 MONTHS FOR DISCHARGES IN PAST 6 MONTHS
137-138	Generated	[DISDA6X]	NUMBER OF SHORT-STAY HOSPITAL DISCHARGES IN PAST 6 MONTHS EXCLUDING DELIVERY*

*Based on Operation codes and reason entered hospital.

HP-18

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
139-141	Generated	[DISDA12X]	NUMBER OF DAYS IN SHORT-STAY HOSPITAL IN PAST 12 MONTHS FOR DISCHARGES IN PAST 6 MONTHS EXCLUDING DELIVERY*
142-143	-	[BLANK]	BLANK
144	L-9b	[YRPRERES]	YEARS LIVED IN STATE OF PRESENT RESIDENCE 676 1. Less than 1 year 1,965 2. 1 yr., less than 5 yrs. 1,554 3. 5 yrs., less than 10 yrs. 1,565 4. 10 yrs., less than 15 yrs. 30,690 5. 15 years or more 894 9. DK refused 3,760 Blank. Not applicable (Foreign-born)
145	L-9c	[YRSINUS]	YEARS LIVED IN UNITED STATES 131 1. Less than 1 year 485 2. 1 yr., less than 5 yrs. 568 3. 5 yrs., less than 10 yrs. 524 4. 10 yrs., less than 15 yrs. 1,941 5. 15 years or more 111 9. DK refused 37,344 Blank. Not applicable (U.S. born)
146-177	-	[BLANK]	BLANK
178	Master Record	[SUBTYPE]	TYPE OF SUBSTRATUM 5,096 0. Permit 3,716 1. Area, oversampled for blacks 32,292 2. Area, not oversampled for blacks
179-181	Recode	[STRATUM]	FULL SAMPLE STRATUM IDENTIFIER

*Based on Operation codes and reason entered hospital.

HP-19

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
182	Master Record	[REGION]	REGION
		8,147	1. Northeast
		10,579	2. Midwest
		13,822	3. South
		8,556	4. West
183	Master Record	[MSASIZE]	GEOGRAPHIC DISTRIBUTION
			1-4. MSA Size
		17,246	1. 1,000,000 or more
		10,759	2. 250,000 - 999,999
		2,623	3. 100,000 - 249,999
		707	4. Under 100,000
		9,769	Blank. Non-MSA
184	-	[BLANK]	BLANK
185	Master Record	[PSUTYPE]	TYPE OF PSU
		21,920	1. MSA - Self-representing
		9,415	3. MSA - Nonself-representing
		2	4. Non-MSA - Self-representing
		9,767	6. Non-MSA - Nonself-representing
186	Recode	[MSA]	MSA - NON-MSA RESIDENCE
		13,695	1. MSA - Central City
		17,640	2. MSA - Not Central City
		9,279	3. Non-MSA - Nonfarm
		490	4. Non-MSA - Farm
187-189	-	[PSUPSEUD]	PSEUDO PSU CODES
190-200	-	[BLANK]	BLANK
201-206	-	[WTBADJ]	INTERIM BASIC WEIGHT (Before Age-Sex-Race Adjustment)
207-212	-	[WTFB]	FINAL BASIC WEIGHT

213-335

-

[BLANK]

BLANK

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
SECTION Q - GENERAL HEALTH HABITS			
336	1	[BREAKFST]	HOW OFTEN EAT BREAKFAST
		23,421	1. Almost every day
		8,508	2. Sometimes
		9,132	3. Rarely or never
		5	7. Refused
		38	9. Unknown
337	2	[BETMEALS]	HOW OFTEN EAT BETWEEN MEALS
		16,223	1. Almost every day
		13,961	2. Sometimes
		10,853	3. Rarely or never
		4	7. Refused
		63	9. Unknown
338	3	[DFDWDR]	HOW OFTEN DISCUSS FOOD WITH DOCTOR DURING ROUTINE VISITS
		4,555	1. Often
		7,724	2. Sometimes
		24,674	3. Rarely or never
		4,066	4. Don't visit for routine care
		6	7. Refused
		79	9. Don't Know
339-340	Recode	[TOHEIGHT]	TOTAL HEIGHT WITHOUT SHOES (INCHES)
		40,943	12-95. Height in inches
		0	96. 96+ inches
		1	97. Refused
		116	98. Not ascertained
		44	99. Don't Know
341-343	4b	[TOWEIGHT]	WEIGHT WITHOUT SHOES (POUNDS)
		40,746	050-500. Weight in pounds
		1	501. 501+ pounds
		108	997. Refused
		46	998. Not ascertained
		203	999. Unknown

HP-21

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
344	5	[WTLOSS1]	BEST WAY TO LOSE WEIGHT, #1
		529	0. None of these
		8,739	1. Don't eat at bedtime
		22,210	2. Eat fewer calories
		260	3. Take diet pills
		6,489	4. Increase physical activity
		1,001	5. Eat NO fat
		229	6. Eat grapefruit with each meal
		48	7. Refused
		61	8. Not ascertained
		1,538	9. Don't Know
345	5	[WTLOSS2]	BEST WAY TO LOSE WEIGHT, #2
		529	0. None of these
		1,933	1. Don't eat at bedtime
		6,148	2. Eat fewer calories
		403	3. Take diet pills
		23,820	4. Increase physical activity
		5,304	5. Eat NO fat
		782	6. Eat grapefruit with each meal
		48	7. Refused
		93	8. Not ascertained
		2,044	9. Don't Know (includes persons who gave one answer but didn't know a second one)
346	6	[WTLSNOW]	NOW TRYING TO LOSE WEIGHT
		13,606	1. Yes
		27,404	2. No
		2	7. Refused
		92	9. Unknown
347	7	[CALOR]	EATING FEWER CALORIES TO LOSE WEIGHT
		10,884	1. Yes
		2,690	2. No
		0	7. Refused
		32	9. Unknown
		27,498	Blank. NA-Not trying or unknown if trying to lose weight
348	8	[INCRACT]	INCREASED PHYSICAL ACTIVITY TO LOSE WEIGHT
		8,291	1. Yes
		5,311	2. No
		0	7. Refused
		4	9. Unknown

27,498

Blank. NA-Not trying or unknown
if trying to lose weight

HP-22

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
349	9a	[UNDROVER] 18,187 2,369 20,406 2 140	CONSIDER YOURSELF UNDERWEIGHT OR OVERWEIGHT 1. Overweight 2. Underweight 3. About right 7. Refused 9. Unknown
350	9b	[HOWOVER] 3,731 7,035 7,383 4 34 22,917	HOW OVERWEIGHT CONSIDERS SELF 1. Very overweight 2. Some overweight 3. A little overweight 7. Refused 9. Unknown Blank. NA-Does not consider or unknown if consider self overweight
351-352	10	[SLEEPAV] 40,892 4 208	AVERAGE NUMBER OF HOURS SLEEP PER DAY 00-24. Hours of sleep/24 hr period 97. Refused 99. Unknown
353	11	[REGMED] 32,177 8,830 4 93	HAVE REGULAR SOURCE OF MEDICAL CARE 1. Yes 2. No 7. Refused 9. Unknown
354	12	[REGMEDTP] 28,511 1,710 14 179 203 1,136 0 417 7 8,927	TYPE OF REGULAR SOURCE OF CARE 1. Doctor's office 2. Hospital outpatient clinic 3. Sample person's home 4. Hospital emergency room 5. Company or industry clinic 6. Health center 7. Refused 8. Other 9. Unknown Blank. NA-Doesn't have or unknown if have a regular place for health advice/care

HP-23

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
355	13	[DR1] 27,615 4,551 0 11 8,927	USUALLY SEE ONE PARTICULAR DOCTOR 1. Yes 2. No 7. Refused 9. Unknown Blank. NA-Doesn't have or unknown if have a regular place for health advice
356	14	[REASTREG] 682 5,304 439 351 832 714 488 20 97 32,177	MAIN REASON DON'T HAVE REGULAR SOURCE OF CARE 1. Have two or more usual doctors 2. Haven't needed a doctor 3. Previous doctor no longer available 4. Haven't been able to find the right doctor 5. Recently moved to area 6. Can't afford medical care 7. Other reason 8. DK/refused reason, but not particular place 9. DK/refused, DK/refused if particular place Blank. NA-Has a regular source of care
357-358	15	[LSTPAP] 11,455 10,314 0 1,306 31 826 17,172	TIME SINCE LAST PAP SMEAR 00. Less than 1 year 01-94. Years since Pap smear 95. 95+ years 96. Never 97. Refused 99. Unknown Blank. NA-Male
359-360	16a	[LSTBEX] 12,346 9,412 0 1,494 26 654 17,172	HOW LONG SINCE BREAST EXAM BY DOCTOR 00. Less than 1 year 01-94. Years since breast exam 95. 95+ years 96. Never 97. Refused 99. Unknown Blank. NA-Male

HP-24

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
361	16b	[SELFBREX]	KNOW HOW TO EXAMINE OWN BREASTS
		20,777	1. Yes
		2,847	2. No
		12	7. Refused
		296	9. Unknown
		17,172	Blank. NA-Male
362-364	16c	[SELFEXTM]	TIMES PER YEAR EXAMINE OWN BREASTS
		2,975	000. Never/less than 1 year
		16,717	001-997. 0-997 times per year
		5	998. Not ascertained
		1,080	999. Don't Know
		20,327	Blank. NA-Male; or female who doesn't know how to examine own breasts

HP-25

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
SECTION R - MAMMOGRAPHY			
365	1a	[MAMO]	EVER HAD MAMMOGRAM
		8,627	1. Yes
		6,591	2. No
		7	7. Refused
		193	8. Other
		174	9. DK
		25,512	Blank. NA-male; female under 35
366-367	1b	[NMAMO]	TIMES HAVE HAD MAMMOGRAM
		8,494	01-95. 1-95 times
		0	96. 96+ times
		6	97. Refused
		2	98. Not ascertained
		125	99. DK
		32,477	Blank. NA-male; female under 35; never/unknown if ever had mammogram
368	2	[DSUGMAMO]	DID DOCTOR SUGGEST FIRST MAMMOGRAM
		6,969	1. Doctor suggested
		1,482	2. Decided on own
		121	3. Other
		1	7. Refused
		1	8. Not Ascertained
		53	9. Unknown
		32,477	Blank. NA-male; female under 35; never/unknown if ever had mammogram
369-371	3a		HOW LONG SINCE MOST RECENT MAMMOGRAM
369-370	3a	[LSTMAMO]	TIME SINCE MOST RECENT MAMMOGRAM
		8,417	01-95. 1-95 days, weeks, months, years
		0	96. 96+ days, weeks, months, years years
		0	97. Refused
		27	98. Not ascertained
		183	99. DK
		32,477	Blank. NA male; female under 35; never/unknown if ever had mammogram

HP-26

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
369-371	3a		HOW LONG SINCE MOST RECENT MAMMOGRAM (Continued)
371	3a	[MAMOTMU]	MOST RECENT MAMMOGRAM (TIME UNIT)
		83	1. Days ago
		246	2. Weeks ago
		3,775	3. Months ago
		4,313	4. Years ago
		0	7. Refused
		27	8. Not ascertained
		183	9. DK
		32,477	Blank. NA male; female under 35; never/unknown if ever had mammogram
372-374	3a (Recode)	[MAMOMOLS]	MONTHS SINCE LAST MAMMOGRAM
		295	000. Less than 1 month
		8,122	001-995. 1-995 months
		0	996. 996+ months
		0	997. Refused
		27	998. Not ascertained
		183	999. DK
		32,477	Blank. NA-male; female under 35; never/unknown if ever had mammogram
375	3b	[MAMOSYMP]	MAMMOGRAM DONE BECAUSE OF SYMPTOMS
		1,626	1. Breast symptom or condition
		6,666	2. Routine checkup, no symptoms
		126	3. Family history of breast cancer
		147	6. Other reason
		0	7. Refused
		2	8. Not ascertained
		60	9. DK
		32,477	Blank. NA-male; female under 35; never/unknown if ever had mammogram

HP-27

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
376-377	4	[RENOMAMO]	MOST IMPORTANT REASON WHY NO RECENT MAMMOGRAM (Females 35+ with no mammogram in last 3 years)
		2,502	01. Not recommended by a doctor
		1,556	02. Didn't think necessary
		1,025	03. No problems
		616	04. Put it off; procrastinated
		94	05. Didn't know I should
		522	06. Costs too much, or insurance doesn't cover it.
		128	07. Fear
		111	08. Not due yet; too young
		116	09. Don't go to/have doctor
		67	10. Never heard of mammogram
		38	11. Breasts missing
		300	96. Other reason
		3	97. Refused
		0	98. Not ascertained
		358	99. DK
		33,668	Blank. NA-male; female under 35; had mammogram in last 3 years; unknown if ever had mammogram; unknown duration since last mammogram
378	5a	[FUMAMO]	PLAN TO HAVE MAMMOGRAM IN THE FUTURE
		8,519	1. Yes
		2,481	2. No
		2,713	3. If doctor recommends
		7	7. Refused
		196	8. Not ascertained
		1,571	9. DK
		25,617	Blank. NA-male; female under 35; never heard of mammogram; breasts missing
379	5b	[PLANMAMO]	WHEN PLANNING TO HAVE FIRST/NEXT MAMMOGRAM
		4,482	1. Less than 1 year
		1,898	2. 1 year, less than 3 years
		206	3. 3 years, less than 5 years
		3,276	4. When doctor recommends
		118	6. Other
		0	7. Refused
		0	8. Not ascertained
		1,252	9. DK
		29,872	Blank. NA-male; female under 35; no/unknown if plans to have

mammogram in future; never heard
of mammogram; breasts missing

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
SECTION S - INJURY CONTROL AND CHILD SAFETY AND HEALTH			
380	1a	[PCC]	HAVE HEARD OF POISON CONTROL CENTERS
		8,825	1. Yes
		1,293	2. No
		1	7. Refused
		242	8. Not ascertained
		21	9. DK
		30,722	Blank. NA-No children under age 10 years in family
381	1b	[NPCC]	KNOW THE POISON CONTROL CENTER TELEPHONE NUMBER IN YOUR AREA
		5,770	1. Yes
		2,777	2. No
		1	7. Refused
		277	9. Unknown
		32,279	Blank. NA-No children under age 10 years in family; no/unknown if heard of poison control center
382	2	[IPECAC]	HAVE IPECAC SYRUP IN HOUSEHOLD
		2,851	1. Yes
		6,952	2. No
		2	7. Refused
		242	8. Not ascertained
		335	9. DK
		30,722	Blank. NA-No children under age 10 years in family
383	7	[SEATBELT]	SEAT BELT USE IN CAR
		27,415	1. All or most of the time
		6,642	2. Some of the time
		3,058	3. Once in a while
		3,616	4. Never
		220	5. Don't ride in car
		9	7. Refused
		144	9. Unknown

Note: Questions 3-6 of the Injury Control and Child Safety and Health section are asked for each child in the family and these data are on the separate ICCSH-HPDP file.

HP-29

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
384-385	8a	[SMDET]	NUMBER OF SMOKE DETECTORS IN HOME
		7,127	00. None
		16,820	01. Only 1
		16,685	02-95. Number of smoke detectors
		1	96. 96+
		2	97. Refused
		140	98. Not ascertained
		329	99. DK
386-387	8b	[SMDETWRK]	NUMBER OF SMOKE DETECTORS THAT WORK*
		1,512	00. None
		30,625	01-95. Number that work
		0	96. 96+
		1	97. Refused
		1,058	98. Not ascertained
		310	99. DK
		7,598	Blank. NA-no/unknown if any
388	8c	[DETWRKN]	SMOKE DETECTOR WORKS NOW (Only one smoke detector)
		14,562	1. Yes
		1,203	2. No
		0	7. Refused
		0	8. Not ascertained
		1,055	9. DK
		24,284	Blank. NA-no/unknown if any smoke detectors in home; multiple smoke detectors
389-395	8d		HOW YOU KNOW SMOKE DETECTOR IS WORKING
389	8d	[HOWKNOW]	Tested it/them
		17,671	1. Mentioned
		12,426	2. Not Mentioned
		0	7. Refused
		528	9. Unknown
		10,479	Blank. NA-no/unknown if any working smoke detectors in home

*Includes persons who have only one smoke detector.

HP-30

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
389-395	8d		HOW YOU KNOW SMOKE DETECTOR IS WORKING (Continued)
390	8d	[OFFSM] 2,978 27,119 0 528 10,479	Went off because of smoke 1. Mentioned 2. Not Mentioned 7. Refused 9. Unknown Blank. NA-no/unknown if any working smoke detectors in home
391	8d	[OFFCK] 5,211 24,886 0 528 10,479	Went off while cooking 1. Mentioned 2. Not Mentioned 7. Refused 9. Unknown Blank. NA-no/unknown if any working smoke detectors in home
392	8d	[CHBATT] 2,279 27,818 0 528 10,479	Changed the batteries 1. Mentioned 2. Not Mentioned 7. Refused 9. Unknown Blank. NA-no/unknown if any working smoke detectors in home
393	8d	[LTON] 5,717 24,380 0 528 10,479	The light is on 1. Mentioned 2. Not Mentioned 7. Refused 9. Unknown Blank. NA-no/unknown if any working smoke detectors in home
394	8d	[BATLOW] 4,199 25,898 0 528 10,479	Beeps when battery is low 1. Mentioned 2. Not Mentioned 7. Refused 9. Unknown Blank. NA-no/unknown if any working smoke detectors in home

HP-31

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
389-395	8d		HOW YOU KNOW SMOKE DETECTOR IS WORKING (Continued)
395	8d	[KNOWOTR] 1,011 29,086 0 528 10,479	Other 1. Mentioned 2. Not Mentioned 7. Refused 9. Unknown Blank. NA-no/unknown if any working smoke detectors in home
396	8f	[SLPAREA] 30,767 2,629 1 3 106 7,598	SMOKE DETECTOR(S) NEXT TO SLEEPING AREA 1. Yes 2. No 7. Refused 8. Not ascertained 9. DK Blank. NA-no/unknown if any smoke detectors in home
397	9a	[WTRTEMP] 10,356 30,111 211 4 422	KNOW HOT WATER TEMPERATURE IN THIS HOME 1. Yes 2. No 3. No hot water source 7. Refused 9. Unknown
398-400	9b	[DEGREES] 8,991 0 0 1,365 30,748	HOT WATER TEMPERATURE, DEGREES F 001-995. Number of degrees 996. 996+ degrees 997. Refused 999. Unknown Blank. NA-No/unknown if knows temperature; no hot water in home;
401	9b	[APRXTEMP] 459 185 694 0 27 39,739	HOT WATER TEMPERATURE, APPROXIMATE 1. High 2. Low or vacation setting 3. Medium 7. Refused 9. Unknown Blank. NA-no/unknown if knows temperature; no hot water in home; exact temperature given

HP-32

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
402	9c	[ESTTEMP]	HOW HOT WATER TEMPERATURE ESTIMATED
		6,719	1. The setting on hot water heater
		538	2. Tested with thermometer
		2,442	3. Guessed
		123	4. Both, the setting on heater and tested with thermometer
		0	7. Refused
		486	8. Other
		48	9. Unknown
		30,748	Blank. NA-no/unknown if knows temperature; no hot water in home
403	10	[TESTTEMP]	USED A THERMOMETER TO TEST HOT WATER IN PAST 12 MONTHS
		1,202	1. Yes
		38,325	2. No
		0	7. Refused
		1,366	9. Unknown
		211	Blank. NA-no hot water in home
404-406	11	[WTRSCALD]	ABOVE WHAT TEMP WILL HOT WATER CAUSE SCALD INJURIES
		17,736	001-995. Number of degrees
		1	996. 996+ degrees
		83	997. Refused
		390	998. Not ascertained
		22,894	999. DK

HP-33

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
SECTION T - RADON SUPPLEMENT			
407	1	[RADON] 27,796 12,261 152 3 892	EVER HEARD OF RADON 1. Yes 2. No 6. Not ascertained 7. Refused 9. DK/Not sure
408	2	[RADONUNH] 18,404 2,035 0 7,357 13,308	BELIEVE RADON EXPOSURE IS UNHEALTHY 1. Exposure to radon is unhealthy 2. Exposure to radon has no effect 7. Refused 9. Not sure/No opinion/unknown Blank. No/Unknown if ever heard of radon
409-414	3		CONDITIONS YOU BELIEVE CAN BE CAUSED BY RADON EXPOSURE
409	3	[HEADACHE] 7,824 7,353 6 3,221 22,700	HEADACHE 1. Mentioned 2. Not mentioned 7. Refused question 9. Unknown Blank. No/Unknown if ever heard of radon or radon has no/unknown effect on health
410	3	[ARTHR] 1,054 14,123 6 3,221 22,700	ARTHRITIS 1. Mentioned 2. Not mentioned 7. Refused question 9. Unknown Blank. No/Unknown if ever heard of radon or radon has no/unknown effect on health
411	3	[LCANCER] 8,451 6,726 6 3,221 22,700	LUNG CANCER 1. Mentioned 2. Not mentioned 7. Refused question 9. Unknown Blank. No/Unknown if ever heard of radon or radon has no/unknown effect on health

HP-34

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
409-414	3		CONDITIONS YOU BELIEVE CAN BE CAUSED BY RADON EXPOSURE (Continued)
412	3	[OCANCER] 8,619 6,558 6 3,221 22,700	OTHER CANCER 1. Mentioned 2. Not mentioned 7. Refused question 9. Unknown Blank. No/Unknown if ever heard of radon or radon has no/unknown effect on health
413	3	[ASTHMA] 2,875 12,302 6 3,221 22,700	ASTHMA 1. Mentioned 2. Not mentioned 7. Refused question 9. Unknown Blank. No/Unknown if ever heard of radon or radon has no/unknown effect on health
414	3	[NONE] 148 15,029 6 3,221 22,700	NONE OF THESE 1. Mentioned 2. Not mentioned 7. Refused question 9. Unknown Blank. No/Unknown if ever heard of radon or radon has no/unknown effect on health
415	4	[HHRATEST] 1,319 24,615 0 1,862 13,308	HOUSEHOLD AIR TESTED FOR RADON 1. Yes 2. No 7. Refused 9. Unknown Blank. No/Unknown if ever heard of radon
416	5	[PLTSTYR] 1,768 21,846 0 2,863 14,627	PLAN TO TEST FOR RADON IN NEXT YEAR 1. Yes 2. No 7. Refused 9. Unknown Blank. No/Unknown if ever heard of radon or previously tested for radon

HP-35

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
417	6	[FOLLOWUP]	FOLLOW-UP TESTS CONDUCTED TO VERIFY RESULTS
		277	1. Yes
		905	2. No
		0	7. Refused
		137	9. Unknown
		39,785	Blank. No/Unknown if heard of radon or household not tested
418	7a	[REDUCE]	ANYTHING DONE TO REDUCE RADON LEVEL
		111	1. Yes
		1,128	2. No
		0	7. Refused
		80	9. Unknown
		39,785	Blank. No/Unknown if heard of radon or household not tested
419	7b	[PLREDUCE]	PLAN TO REDUCE RADON LEVEL
		80	1. Yes
		1,016	2. No
		0	7. Refused
		112	9. Unknown
		39,896	Blank. No/Unknown if heard of radon or household not tested; something already has been done

HP-36

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
420-424	7c		WHAT HAS BEEN DONE TO REDUCE RADON?
420	7c	[VENT]	INCREASED VENTILATION
		37	1. Mentioned
		68	2. Not mentioned
		0	7. Refused question
		6	9. Unknown
		40,993	Blank. No/Unknown if ever heard of radon or household not tested, or nothing done to reduce radon level
421	7c	[LESSSMOK]	STOPPED/DECREASED SMOKING
		0	1. Mentioned
		105	2. Not mentioned
		0	7. Refused question
		6	9. Unknown
		40,993	Blank. No/Unknown if ever heard of radon or household not tested, or nothing done to reduce radon level
422	7c	[BASEMENT]	LESS TIME IN BASEMENT
		3	1. Mentioned
		102	2. Not mentioned
		0	7. Refused question
		6	9. Unknown
		40,993	Blank. No/Unknown if ever heard of radon or household not tested, or nothing done to reduce radon level
423	7c	[MODIHOME]	MODIFIED HOME
		54	1. Mentioned
		51	2. Not mentioned
		0	7. Refused question
		6	9. Unknown
		40,993	Blank. No/Unknown if ever heard of radon or household not tested, or nothing done to reduce radon level
424	7c	[OMETH]	OTHER - SPECIFY
		31	1. Mentioned
		74	2. Not mentioned
		0	7. Refused question
		6	9. Unknown
		40,993	Blank. No/Unknown if ever heard of radon or household not tested, or nothing done to reduce radon level

HP-37

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
425-428	8a	[LSTRALEV]	RADON LEVEL FROM LAST TEST, BEFORE CORRECTIVE ACTION
		225	0000-9994. 0000-9994 picocuries
		0	9995. 9995 or more picocuries
		58	9996. DK results yet
		2	9997. Refused
		1,034	9999. DK level
		39,785	Blank. No/Unknown if ever heard of radon or household not tested
429	8b	[AB4PICO]	ABOVE OR BELOW 4 PICOCURIES/LITER
		42	1. Above 4
		345	2. At or below 4
		0	7. Refused
		649	9. DK
		40,068	Blank. No/Unknown if ever heard of radon, or household not tested, or testing results not yet available or exact radon level known
430	9	[HOWHARM]	HOW HARMFUL IS RADON LEVEL
		420	1. Not harmful
		86	2. Somewhat harmful
		22	3. Very harmful
		0	7. Refused
		84	9. Unknown
		40,492	Blank. No/Unknown if heard of radon, or household not tested, or radon level not known
431	10	[TYPERES]	RESIDENCE TYPE
		28,778	1. Single home
		6,972	2. Basement, 1st or 2nd floor apartment or condominium
		2,291	3. Apartment or condo above 2nd floor
		2,378	4. Trailer/Mobile home
		1	7. Refused
		515	8. Other - Specify
		169	9. Unknown

HP-38

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
SECTION U - CARDIOVASCULAR DISEASE			
432-438	1		THINGS WHICH MAY AFFECT CHANCE OF GETTING HEART DISEASE
432	1a	[CIGSMOKE] 29,451 7,994 995 489 3 2,172	A. CIGARETTE SMOKING 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused 9. Unknown/no opinion
433	1b	[BLDPRES] 26,645 9,866 1,109 493 3 2,988	B. HIGH BLOOD PRESSURE 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused 9. Unknown/no opinion

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
432-438	1		THINGS WHICH MAY AFFECT CHANCE OF GETTING HEART DISEASE (CONTINUED)
434	1c	[DIAB] 13,759 11,207 3,661 1,775 4 10,698	C. DIABETES 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused 9. Unknown/no opinion
435	1d	[OVERWT] 30,052 8,337 626 410 3 1,676	D. BEING VERY OVERWEIGHT 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused 9. Unknown/no opinion
436	1e	[ANIMFAT] 25,692 10,741 969 503 3 3,196	E. EATING A DIET HIGH IN ANIMAL FAT 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused 9. Unknown/no opinion
437	1f	[FAMHIS] 24,117 11,586 1,407 1,065 4 2,925	F. FAMILY HISTORY OF HEART DISEASE 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused 9. Unknown/no opinion
438	1g	[CHOLEST] 26,409 10,253 794 520 3 3,125	G. HIGH CHOLESTEROL 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused 9. Unknown/no opinion

HP-40

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
439	2	[STRKCOND] 2,388 29,788 6,192 4 2,732	CONDITION WHICH MOST INCREASES A PERSON'S CHANCE OF HAVING A STROKE 1. Diabetes 2. High blood pressure 3. High cholesterol 7. Refused 9. Unknown
440-442	3		HOW STRONGLY ARE THE FOLLOWING CONDITIONS ASSOCIATED WITH HIGH BLOOD PRESSURE
440	3a	[SODIUM] 29,017 8,931 841 4 2,311	A. SODIUM OR SALT 1. Strongly associated 2. Somewhat associated 3. Probably not at all associated 7. Refused 9. Unknown/no opinion
441	3b	[ALCOHOL] 16,207 14,911 3,659 4 6,323	B. ALCOHOL 1. Strongly associated 2. Somewhat associated 3. Probably not at all associated 7. Refused 9. Unknown/no opinion
442	3c	[CHOL] 21,594 12,278 2,055 4 5,173	C. CHOLESTEROL 1. Strongly associated 2. Somewhat associated 3. Probably not at all associated 7. Refused 9. Unknown/no opinion

HP-41

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
443	4	[HYPERT] 9,565 30,789 410 3 337	EVER TOLD BY MD YOU HAD HYPERTENSION 1. Yes 2. No 3. Only during pregnancy 7. Refused 9. Unknown
444	5	[BLDPRES2] 7,214 2,300 0 51 31,539	TOLD TWO OR MORE DIFFERENT TIMES YOU HAD HIGH BLOOD PRESSURE 1. Yes 2. No 7. Refused 9. Unknown Blank. NA/never told or DK, Ref., had high blood pressure, or only during pregnancy
445	6	[BLDPRSMD] 5,356 4,191 0 18 31,539	NOW TAKING MEDICINE PRESCRIBED BY MD FOR HIGH BLOOD PRESSURE 1. Yes 2. No 7. Refused 9. Unknown Blank. NA/never told or DK, Ref., had high blood pressure, or only during pregnancy

HP-42

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
446	7a	[DRMED] 1,666 2,525 0 18 36,895	DID AN MD EVER PRESCRIBE MEDICINE FOR YOUR HIGH BLOOD PRESSURE (No in Q6) 1. Yes 2. No 7. Refused 9. Unknown Blank. NA/never told or DK, Ref., had high blood pressure, or only during pregnancy; now taking medicine
447	7b	[DRSTMED] 1,033 623 0 10 39,438	DID AN MD EVER ADVISE YOU TO STOP TAKING BLOOD PRESSURE MEDICINE? (Yes in Q7a) 1. Yes 2. No 7. Refused 9. Unknown Blank. NA
448	8a	[DRWTLOSS] 4,296 5,255 2 12 31,539	BECAUSE OF HIGH BLOOD PRESSURE, HAS A DOCTOR EVER ADVISED YOU TO DIET TO LOSE WEIGHT 1. Yes 2. No 7. Refused 9. Unknown Blank. NA/never told or DK, Ref., had high blood pressure, or only during pregnancy

HP-43

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
449	9a	[FADWTLS]	HAVE YOU EVER FOLLOWED THIS ADVICE TO DIET TO LOSE WEIGHT
		3,777	1. Yes
		518	2. No
		0	7. Refused
		1	9. Unknown
		36,808	Blank. NA/never told or DK, Ref., had high blood pressure, or only during pregnancy, or never told to diet to lose weight
450	10a	[NFADWTLS]	NOW FOLLOWING ADVICE TO DIET TO LOSE WEIGHT
		2,891	1. Yes
		886	2. No
		0	7. Refused
		0	9. Unknown
		37,327	Blank. NA/never told or DK, Ref., had high blood pressure, or only during pregnancy, or never told to diet to lose weight, or never followed advice to diet
451	8b	[DADLSLT]	BECAUSE OF HIGH BLOOD PRESSURE, HAS A DOCTOR EVER ADVISED YOU TO CUT DOWN ON SALT IN YOUR DIET?
		6,521	1. Yes
		3,022	2. No
		2	7. Refused
		20	9. Unknown
		31,539	Blank. NA/never told or DK, Ref., had high blood pressure, or only during pregnancy

HP-44

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
452	9b	[FALSLT]	HAVE YOU EVER FOLLOWED THIS ADVICE TO CUT DOWN ON SALT IN YOUR DIET?
		6,163	1. Yes
		350	2. No
		0	7. Refused
		8	9. Unknown
		34,583	Blank. NA/never told or DK, Ref., had high blood pressure, or only during pregnancy, or never advised to cut down on salt
453	10b	[NFADLSLT]	NOW FOLLOWING ADVICE TO CUT DOWN ON SALT IN YOUR DIET
		5,822	1. Yes
		341	2. No
		0	7. Refused
		0	9. Unknown
		34,941	Blank. NA/never told or DK, Ref., had high blood pressure, or only during pregnancy, or never advised to cut down on salt, or never followed advice to cut down on salt
454	8c	[DADEX]	BECAUSE OF HIGH BLOOD PRESSURE, HAS A DOCTOR EVER ADVISED YOU TO EXERCISE?
		4,503	1. Yes
		5,030	2. No
		2	7. Refused
		30	9. Unknown
		31,539	Blank. NA/never told or DK, Ref., had high blood pressure, or only during pregnancy

HP-45

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
455	9c	[FADEX]	HAVE YOU EVER FOLLOWED THIS ADVICE TO EXERCISE
		3,808	1. Yes
		692	2. No
		0	7. Refused
		3	9. Unknown
		36,601	Blank. NA/never told or DK, Ref., had high blood pressure, or only during pregnancy, or never/unknown/refused advised to exercise
456	10c	[NFADEX]	NOW FOLLOWING ADVICE TO EXERCISE
		3,076	1. Yes
		728	2. No
		0	7. Refused
		4	9. Unknown
		37,296	Blank. NA/never told or DK, Ref., had high blood pressure, or only during pregnancy, or never advised to exercise, or never/unknown if followed advice to exercise
457	8d	[DADLALC]	BECAUSE OF HIGH BLOOD PRESSURE, HAS A DOCTOR EVER ADVISED YOU TO CUT DOWN ON ALCOHOL USE?
		1,593	1. Yes
		7,948	2. No
		2	7. Refused
		22	9. Unknown
		31,539	Blank. NA/never told or DK, Ref., had high blood pressure, or only during pregnancy

HP-46

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
458	9d	[FADLALC]	HAVE YOU EVER FOLLOWED THIS ADVICE TO CUT DOWN ON ALCOHOL USE?
		1,407	1. Yes
		185	2. No
		0	7. Refused
		1	9. Unknown
		39,511	Blank. NA/never told or DK, Ref., had high blood pressure, or only during pregnancy, or never told to cut down on alcohol use
459	10d	[NFADLALC]	NOW FOLLOWING ADVICE TO CUT DOWN ON ALCOHOL USE?
		1,330	1. Yes
		76	2. No
		0	7. Refused
		1	9. Unknown
		39,697	Blank. NA/never told or DK, Ref., had high blood pressure, or only during pregnancy, or never told to cut down on alcohol use, or never/unknown followed advice to cut down on alcohol use
460	11a	[STBLDPR]	STILL HAVE HIGH BLOOD PRESSURE
		4,481	1. Yes
		4,501	2. No
		0	7. Refused
		583	9. Unknown
		31,539	Blank. NA/never told or DK, Ref., had high blood pressure, or only during pregnancy

HP-47

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
461	11b	[CONDCON] 1,215 3,237 0 632 36,020	CONDITION IS COMPLETELY CURED OR UNDER CONTROL 1. Cured 2. Under control 7. Refused 9. Unknown Blank. NA/never told or DK, Ref., had high blood pressure, or only during pregnancy, or still have high blood pressure
462-464	12a		HOW LONG SINCE LAST BLOOD PRESSURE MEASUREMENT BY DOCTOR
462-463	12a	[BLPRTM] 93 39,640 1,371	NUMBER OF TIME UNITS SINCE BLOOD PRESSURE TAKEN 00. Less than 1 day 01-98. Number 99. Never, unknown, or refused
464	12a	[BLPRTMU] 93 2,303 6,843 21,855 8,639 135 18 1,218	TIME UNITS SINCE BLOOD PRESSURE TAKEN 0. Less than 1 day 1. Days 2. Weeks 3. Months 4. Years 6. Never 7. Refused 9. Unknown
465-468	Recode	[LEBLPRDR] 8,592 31,141 135 18 1,218	LENGTH OF TIME SINCE LAST BLOOD PRESSURE MEASUREMENT BY A DOCTOR 0000. Less than 1 month 0001-1182. Number of months 9996. Never 9997. Refused 9999. Unknown

HP-48

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
469	Recode	[LBLPRDR]	RECODE - NUMBER OF MONTHS SINCE LAST BLOOD PRESSURE MEASUREMENT BY A DOCTOR
		8,592	0. Less than 1 month
		12,011	1. 1-3 months
		7,119	2. 4-6 months
		2,775	3. 7-12 months
		4,843	4. 13-24 months
		3,257	5. 25-60 months
		1,136	6. 61-1182 months (over 5 yrs)
		18	7. Refused
		135	8. Never
		1,218	9. Unknown
470	12b	[TOLDBLPR]	TOLD WHAT BLOOD PRESSURE WAS IN NUMBERS
		29,235	1. Yes
		8,293	2. No
		3	7. Refused
		2,202	9. Unknown
		1,371	Blank. NA/never had blood pressure taken by a doctor, or don't know if it was taken, or refused to answer if it was taken
471	12c	[HILONOR]	BLOOD PRESSURE WAS HIGH, LOW, OR NORMAL
		2,844	1. High
		3,168	2. Low
		32,356	3. Normal
		2	7. Refused
		545	8. Other specify
		818	9. Unknown
		1,371	Blank. NA/never had blood pressure taken by doctor, or don't know if it was taken, or refused to answer if it was taken
472	13	[HVDIAB]	NOW HAVE DIABETES
		1,632	1. Yes
		38,933	2. No
		5	7. Refused
		64	8. Other
		470	9. Unknown

HP-49

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
473	14	[HHRTCOND] 3,605 37,113 4 382	HAVE HEART CONDITION 1. Yes 2. No 7. Refused 9. Unknown
474	15	[HADSTROK] 813 39,957 4 330	EVER HAD A STROKE 1. Yes 2. No 7. Refused 9. Unknown
475	16	[CHCHOLFD] 14,925 25,857 4 318	EVER MADE LASTING CHANGES IN FOOD EATEN TO LOWER BLOOD CHOLESTEROL 1. Yes 2. No 7. Refused 9. Unknown
476	17	[CHOLCHK] 21,596 18,784 5 719	EVER HAD BLOOD CHOLESTEROL CHECKED 1. Yes 2. No 7. Refused 9. Unknown
477	18	[CHOLHI] 6,790 14,728 5 73 19,508	EVER TOLD BY A DOCTOR THAT BLOOD CHOLESTEROL LEVEL WAS HIGH 1. Yes 2. No 7. Refused 9. Unknown Blank. NA/never had blood cholesterol checked, or don't know if it was checked, or refused to answer if it was checked

HP-50

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
SECTION V - STRESS			
478	1a	[STRESS2]	AMOUNT OF STRESS EXPERIENCED IN THE PAST TWO WEEKS
		9,749	1. A lot
		13,240	2. Moderate
		9,665	3. Relatively little
		7,588	4. Almost none
		386	5. DK what stress is
		7	7. Refused
		469	9. Unknown
479	1b	[STRESS12]	AMOUNT OF STRESS EXPERIENCED IN THE PAST YEAR
		11,709	1. A lot
		14,505	2. Moderate
		8,598	3. Relatively little
		5,429	4. Almost none
		7	7. Refused
		470	9. Unknown
		386	Blank. Don't know what stress is
480	2	[STREFFYR]	EFFECT OF STRESS ON HEALTH IN PAST YEAR
		4,852	1. A lot
		11,954	2. Some
		23,348	3. Hardly any/none
		7	7. Refused
		557	9. Unknown
		386	Blank. Don't know what stress is
481-482	3		THOUGHT ABOUT SEEKING HELP FOR PROBLEMS
481	3a	[FAMHELP]	HELP FROM FAMILY OR FRIENDS
		6,806	1. Yes
		33,490	2. No
		15	7. Refused
		407	9. Unknown
		386	Blank. Don't know what stress is
482	3b	[PROFHELP]	HELP FROM HELPING PROFESSIONAL
		5,246	1. Yes
		35,114	2. No
		15	7. Refused
		343	9. Unknown
		386	Blank. Don't know what stress is

HP-51

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
483	4a	[ACTUHELP] 5,559 2,455 15 352 32,723	ACTUALLY SOUGHT HELP 1. Yes 2. No 7. Refused 9. Unknown Blank. Don't know what stress is or did not think about seeking help in past year
484-497	4b,d		WHO SOUGHT HELP FROM
484	4b,d	[HELFRREL] 1,532 918 157 2,948 1 3 35,545	HELP FROM FAMILY MEMBER, RELATIVE 1. A lot 2. Some 3. Hardly any/none 4. Help from family member not mentioned 7. Refused 9. Unknown Blank. Don't know what stress is or did not think about seeking help in past year
485	4b,d	[HFFR] 880 654 91 3,934 0 0 35,545	HELP FROM FRIEND/NEIGHBOR/PEER 1. A lot 2. Some 3. Hardly any/none 4. Help from friend, neighbor, peer not mentioned 7. Refused 9. Unknown Blank. Don't know what stress is or did not think about seeking help in past year
486	4b,d	[DRHELP] 495 377 117 4,569 0 1 35,545	HELP FROM MEDICAL DOCTOR 1. A lot 2. Some 3. Hardly any/none 4. Help from medical doctor not mentioned 7. Refused 9. Unknown Blank. Don't know what stress is or did not think about seeking help in past year

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
484-497	4b,d		WHO SOUGHT HELP FROM (Continued)
487	4b,d	[PSYCOHLP]	HELP FROM PSYCHOLOGIST
		449	1. A lot
		334	2. Some
		133	3. Hardly any/none
		4,641	4. Help from psychologist not mentioned
		0	7. Refused
		2	9. Unknown
		35,545	Blank. Don't know what stress is or did not think about seeking help in past year
488	4b,d	[PSYCIHLP]	HELP FROM PSYCHIATRIST
		306	1. A lot
		235	2. Some
		113	3. Hardly any/none
		4,903	4. Help from psychiatrist not mentioned
		0	7. Refused
		2	9. Unknown
		35,545	Blank. Don't know what stress is or did not think about seeking help in past year
489	4b,d	[SWHELP]	HELP FROM SOCIAL WORKER
		143	1. A lot
		110	2. Some
		35	3. Hardly any/none
		5,270	4. Help from social worker not mentioned
		0	7. Refused
		1	9. Unknown
		35,545	Blank. Don't know what stress is or did not think about seeking help in past year
490	4b,d	[OMENPHLP]	HELP FROM OTHER MENTAL HEALTH PROFESSIONAL
		227	1. A lot
		173	2. Some
		67	3. Hardly any/none
		5,090	4. Help from any other mental health professional not mentioned
		0	7. Refused
		2	9. Unknown
		35,545	Blank. Don't know what stress is or did not think about seeking help in

past year

HP-53

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
484-497	4b,d		WHO SOUGHT HELP FROM (Continued)
491	4b,d	[RELIGHLP]	HELP FROM RELIGIOUS COUNSELOR
		275	1. A lot
		157	2. Some
		37	3. Hardly any/none
		5,089	4. Help from religious counselor, not mentioned
		0	7. Refused
		1	9. Unknown
		35,545	Blank. Don't know what stress is or did not think about seeking help in past year
492	4b,d	[AAHELP]	HELP FROM ALCOHOLICS ANONYMOUS
		162	1. A lot
		55	2. Some
		14	3. Hardly any/none
		5,328	4. Help from Alcoholics Anonymous, Alanon, Alateen not mentioned
		0	7. Refused
		0	9. Unknown
		35,545	Blank. Don't know what stress is or did not think about seeking help in past year
493	4b,d	[NIMIHELP]	HELP FROM NATIONAL ALLIANCE FOR THE MENTALLY ILL
		0	1. A lot
		0	2. Some
		2	3. Hardly any/none
		5,557	4. Help from National Alliance for the Mentally Ill not mentioned
		0	7. Refused
		0	9. Unknown
		35,545	Blank. Don't know what stress is or did not think about seeking help in past year

HP-54

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
484-497	4b,d		WHO SOUGHT HELP FROM (Continued)
494	4b,d	[OHLGRP]	HELP FROM OTHER SELF-HELP GROUP
		225	1. A lot
		140	2. Some
		58	3. Hardly any/none
		5,136	4. Help from other self-help group not mentioned
		0	7. Refused
		0	9. Unknown
		35,545	Blank. Don't know what stress is or did not think about seeking help in past year
495	4b,d	[WKHELP]	HELP FROM COUNSELOR OR GROUP AT WORK
		34	1. A lot
		34	2. Some
		10	3. Hardly any/none
		5,481	4. Help from counselor or group at work not mentioned
		0	7. Refused
		0	9. Unknown
		35,545	Blank. Don't know what stress is or did not think about seeking help in past year
496	4b,d	[OSHLP]	HELP FROM OTHER SOURCE
		149	1. A lot
		83	2. Some
		33	3. Hardly any/none
		5,293	4. Help not mentioned from any other source
		0	7. Refused
		1	9. Unknown
		35,545	Blank. Don't know what stress is or did not think about seeking help in past year
497	4b,d	[DKR]	DK OR REFUSED
		5,545	4. Help was sought from at least one source
		6	7. Refused entire question
		8	9. Unknown (entire question)
		35,545	Blank. Don't know what stress is or did not think about seeking help in past year

HP-55

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
498	5	[STRSCON]	OTHER STEPS TAKEN TO CONTROL STRESS
		14,768	1. Yes
		25,558	2. No
		9	7. Refused
		383	9. Unknown
		386	Blank. Don't know what stress is

HP-56

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
SECTION W - EXERCISE			
499	Check Item W1	[HANDICAP] 1,197 39,553 354	HANDICAP STATUS* 1. SP is physically handicapped 8. Other 9. Unknown
500	1a	[EXER2] 301 892 0 4 39,907	DONE ANY EXERCISE PAST 2 WEEKS 1. Yes 2. No 7. Refused 9. Unknown Blank. Not applicable. SP is not physically handicapped
501	2a(1)	[WALK] 18,309 21,419 1,020 4 352	WALKING FOR EXERCISE 1. Yes 2. No 3. Not asked (handicap) 7. Refused 9. Unknown
502-503	2b(1)	[NUMWALK] 18,109 6 1 193 22,795	NUMBER OF TIMES WALKING 01-95. 1-95 times 96. 96+ times 97. Refused 99. Unknown Blank. Did not walk, unknown if walked
504-506	2c(1)	[MINWALK] 18,114 13 3 179 22,795	AVERAGE NUMBER OF MINUTES SPENT PER WALK 001-995. 1-995 minutes 996. 996+ minutes 997. Refused 999. Unknown Blank. Did not walk, unknown if walked

*Physically handicapped persons were not asked Q.2 regarding specific types of exercise but if they indicated that they had exercised (Q.1a), the specific types of exercise were recorded in Q.2. Therefore, the number of persons classified as 'Not asked (handicap)' varies in Q.2, depending on the number of handicapped people who volunteered that they did that type of exercise.

HP-57

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
507	2d(1)	[HRINCWLK]	INCREASE IN HEART RATE WHEN WALKING
		5,809	1. Small
		6,296	2. Moderate
		931	3. Large
		5,076	4. None
		0	7. Refused
		197	9. Unknown
		22,795	Blank. Did not walk, unknown if walked
508	2a(2)	[JOGRUN]	JOGGING OR RUNNING
		3,244	1. Yes
		33,342	2. No
		1,195	3. Not asked (handicap)
		2,969	4. Not asked (age)
		4	7. Refused
		350	9. Unknown
509-510	2b(2)	[NJOG]	NUMBER OF TIMES WENT JOGGING
		3,223	01-95. 1-95 times
		0	96. 96+ times
		2	97. Refused
		19	99. Unknown
		37,860	Blank. Did not jog, unknown if jogged
511-513	2c(2)	[MINJOG]	AVERAGE NUMBER OF MINUTES WENT JOGGING
		3,221	001-995. 1-995 minutes
		0	996. 996+ minutes
		1	997. Refused
		22	999. Unknown
		37,860	Blank. Did not jog, unknown if jogged
514	2d(2)	[HRINCJOG]	INCREASE IN HEART RATE WHEN JOGGING
		364	1. Small
		1,587	2. Moderate
		1,139	3. Large
		130	4. None
		2	7. Refused
		22	9. Unknown
		37,860	Blank. Did not jog, unknown if jogged

HP-58

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
515	2a(3)	[HIKE] 1,496 35,086 1,194 2,975 3 350	HIKING FOR EXERCISE 1. Yes 2. No 3. Not asked (handicap) 4. Not asked (age) 7. Refused 9. Unknown
516-517	2b(3)	[NHIKE] 1,489 1 1 5 39,608	NUMBER OF TIMES WENT HIKING 01-95. 1-95 times 96. 96+ times 97. Refused 99. Unknown Blank. Did not hike, unknown if hiked
518-520	2c(3)	[MINHIKE] 1,483 5 0 8 39,608	AVERAGE NUMBER OF MINUTES SPENT HIKING 001-995. 1-995 minutes 996. 996+ minutes 997. Refused 999. Unknown Blank. Did not hike, unknown if hiked
521	2d(3)	[HRINCHIK] 415 663 222 184 1 11 39,608	INCREASE IN HEART RATE WHEN HIKING 1. Small 2. Moderate 3. Large 4. None 7. Refused 9. Unknown Blank. Did not hike, unknown if hiked
522	2a(4)	[GARD] 10,671 26,189 1,153 2,738 3 350	GARDENING OR YARD WORK FOR EXERCISE 1. Yes 2. No 3. Not asked (handicap) 4. Not asked (age) 7. Refused 9. Unknown

HP-59

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
523-524	2b(4)	[NGARD] 10,635 1 0 35 30,433	NUMBER OF TIMES DID GARDENING 01-95. 1-95 times 96. 96+ times 97. Refused 99. Unknown Blank. Did not do gardening, unknown if did gardening
525-527	2c(4)	[MINGARD] 10,583 18 0 70 30,433	AVERAGE NUMBER OF MINUTES GARDENING 001-995. 1-995 minutes 996. 996+ minutes 997. Refused 999. Unknown Blank. Did not do gardening, unknown if did gardening
528	2d(4)	[HRINC GAR] 3,318 2,513 390 4,357 0 93 30,433	INCREASE IN HEART RATE WHEN GARDENING 1. Small 2. Moderate 3. Large 4. None 7. Refused 9. Unknown Blank. Did not do gardening, unknown if did gardening
529	2a(5)	[AERO] 2,902 33,697 1,192 2,956 4 353	AEROBICS OR AEROBIC DANCING 1. Yes 2. No 3. Not asked (handicap) 4. Not asked (age) 7. Refused 9. Unknown
530-531	2b(5)	[NAERO] 2,893 0 0 9 38,202	NUMBER OF TIMES DID AEROBICS 01-95. 1-95 times 96. 96+ times 97. Refused 99. Unknown Blank. Did not do aerobics, unknown if did aerobics

HP-60

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
532-534	2c(5)	[MINAERO]	AVERAGE NUMBER OF MINUTES DID AEROBICS
		2,892	001-995. 1-995 minutes
		1	996. 996+ minutes
		0	997. Refused
		9	999. Unknown
		38,202	Blank. Did not do aerobics, unknown if did aerobics
535	2d(5)	[HRINCAER]	INCREASE IN HEART RATE WHEN DOING AEROBICS
		302	1. Small
		1,342	2. Moderate
		1,140	3. Large
		99	4. None
		0	7. Refused
		19	9. Unknown
		38,202	Blank. Did not do aerobics, unknown if did aerobics
536	2a(6)	[DANCE]	OTHER DANCING
		3,295	1. Yes
		33,316	2. No
		1,190	3. Not asked (handicap)
		2,949	4. Not asked (age)
		3	7. Refused
		351	9. Unknown
537-538	2b(6)	[NDANCE]	NUMBER OF TIMES WENT DANCING
		3,277	01-95. 1-95 times
		1	96. 96+ times
		0	97. Refused
		17	99. Unknown
		37,809	Blank. Did not dance, unknown if danced
539-541	2c(6)	[MINDANCE]	AVERAGE NUMBER OF MINUTES DANCING
		3,255	001-995. 1-995 minutes
		2	996. 996+ minutes
		0	997. Refused
		38	999. Unknown
		37,809	Blank. Did not dance, unknown if danced

HP-61

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
542	2d(6)	[HRINCDAN]	INCREASE IN HEART RATE WHEN DANCING
		835	1. Small
		1,330	2. Moderate
		536	3. Large
		566	4. None
		0	7. Refused
		28	9. Unknown
		37,809	Blank. Did not dance, unknown if danced
543	2a(7)	[CALIST]	CALISTHENICS OR GENERAL EXERCISE
		7,425	1. Yes
		29,409	2. No
		1,138	3. Not asked (handicap)
		2,778	4. Not asked (age)
		3	7. Refused
		351	9. Unknown
544-545	2b(7)	[NCALIST]	NUMBER OF TIMES DID CALISTHENICS
		7,391	01-95. 1-95 times
		0	96. 96+ times
		3	97. Refused
		31	99. Unknown
		33,679	Blank. Did not do calisthenics, unknown if did calisthenics
546-548	2c(7)	[MINCALIS]	AVERAGE NUMBER OF MINUTES DID CALISTHENICS
		7,397	001-995. 1-995 minutes
		1	996. 996+ minutes
		1	997. Refused
		26	999. Unknown
		33,679	Blank. Did not do calisthenics, unknown if did calisthenics
549	2d(7)	[HRINCCAL]	INCREASE IN HEART RATE WHEN DOING CALISTHENICS
		1,970	1. Small
		3,484	2. Moderate
		954	3. Large
		965	4. None
		2	7. Refused
		50	9. Unknown
		33,679	Blank. Did not do calisthenics, unknown if did calisthenics

HP-62

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
550	2a(8)	[GOLF] 1,688 34,941 1,192 2,929 3 351	GOLF 1. Yes 2. No 3. Not asked (handicap) 4. Not asked (age) 7. Refused 9. Unknown
551-552	2b(8)	[NGOLF] 1,684 0 1 3 39,416	NUMBER OF TIMES PLAYED GOLF 01-95. 1-95 times 96. 96+ times 97. Refused 99. Unknown Blank. Did not golf, unknown if golfed
553-555	2c(8)	[MINGOLF] 1,682 4 0 2 39,416	AVERAGE NUMBER OF MINUTES PLAYED GOLF 001-995. 1-995 minutes 996. 996+ minutes 997. Refused 999. Unknown Blank. Did not golf, unknown if golfed
556	2d(8)	[HRINCGLF] 566 249 15 845 1 12 39,416	INCREASE IN HEART RATE WHEN PLAYING GOLF 1. Small 2. Moderate 3. Large 4. None 7. Refused 9. Unknown Blank. Did not golf, unknown if golfed
557	2a(9)	[TENNIS] 1,010 35,571 1,195 2,974 3 351	TENNIS 1. Yes 2. No 3. Not asked (handicap) 4. Not asked (age) 7. Refused 9. Unknown

HP-63

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
558-559	2b(9)	[NTENNIS]	NUMBER OF TIMES PLAYED TENNIS
		1,006	01-95. 1-95 times
		0	96. 96+ times
		0	97. Refused
		4	99. Unknown
		40,094	Blank. Did not play tennis, unknown if played tennis
560-562	2c(9)	[MINTEN]	AVERAGE NUMBER OF MINUTES PLAYED TENNIS
		1,004	001-995. 1-995 minutes
		0	996. 996+ minutes
		0	997. Refused
		6	999. Unknown
		40,094	Blank. Did not play tennis, unknown if played tennis
563	2d(9)	[HRINCTEN]	INCREASE IN HEART RATE PLAYING TENNIS
		180	1. Small
		515	2. Moderate
		262	3. Large
		43	4. None
		0	7. Refused
		10	9. Unknown
		40,094	Blank. Did not play tennis, unknown if played tennis
564	2a(10)	[BOWL]	BOWLING
		1,771	1. Yes
		34,843	2. No
		1,195	3. Not asked (handicap)
		2,941	4. Not asked (age)
		3	7. Refused
		351	9. Unknown
565-566	2b(10)	[NBOWL]	NUMBER OF TIMES WENT BOWLING
		1,762	01-95. 1-95 times
		0	96. 96+ times
		0	97. Refused
		9	99. Unknown
		39,333	Blank. Did not bowl, unknown if bowled

HP-64

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
567-569	2c(10)	[MINBOWL]	AVERAGE NUMBER OF MINUTES BOWLING
		1,751	001-995. 1-995 minutes
		2	996. 996+ minutes
		0	997. Refused
		18	999. Unknown
		39,333	Blank. Did not bowl unknown if bowled
570	2d(10)	[HRINCBWL]	INCREASE IN HEART RATE WHEN BOWLING
		495	1. Small
		227	2. Moderate
		19	3. Large
		1,016	4. None
		0	7. Refused
		14	9. Unknown
		39,333	Blank. Did not bowl, unknown if bowled
571	2a(11)	[BIKE]	BIKING
		4,500	1. Yes
		32,206	2. No
		1,171	3. Not asked (handicap)
		2,873	4. Not asked (age)
		3	7. Refused
		351	9. Unknown
572-573	2b(11)	[NBIKE]	NUMBER OF TIMES WENT BIKING
		4,482	01-95. 1-95 times
		0	96. 96+ times
		1	97. Refused
		17	99. Unknown
		39,604	Blank. Did not bike, unknown if biked
574-576	2c(11)	[MINBIKE]	AVERAGE NUMBER OF MINUTES SPENT BIKING
		4,481	001-995. 1-995 minutes
		0	996. 996+ minutes
		0	997. Refused
		19	999. Unknown
		36,604	Blank. Did not bike, unknown if biked

HP-65

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
577	2d(11)	[HRINCBIK]	INCREASE IN HEART RATE WHEN BIKING
		959	1. Small
		2,080	2. Moderate
		851	3. Large
		578	4. None
		0	7. Refused
		32	9. Unknown
		36,604	Blank. Did not bike, unknown if biked
578	2a(12)	[SWIM]	SWIMMING OR WATER EXERCISES
		3,407	1. Yes
		33,218	2. No
		1,184	3. Not asked (handicap)
		2,941	4. Not asked (age)
		3	7. Refused
		351	9. Unknown
579-580	2b(12)	[NSWIM]	NUMBER OF TIMES WENT SWIMMING
		3,393	01-95. 1-95 times
		0	96. 96+ times
		1	97. Refused
		13	99. Unknown
		37,697	Blank. Did not swim, unknown if swam
581-583	2c(12)	[MINSWIM]	AVERAGE NUMBER OF MINUTES PER SWIM
		3,390	001-995. 1-995 minutes
		2	996. 996+ minutes
		0	997. Refused
		15	999. Unknown
		37,697	Blank. Did not swim, unknown if swam
584	2d(12)	[HRINCSWM]	INCREASE IN HEART RATE WHEN SWIMMING
		851	1. Small
		1,456	2. Moderate
		388	3. Large
		684	4. None
		1	7. Refused
		27	9. Unknown
		37,697	Blank. Did not swim, unknown if swam

HP-66

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
585	2a(13)	[YOGA] 331 36,247 1,196 2,974 3 353	YOGA FOR EXERCISE 1. Yes 2. No 3. Not asked (handicap) 4. Not asked (age) 7. Refused 9. Unknown
586-587	2b(13)	[NYOGA] 328 0 0 3 40,773	NUMBER OF TIMES DID YOGA 01-95. 1-95 times 96. 96+ times 97. Refused 99. Unknown Blank. Did not do yoga, unknown if did yoga
588-590	2c(13)	[MINIYOGA] 329 0 0 2 40,773	AVERAGE NUMBER OF MINUTES DID YOGA 001-995. 1-995 minutes 996. 996+ minutes 997. Refused 999. Unknown Blank. Did not do yoga, unknown if did yoga
591	2d(13)	[HRINCYOG] 100 51 6 172 0 2 40,773	INCREASE IN HEART RATE WHEN DOING YOGA 1. Small 2. Moderate 3. Large 4. None 7. Refused 9. Unknown Blank. Did not do yoga, unknown if did yoga

HP-67

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
592	2a(14)	[WTLIFT]	WEIGHT LIFTING OR TRAINING
		3,479	1. Yes
		28,772	2. No
		1,186	3. Not asked (handicap)
		7,317	4. Not asked (age)
		3	7. Refused
		347	9. Unknown
593-594	2b(14)	[NWTLIFT]	NUMBER OF TIMES LIFTED WEIGHTS
		3,463	01-95. 1-95 times
		0	96. 96+ times
		0	97. Refused
		16	99. Unknown
		37,625	Blank. Did not lift weights, unknown if lifted weights
595-597	2c(14)	[MINWTLFT]	AVERAGE NUMBER OF MINUTES LIFTED WEIGHTS
		3,458	001-995. 1-995 minutes
		1	996. 996+ minutes
		0	997. Refused
		20	999. Unknown
		37,625	Blank. Did not lift weights, unknown if lifted weights
598	2d(14)	[HRINCWTL]	INCREASE IN HEART RATE WHEN WEIGHT LIFTING
		849	1. Small
		1,724	2. Moderate
		624	3. Large
		266	4. None
		0	7. Refused
		16	9. Unknown
		37,625	Blank. Did not lift weights, unknown if lifted weights
599	2a(15)	[BASKB]	BASKETBALL
		1,977	1. Yes
		30,228	2. No
		1,195	3. Not asked (handicap)
		7,354	4. Not asked (age)
		3	7. Refused
		347	9. Unknown

HP-68

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
600-601	2b(15)	[NBASKB]	NUMBER OF TIMES PLAYED BASKETBALL
		1,972	01-95. 1-95 times
		0	96. 96+ times
		1	97. Refused
		4	99. Unknown
		39,127	Blank. Did not play basketball, unknown if played basketball
602-604	2c(15)	[MINBASKB]	AVERAGE NUMBER OF MINUTES PLAYED BASKETBALL
		1,972	001-995. 1-995 minutes
		0	996. 996+ minutes
		1	997. Refused
		4	999. Unknown
		39,127	Blank. Did not play basketball, unknown if played basketball
605	2d(15)	[HRINBASB]	INCREASE IN HEART RATE WHEN PLAYING BASKETBALL
		273	1. Small
		771	2. Moderate
		804	3. Large
		118	4. None
		0	7. Refused
		11	9. Unknown
		39,127	Blank. Did not play basketball, unknown if played basketball
606	2a(16)	[BBSB]	BASEBALL OR SOFTBALL
		1,277	1. Yes
		30,931	2. No
		1,194	3. Not asked (handicap)
		7,352	4. Not asked (age)
		3	7. Refused
		347	9. Unknown
607-608	2b(16)	[NBBSB]	NUMBER OF TIMES PLAYED BASEBALL
		1,271	01-95. 1-95 times
		0	96. 96+ times
		1	97. Refused
		5	99. Unknown
		39,827	Blank. Did not play baseball, unknown if played baseball

HP-69

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
609-611	2c(16)	[MINBBSB] 1,272 0 1 4 39,827	AVERAGE NUMBER OF MINUTES PLAYED BASEBALL 001-995. 1-995 minutes 996. 996+ minutes 997. Refused 999. Unknown Blank. Did not play baseball, unknown if played baseball
612	2d(16)	[HRINBBSB] 378 518 156 216 0 9 39,827	INCREASE IN HEART RATE WHEN PLAYING BASEBALL 1. Small 2. Moderate 3. Large 4. None 7. Refused 9. Unknown Blank. Did not play baseball, unknown if played baseball
613	2a(17)	[FTBALL] 504 31,698 1,197 7,355 3 347	FOOTBALL 1. Yes 2. No 3. Not asked (handicap) 4. Not asked (age) 7. Refused 9. Unknown
614-615	2b(17)	[NFTBALL] 499 0 0 5 40,600	NUMBER OF TIMES PLAYED FOOTBALL 01-95. 1-95 times 96. 96+ times 97. Refused 99. Unknown Blank. Did not play football, unknown if played football
616-618	2c(17)	[MINFTBAL] 498 1 0 5 40,600	AVERAGE NUMBER OF MINUTES FOR FOOTBALL 001-995. 1-995 minutes 996. 996+ minutes 997. Refused 999. Unknown Blank. Did not play football, unknown if played football

HP-70

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
619	2d(17)	[HRINF TBL]	INCREASE IN HEART RATE WHEN PLAYING FOOTBALL
		92	1. Small
		208	2. Moderate
		151	3. Large
		48	4. None
		0	7. Refused
		5	9. Unknown
		40,600	Blank. Did not play football, unknown if played football
620	2a(18)	[SOCCOR]	SOCCER
		315	1. Yes
		31,886	2. No
		1,196	3. Not asked (handicap)
		7,357	4. Not asked (age)
		3	7. Refused
		347	9. Unknown
621-622	2b(18)	[NSOCCOR]	NUMBER OF TIMES PLAYED SOCCER
		314	01-95. 1-95 times
		0	96. 96+ times
		0	97. Refused
		1	99. Unknown
		40,789	Blank. Did not play soccer, unknown if played soccer
623-625	2c(18)	[MINSOC]	AVERAGE NUMBER OF MINUTES FOR SOCCER
		313	001-995. 1-995 minutes
		0	996. 996+ minutes
		0	997. Refused
		2	999. Unknown
		40,789	Blank. Did not play soccer, unknown if played soccer
626	2d(18)	[HRINCSOC]	INCREASE IN HEART RATE WHEN PLAYING SOCCER
		48	1. Small
		131	2. Moderate
		113	3. Large
		17	4. None
		0	7. Refused
		6	9. Unknown
		40,789	Blank. Did not play soccer, unknown if played soccer

HP-71

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
627	2a(19)	[VOLB]	VOLLEYBALL
		961	1. Yes
		31,243	2. No
		1,196	3. Not asked (handicap)
		7,354	4. Not asked (age)
		3	7. Refused
		347	9. Unknown
628-629	2b(19)	[NVOLB]	NUMBER OF TIMES PLAYED VOLLEYBALL
		956	01-95. 1-95 times
		0	96. 96+ times
		0	97. Refused
		5	99. Unknown
		40,143	Blank. Did not play volleyball, unknown if played volleyball
630-632	2c(19)	[MINVOLB]	AVERAGE NUMBER OF MINUTES PLAYED VOLLEYBALL
		955	001-995. 1-995 minutes
		0	996. 996+ minutes
		0	997. Refused
		6	999. Unknown
		40,143	Blank. Did not play volleyball, unknown if played volleyball
633	2d(19)	[HRINVOLB]	INCREASE IN HEART RATE WHEN PLAYING VOLLEYBALL
		246	1. Small
		451	2. Moderate
		152	3. Large
		107	4. None
		0	7. Refused
		5	9. Unknown
		40,143	Blank. Did not play volleyball, unknown if played volleyball
634	2a(20)	[HBRB]	HANDBALL, RACQUETBALL, OR SQUASH
		655	1. Yes
		31,549	2. No
		1,197	3. Not asked (handicap)
		7,353	4. Not asked (age)
		3	7. Refused
		347	9. Unknown

HP-72

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
635-636	2b(20)	[NHBRB]	NUMBER OF TIMES PLAYED HANDBALL
		651	01-95. 1-95 times
		0	96. 96+ times
		0	97. Refused
		4	99. Unknown
		40,449	Blank. Did not play handball, unknown if played handball
637-639	2c(20)	[MINHBRB]	AVERAGE NUMBER OF MINUTES PLAYED HANDBALL
		649	001-995. 1-995 minutes
		1	996. 996+ minutes
		0	997. Refused
		5	999. Unknown
		40,449	Blank. Did not play handball, unknown if played handball
640	2d(20)	[HRINHBRB]	INCREASE IN HEART RATE WHEN PLAYING HANDBALL
		49	1. Small
		230	2. Moderate
		344	3. Large
		29	4. None
		0	7. Refused
		3	9. Unknown
		40,449	Blank. Did not pay handball, unknown if played handball
641	2a(21)	[SKATE]	SKATING
		394	1. Yes
		31,807	2. No
		1,197	3. Not asked (handicap)
		7,356	4. Not asked (age)
		3	7. Refused
		347	9. Unknown
642-643	2b(21)	[NSKATE]	NUMBER OF TIMES WENT SKATING
		392	01-95. 1-95 times
		0	96. 96+ times
		0	97. Refused
		2	99. Unknown
		40,710	Blank. Did not skate, unknown if skated

HP-73

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
644-646	2c(21)	[MINSKATE]	AVERAGE NUMBER OF MINUTES SKATED
		391	001-995. 1-995 minutes
		0	996. 996+ minutes
		0	997. Refused
		3	999. Unknown
		40,710	Blank. Did not skate, unknown if skated
647	2d(21)	[HRINSKT]	INCREASE IN HEART RATE WHEN SKATING
		107	1. Small
		138	2. Moderate
		58	3. Large
		88	4. None
		0	7. Refused
		3	9. Unknown
		40,710	Blank. Did not skate, unknown if skated
648	2a(22)	[SKI]	SKIING
		461	1. Yes
		31,742	2. No
		1,196	3. Not asked (handicap)
		7,354	4. Not asked (age)
		3	7. Refused
		348	9. Unknown
649-650	2b(22)	[NSKI]	NUMBER OF TIMES WENT SKIING
		456	01-95. 1-95 times
		0	96. 96+ times
		1	97. Refused
		4	99. Unknown
		40,643	Blank. Did not ski, unknown if skied
651-653	2c(22)	[MINSKI]	AVERAGE NUMBER OF MINUTES SKIED
		454	001-995. 1-995 minutes
		1	996. 996+ minutes
		1	997. Refused
		5	999. Unknown
		40,643	Blank. Did not ski, unknown if skied

HP-74

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
654	2d(22)	[HRINCSKI]	INCREASE IN HEART RATE WHEN SKIING
		99	1. Small
		211	2. Moderate
		91	3. Large
		53	4. None
		0	7. Refused
		7	9. Unknown
		40,643	Blank. Did not ski, unknown if skied
655	2a(23)	[OSPRT1]	OTHER SPORT 1
		2,135	1. Yes
		37,440	2. No other activity reported
		1,133	3. Not asked (handicap)
		0	7. Refused
		396	9. Unknown
656-657	2b(23)	[NOSPRT1]	NUMBER OF TIMES DID OTHER SPORT 1
		2,098	01-95. 1-95 times
		2	96. 96+ times
		1	97. Refused
		34	99. Unknown
		38,969	Blank. No other activity, unknown if other activity
658-660	2c(23)	[MINOSRT1]	AVERAGE NUMBER OF MINUTES DID OTHER SPORT 1
		2,070	001-995. 1-995 minutes
		12	996. 996+ minutes
		0	997. Refused
		53	999. Unknown
		38,969	Blank. No other activity, unknown if other activity
661	2d(23)	[HRINOST1]	INCREASE IN HEART RATE WHEN DOING OTHER SPORT 1
		461	1. Small
		641	2. Moderate
		389	3. Large
		597	4. None
		0	7. Refused
		47	9. Unknown
		38,969	Blank. No other activity, unknown if other activity

HP-75

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
662	2a(23)	[OSPRT2]	OTHER SPORT 2
		122	1. Yes
		39,393	2. No other activity reported
		1,193	3. Not asked (handicap)
		0	7. Refused
		396	9. Unknown
663-664	2b(23)	[NOSPRT2]	NUMBER OF TIMES DID OTHER SPORT 2
		117	01-95. 1-95 times
		0	96. 96+ times
		0	97. Refused
		5	99. Unknown
		40,982	Blank. No other activity, unknown if other activity
665-667	2c(23)	[MINOSPT2]	AVERAGE NUMBER OF MINUTES DID OTHER SPORT 2
		117	001-995. 1-995 minutes
		0	996. 996+ minutes
		0	997. Refused
		5	999. Unknown
		40,982	Blank. No other activity, unknown if other activity
668	2d(23)	[HRINOST2]	INCREASE IN HEART RATE WHEN DOING OTHER SPORT 2
		28	1. Small
		32	2. Moderate
		23	3. Large
		36	4. None
		0	7. Refused
		3	9. Unknown
		40,982	Blank. No other activity, unknown if other activity
669	-	[BLANK]	BLANK
670	3	[EXREG]	EXERCISE OR PLAY SPORTS REGULARLY
		16,452	1. Yes
		24,277	2. No
		3	7. Refused
		372	9. Unknown

HP-76

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
671-673	4		HOW LONG HAVE EXERCISED REGULARLY
671-672	4	[EXREGTM]	NUMBER OF TIME UNITS HAVE EXERCISED REGULARLY
		160	00. Less than 1 day
		15,900	01-98. 1-98 days, weeks, months, or years
		392	99. Unknown, refused
		24,652	Blank. Does not exercise regularly
673	4	[EXTMREG]	TIME UNITS FOR EXERCISING REGULARLY
		160	0. Less than one day
		51	1. Days
		285	2. Weeks
		2,018	3. Months
		13,546	4. Years
		15	7. Refused
		377	9. Unknown
		24,652	Blank. Does not exercise regularly
674-676	Recode 4	[EXREGMOR]	NUMBER OF MONTHS HAVE BEEN EXERCISING REGULARLY (RECODE)
		424	000. Less than 1 month
		15,623	001-995. 1-995 months
		13	996. 996 or more months
		15	997. Refused
		377	999. Unknown
		24,652	Blank. Does not exercise regularly
677-678	Recode 4	[EXREGYRR]	NUMBER OF YEARS HAVE BEEN EXERCISING REGULARLY (RECODE)
		2,332	00. Less than 1 year
		13,728	01-98. 1-98 years
		392	99. Unknown, refused
		24,652	Blank. Does not exercise regularly
679	5a	[PACTCOMP]	PHYSICAL ACTIVITY COMPARED WITH OTHER PERSONS YOUR AGE
		13,022	1. More active
		8,361	2. Less active
		18,907	3. About as active
		3	7. Refused
		200	8. Other
		611	9. Unknown

HP-77

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
680	5b	[PHYACT]	AMOUNT MORE OR LESS PHYSICALLY ACTIVE
		7,011	1. A lot more
		5,964	2. A little more
		3,064	3. A lot less
		5,251	4. A little less
		1	7. Refused
		92	9. Unknown
		19,721	Blank. No or unknown if more or less active than others
681	6a	[PHYWRKJ]	AMOUNT OF HARD PHYSICAL WORK REQUIRED ON JOB
		4,177	1. Great deal
		6,503	2. Moderate Amount
		6,996	3. A little
		7,497	4. None
		8	7. Refused
		0	8. Other
		785	9. Unknown
		15,138	Blank. Person not employed
682-683	6b	[HRSPHWKJ]	NUMBER OF HOURS PER DAY OF HARD PHYSICAL WORK ON YOUR JOB
		10,574	01-24. 1-24
		2	97. Refused
		104	99. Unknown
		30,424	Blank. Not employed or little/no/unknown/refused hard physical work required on job
684	6c	[PHYWKDA]	AMOUNT OF HARD PHYSICAL WORK REQUIRED IN MAIN DAILY ACTIVITY
		632	1. Great deal
		3,624	2. Moderate Amount
		5,117	3. A little
		5,163	4. None
		4	7. Refused
		0	8. Other
		598	9. Unknown
		25,966	Blank. Person Employed

HP-78

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
685-686	6d	[HRPHWKDA]	NUMBER OF HOURS PER DAY OF HARD PHYSICAL WORK IN MAIN DAILY ACTIVITY
		4,125	01-24. 1-24
		4	97. Refused
		127	99. Unknown
		36,848	Blank. Employed or little/no/unknown/refused hard physical work required in main daily activity
687	7a	[DAWKEXHL]	NUMBER OF DAYS A WEEK SHOULD EXERCISE TO STRENGTHEN HEART AND LUNGS
		158	0. No days
		34,800	1-7. 1-7 days
		83	8. Other
		6,063	9. Unknown or refused
688-690	7b	[MINEXHL]	NUMBER OF MINUTES EACH OCCASION TO STRENGTHEN HEART AND LUNGS
		35,456	000-995. 0-995 minutes
		5	996. 996+ minutes
		2	997. Refused
		5,483	999. Unknown
		158	Blank. No days of exercise needed to strengthen heart and lungs
691	7c	[HFEXHL]	HOW FAST TO STRENGTHEN HEART AND LUNGS
		1,524	1. No faster than usual
		19,170	2. A little faster than usual
		13,799	3. A lot faster but talking is possible
		234	4. So fast that talking is not possible
		7	7. Refused
		6,212	9. Unknown
		158	Blank. No days of exercise needed to strengthen heart and lungs

HP-79

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
SECTION X - SMOKING			
692	1	[SM100LF]	SMOKED AT LEAST 100 CIGARETTES IN ENTIRE LIFE
		20,322	1. Yes
		20,347	2. No
		3	7. Refused
		432	9. Unknown
693	2a	[SMNOW]	SMOKE CIGARETTES NOW
		10,515	1. Yes
		9,804	2. No
		0	7. Refused
		3	9. Unknown
		20,782	Blank. NA-never smoked 100 cigarettes or unknown/refused if smoked
694-696	2b		TIME SINCE LAST SMOKED REGULARLY
694-695	2b	[LASTSM]	TIME SINCE LAST SMOKED REGULARLY (former smokers)
		40	00. Less than one day
		9,267	01-95. 1-95 days, weeks, months years
		0	96. 96+ days, weeks, months or years
		497	99. Unknown, Refused, Never smoked regularly
		31,300	Blank. Not applicable
696	2b	[LSTSMTM]	TIME UNITS SINCE LAST SMOKED (former smokers)
		40	0. Less than one day
		96	1. Days
		139	2. Weeks
		913	3. Months
		8,119	4. Years
		420	6. Never smoked regularly
		16	7. Refused
		61	9. Unknown
		31,300	Blank. Not applicable

HP-80

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
697-698	Recode 2b	[LSMREGIN]	INTERVAL SINCE LAST SMOKED REGULARLY (former smokers)
		236	00. Less than 1 month
		197	01. 1-2 months
		251	02. 3-5 months
		308	03. 6-11 months
		4,954	11-24. 1-14 years
		951	25. 15-19 years
		953	26. 20-24 years
		519	27. 25-29 years
		577	28. 30-39 years
		361	29. 40+ years
		420	30. Never smoked regularly
		77	31. Unknown
		31,300	Blank. Not applicable
699	Recode 1-2	[SMSTATR]	SMOKING STATUS RECODE
		10,515	1. Current Smoker
		9,384	2. Former regular smoker
		420	3. Former occasional smoker
		20,347	4. Never smoked
		3	5. Smoker, current smoking status unknown
		435	6. Unknown smoking status
700-701	3	[NCIGDA]	AVERAGE NUMBER OF CIGARETTES PER DAY (Ever smoked regularly)
		313	00. Less than one cigarette
		19,433	01-95. 1-95 cigarettes
		0	96. 96+ per cigarettes
		4	97. Refused
		152	99. Unknown
		21,202	Blank. Not applicable
702	Recode 3	[AMTSMDA]	AMOUNT SMOKED PER DAY (Ever smoked regularly)
		313	0. Less than 1 per day
		6,798	1. 1-14 per day
		7,653	2. 15-24 per day
		4,982	3. 25+ per day
		4	7. Refused
		152	9. Unknown
		21,202	Blank. Not applicable

HP-81

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
703	4	[ATSTSM]	SERIOUS ATTEMPT TO STOP SMOKING (Current smokers)
		6,438	1. Yes
		4,053	2. No
		0	7. Refused
		24	9. Unknown
		30,589	Blank. Not applicable
704-706	5a		START OF MOST RECENT QUIT ATTEMPT
704-705	5a	[STATSTSM]	START OF MOST RECENT QUIT ATTEMPT (Current smokers with a quit attempt)
		10	00. Less than one day
		6,256	01-95. 1-95 days, weeks, months, years
		0	96. 96+ days, weeks, months or years
		172	99. Unknown, Refused
		34,666	Blank. Not applicable
706	5a	[STSMATTU]	TIME UNITS SINCE MOST RECENT QUIT ATTEMPT (Current smokers with a quit attempt)
		10	0. Less than one day
		166	1. Days ago
		367	2. Weeks ago
		2,019	3. Months ago
		3,704	4. Years ago
		2	7. Refused
		170	9. Unknown, Refused
		34,666	Blank. Not applicable
707-708	Recode 5a	[SRQAT]	START OF MOST RECENT QUIT ATTEMPT (Current smokers with a quit attempt)
		492	00. Less than 1 month
		576	01. 1-2 months
		569	02. 3-5 months
		735	03. 6-11 months
		3,536	11-24. 1-14 years
		358	25. 15+ years
		172	26. Unknown
		34,666	Blank. Not applicable

HP-82

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
709-711	5b		HOW LONG OFF CIGARETTES MOST RECENT QUIT ATTEMPT
709-710	5b	[OFFCRAT]	TIME OFF CIGARETTES MOST RECENT QUIT ATTEMPT (Current smokers with a quit attempt)
		371	00. Less than one day
		5,940	01-95. 1-95 days, weeks, months, years
		0	96. 96+ days, weeks, months or years
		127	99. Unknown, Refused
		34,666	Blank. Not applicable
711	5b	[OFFCRAT2]	TIME UNITS OFF CIGARETTES MOST RECENT QUIT ATTEMPT (Current smokers with a quit attempt)
		371	0. Less than one day
		1,676	1. Days
		1,363	2. Weeks
		1,995	3. Months
		906	4. Years
		7	7. Refused
		120	9. Unknown
		34,666	Blank. Not applicable
712-713	Recode 5b	[LEOFFCRA]	LENGTH OF TIME OFF CIGARETTES LAST TIME (Current smokers with a quit attempt)
		371	00. Less than 1 day
		1,117	01. 1-3 days
		274	02. 4-6 days
		569	03. 1 to < 2 weeks
		859	04. 2 weeks to < 1 month
		786	05. 1-2 months
		656	06. 3-5 months
		464	07. 6-8 months
		199	08. 9-11 months
		384	09. 1 year
		224	10. 2 years
		125	11. 3 years
		63	12. 4 years
		169	13. 5-9 years
		34	14. 10-14 years
		14	15. 15-19 years
		3	16. 20 years or more
		127	17. Unknown
		34,666	Blank. Not applicable

HP-83

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
714-719	6a-f		DOES CIGARETTE SMOKING INCREASE CHANCE OF DEVELOPING PROBLEMS:
714	6a	[EMPHYS] 31,957 5,744 494 222 6 2,681	EMPHYSEMA 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused 9. Unknown
715	6b	[BLADCAN] 6,243 8,175 6,246 3,592 6 16,842	BLADDER CANCER 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused 9. Unknown
716	6c	[LARYNCAN] 26,625 10,207 731 321 6 3,214	CANCER OF THE LARYNX 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused 9. Unknown
717	6d	[ESOPHCAN] 24,275 10,819 1,091 469 6 4,444	CANCER OF THE ESOPHAGUS 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused 9. Unknown
718	6e	[CHRBRON] 26,357 10,055 823 435 6 3,428	CHRONIC BRONCHITIS 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused 9. Unknown
719	6f	[LUNGCAN] 34,502 4,593 324 202 6	LUNG CANCER 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused

1,477

9. Unknown

HP-84

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
720-723	6g-j		DOES SMOKING DURING PREGNANCY INCREASE CHANCES OF:
720	6g	[MISCAR] 9,562 8,109 1,494 492 3 3,368 18,076	MISCARRIAGE 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused 9. Unknown Blank. Not applicable (ages 45+)
721	6h	[STILLB] 8,020 8,046 1,763 593 3 4,603 18,076	STILLBIRTH 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused 9. Unknown Blank. Not applicable (ages 45+)
722	6i	[PREMAB] 9,790 8,065 1,161 402 3 3,607 18,076	PREMATURE BIRTH 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused 9. Unknown Blank. Not applicable (ages 45+)
723	6j	[LOWBIRWT] 12,237 7,045 624 289 3 2,830 18,076	LOW BIRTH WEIGHT 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused 9. Unknown/No opinion Blank. Not applicable (ages 45+)
724-725	7a-b	-	SMOKING, TAKING BIRTH CONTROL PILLS, AND STROKE
724	7a	[BCPILSTK] 14,392 1,282 4 7,350	DOES SMOKING WHILE TAKING BIRTH CONTROL PILLS INCREASE CHANCES OF STROKE 1. Yes 2. No 7. Refused 9. Unknown

18,076

Blank. Not applicable (ages 45+)

HP-85

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
724-725	7a-b	-	SMOKING, TAKING BIRTH CONTROL PILLS, AND STROKE (Continued)
725	7b	[RISKSTK]	LIKELIHOOD OF HAVING A STROKE
		8,361	1. Much more
		5,752	2. Somewhat more
		0	7. Refused
		279	9. Unknown
		26,712	Blank. Not applicable, Ages 45+; no/unknown relationship between smoking, birth control pills, and stroke
726	8	[DAQSM]	DOCTOR EVER ADVISED YOU TO QUIT SMOKING (Ever smoked)
		8,091	1. Yes
		10,274	2. No
		2	7. Refused
		1,955	9. Unknown
		20,782	Blank. Not applicable.

HP-86

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
SECTION Y - ALCOHOL USE			
727	1a	[ALCO12FL]	HAD AT LEAST 12 DRINKS OF ANY ALCOHOLIC BEVERAGE IN ENTIRE LIFE
		33,597	1. Yes
		7,005	2. No
		11	7. Refused
		491	9. Unknown
728	1b	[ALCO12YR]	HAD AT LEAST 12 DRINKS OF ANY ALCOHOLIC BEVERAGE IN ANY ONE YEAR
		28,224	1. Yes
		5,353	2. No
		0	7. Refused
		20	9. Unknown
		7,507	Blank. NA. Never/unknown/refused had 12 drinks
729	1c	[ALCO1YR]	HAD AT LEAST ONE DRINK OF BEER, WINE OR LIQUOR IN THE PAST YEAR
		24,162	1. Yes
		4,053	2. No
		2	7. Refused
		7	9. Unknown
		12,880	Blank. NA. Never unknown/refused ever had 12 drinks or ever had 12 in any one year
730	1a-c Recode	[DRKSTAR1]	DRINKING STATUS - RECODE 1
		7,005	1. Non-drinker (total abstinence)
		5,353	2. Non-drinker (less than 12 drinks in a year)
		28,224	3. Drinker
		20	4. Has had some drinks (DK/refused if 12 in a year)
		11	5. Refused if ever drank
		491	6. Unknown if ever drank

HP-87

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
731	-	[DRKSTAR2]	DRINKING STATUS - RECODE 2
		7,005	1. Abstainer
		5,353	2. Lifetime infrequent drinker
		4,053	3. Former drinker
		24,162	4. Current drinker
		9	5. Drinker, unknown current drinking status
		20	6. Drank 12+ drinks in life-time, unknown/refused if 12 in any one year
		11	7. Refused if ever drank
		491	9. Unknown if ever drank
732-733	1d	[RESNODRK]	MAIN REASON FOR NOT DRINKING
		2,784	00. No need/not necessary
		6,553	01. Don't care for/dislike it
		2,203	02. Medical/health reasons
		1,772	03. Religious/moral reasons
		745	04. Brought up not to drink
		133	05. Costs too much
		483	06. Family member an alcoholic
		546	07. Infrequent drinker
		377	08. Recovering alcoholic
		5	97. Refused
		737	98. Other
		604	99. Unknown
		24,162	Blank. NA. Current drinker (had drink in past year)

HP-88

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
734-735	2	[NDAAL2W]	NUMBER OF DAYS DRANK ANY ALCOHOLIC BEVERAGE IN PAST TWO WEEKS
		5,783	00. None/Never
		1,844	01. 14 (Every day)
		108	02. 13-14
		53	03. 13
		12	04. 12-13
		207	05. 12
		24	06. 11-12
		24	07. 11
		32	08. 10-11
		596	09. 10
		63	10. 9-10
		88	11. 9
		27	12. 8-9
		238	13. 8
		55	14. 7-8
		563	15. 7
		79	16. 6-7
		550	17. 6
		125	18. 5-6
		885	19. 5
		208	20. 4-5
		1,723	21. 4
		323	22. 3-4
		1,837	23. 3
		334	24. 2-3
		3,548	25. 2
		446	26. 1-2
		4,319	27. 1
		31	97. Refused
		37	99. Unknown
		16,942	Blank. NA. Didn't drink in past year or unknown if drank

HP-89

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
736-737	3	[NDRDA]	AVERAGE NUMBER OF DRINKS PER DAY ON DAYS YOU DRANK
		359	01. Twelve or more
		545	02. Seven to eleven
		765	03. Six
		178	04. Five or six
		501	05. Five
		261	06. Four or five
		1,084	07. Four
		538	08. Three or four
		2,041	09. Three
		821	10. Two or three
		4,048	11. Two
		1,217	12. One or two
		5,899	13. One
		53	97. Refused
		69	99. Unknown
		22,725	Blank. NA. Did not drink in past 2 weeks, including did not drink in past year
738	4a	[DR2WTYPY]	AMOUNT OF DRINKING IN PAST 2 WEEKS TYPICAL OF PAST YEAR
		18,119	1. Yes
		6,021	2. No
		3	7. Refused
		19	9. Unknown
		16,942	Blank. NA. Didn't drink in past year, unknown if drank
739	4b	[DR2WNTYP]	AMOUNT OF DRINKING IN PAST 2 WEEKS MORE OR LESS THAN DRINKING IN PAST YEAR (Drinkers whose amount was not typical or unknown if typical)
		3,621	1. More
		2,396	2. Less
		3	7. Refused
		23	9. Unknown
		35,061	Blank. NA

HP-90

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
740-741	5a	[MODPR2W]	IN WHAT MONTH HAD LAST DRINK PRIOR TO TWO-WEEK PERIOD (Did not drink in past 2 weeks and that amount was not typical)
		1,044	01-12. Month
		1	97. Refused
		106	99. Unknown
		39,953	Blank. NA
742-743	5b	[DAP2WDR]	NUMBER OF DAYS DRANK ANY ALCOHOLIC BEVERAGE IN TWO WEEKS PRECEDING LAST DRINK (Did not drink in past 2 weeks and that amount was not typical)
		67	01. 14 (Every day)
		5	02. 13-14
		0	03. 13
		1	04. 12-13
		5	05. 12
		2	06. 11-12
		0	07. 11
		1	08. 10-11
		9	09. 10
		1	10. 9-10
		1	11. 9
		0	12. 8-9
		3	13. 8
		3	14. 7-8
		13	15. 7
		0	16. 6-7
		10	17. 6
		5	18. 5-6
		17	19. 5
		7	20. 4-5
		35	21. 4
		13	22. 3-4
		41	23. 3
		24	24. 2-3
		174	25. 2
		125	26. 1-2
		525	27. 1
		14	97. Refused
		50	99. Unknown
		39,953	Blank. NA

HP-91

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
744-745	5c	[DPRDAP2W]	AVERAGE NUMBER OF DRINKS PER DAY ON DAYS YOU DRANK, IN 2-WEEK PERIOD PRECEDING LAST DRINK (Did not drink in past 2 weeks and that amount was not typical)
		42	01. Twelve or more
		30	02. Seven to eleven
		40	03. Six
		12	04. Five or six
		24	05. Five
		12	06. Four or five
		45	07. Four
		19	08. Three or four
		76	09. Three
		55	10. Two or three
		185	11. Two
		102	12. One or two
		449	13. One
		18	97. Refused
		42	99. Unknown
		39,953	Blank. NA
746	5d	[DRTYP2W]	AMOUNT OF DRINKING TYPICAL OF PAST YEAR, IN TWO-WEEK PERIOD PRECEDING LAST DRINK (Did not drink in past 2 weeks and that amount was not typical)
		842	1. Yes
		290	2. No
		0	7. Refused
		19	9. Unknown
		39,953	Blank. NA
747	5e	[DNTYP2W]	AMOUNT OF DRINKING MORE OR LESS THAN DRINKING IN PAST YEAR, IN 2-WEEK PERIOD PRECEDING LAST DRINK (Amount in that 2-week period not typical, or unknown if typical)
		165	1. More
		124	2. Less
		0	7. Refused
		20	9. Unknown
		40,795	Blank. NA

HP-92

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
748-750	6	[DRVDRK]	DROVE AFTER HAVING TOO MUCH TO DRINK IN PAST YEAR
		19,546	000. None/Never
		2,775	001-995. Number of times
		1,318	996. Don't drive
		18	997. Refused
		505	999. Unknown
		16,942	Blank. NA. Didn't drink in past year or unknown if drank
751-753	7a-c		HEAVY ALCOHOL DRINKING INCREASES CHANCES OF:
751	7a	[THROTCAN]	THROAT CANCER
		7,569	1. Definitely increases
		10,400	2. Probably increases
		8,151	3. Probably does not increase
		3,731	4. Definitely does not increase
		9	7. Refused
		11,244	9. DK/no opinion/unknown
752	7b	[CIRRLIV]	CIRRHOSIS OF THE LIVER
		34,121	1. Definitely increases
		4,669	2. Probably increases
		224	3. Probably does not increase
		112	4. Definitely does not increase
		9	7. Refused
		1,969	9. DK/no opinion/unknown
753	7c	[MOUTHCAN]	CANCER OF THE MOUTH
		6,548	1. Definitely increases
		9,674	2. Probably increases
		8,538	3. Probably does not increase
		4,040	4. Definitely does not increase
		9	7. Refused
		12,295	9. DK/no opinion/unknown
754-757	7d-g		HEAVY ALCOHOL DRINKING DURING PREGNANCY INCREASES CHANCES OF:
754	7d	[ALMISCAR]	MISCARRIAGE
		12,288	1. Definitely increases
		7,544	2. Probably increases
		574	3. Probably does not increase
		186	4. Definitely does not increase
		4	7. Refused
		2,432	9. DK/no opinion/unknown

18,076

Blank. NA. 45 years or older

HP-93

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
754-757	7d-g		HEAVY ALCOHOL DRINKING DURING PREGNANCY INCREASES CHANCES OF: (Continued)
755	7e	[ALMRET]	MENTAL RETARDATION OF THE NEWBORN
		12,674	1. Definitely increases
		7,184	2. Probably increases
		527	3. Probably does not increase
		177	4. Definitely does not increase
		4	7. Refused
		2,462	9. DK/no opinion/unknown
		18,076	Blank. NA. 45 years or older
756	7f	[ALLOBWT]	LOW BIRTH WEIGHT OF THE NEWBORN
		12,537	1. Definitely increases
		7,456	2. Probably increases
		415	3. Probably does not increase
		136	4. Definitely does not increase
		4	7. Refused
		2,480	9. DK/no opinion/unknown
		18,076	Blank. NA. 45 years or older
757	7g	[ALBDEF]	BIRTH DEFECTS
		13,372	1. Definitely increases
		6,858	2. Probably increases
		426	3. Probably does not increase
		135	4. Definitely does not increase
		4	7. Refused
		2,233	9. DK/no opinion/unknown
		18,076	Blank. NA. 45 years or older
758	8a	[FALSYN]	HEARD OF FETAL ALCOHOL SYNDROME (FAS)
		14,754	1. Yes
		7,636	2. No
		4	7. Refused
		634	9. Unknown
		18,076	Blank. NA. 45 years or older
759	8b	[BBFALSYN]	IN FETAL ALCOHOL SYNDROME, A BABY IS BORN
		580	1. Drunk
		8,439	2. Addicted to alcohol
		5,489	3. With certain birth defects
		1	7. Refused
		245	9. Unknown
		26,350	Blank. NA. 45 years or older or never/unknown heard of FAS

HP-94

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
SECTION Z - DENTAL CARE			
760	1	[PFLUR]	PURPOSE OF ADDING FLUORIDE TO WATER
		24,935	1. Prevent tooth decay
		8,154	2. To purify the water
		483	6. Not ascertained
		8	7. Refused
		586	8. Other - Specify
		6,938	9. DK
761-762	2	[DENV12]	NUMBER OF DENTIST VISITS IN PAST 12 MONTHS*
		15,317	00. None
		25,235	01-95. 1-95 visits
		0	96. 96+
		4	97. Refused
		500	98. Not ascertained
		48	99. DK
763	3	[LOSTETH]	HAVE LOST ALL PERMANENT TEETH
		4,790	1. Yes
		35,782	2. No
		9	7. Refused
		523	9. Unknown
764	4a	[SEALANTS]	HEARD OF DENTAL SEALANTS
		12,707	1. Yes
		27,651	2. No
		7	7. Refused
		497	8. Not ascertained
		242	9. DK
765	4b	[PSEAL]	PURPOSE OF DENTAL SEALANTS
		853	1. Fill cavities
		9,226	2. Prevent tooth decay
		1,147	3. Improve appearance of teeth
		672	4. Hold dentures in place
		1	7. Refused
		1	8. Not ascertained
		807	9. DK
		28,397	Blank. NA-has not heard of dental sealants/unknown/refused/not ascertained if heard of sealants.

* Not edited for reasonableness

HP-95

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
766	5	[SGNGMDIS] 25,337	ONE COMMON SIGN OF GUM DISEASE 1. Swollen, red, inflamed sore or bleeding gums
		913	2. Chronic bad breath
		2,138	3. Loose teeth
		3,590	4. Receding gums
		501	6. Not ascertained
		7	7. Refused
		1,992	8. Other
		6,626	9. DK
767	6	[SGNMOCAN] 2,137	ONE EARLY SIGN OF MOUTH CANCER 1. White patches in mouth, which are not painful
		1,091	2. Red patches, in mouth, which are not painful
		7,182	3. Sore/lesion in mouth which does not heal
		8,536	4. Sore/lesion in mouth
		1,858	5. Bleeding in mouth
		503	6. Not ascertained
		8	7. Refused
		1,584	8. Other
		18,205	9. DK
768-772	7a-e		THINGS WHICH MAY INCREASE CHANCE OF GETTING MOUTH OR LIP CANCER
768	7a	[EXESSUN] 14,739	EXCESSIVE EXPOSURE TO SUNLIGHT 1. Definitely increases
		13,877	2. Probably increases
		3,964	3. Probably does not increase
		2,380	4. Definitely does not increase
		9	7. Refused
		521	8. Not ascertained
		5,614	9. DK/no opinion
769	7b	[SPICFDS] 1,618	EATING HOT SPICY FOODS 1. Definitely increases
		4,594	2. Probably increases
		12,432	3. Probably does not increase
		12,919	4. Definitely does not increase
		9	7. Refused
		523	8. Not ascertained
		9,009	9. DK/no opinion

HP-96

1990 NHIS HPDP SAMPLE PERSON PUBLIC USE RECORD

Data Locations	Item No.	Frequency	Items and Codes
768-772	7a-e		THINGS WHICH MAY INCREASE CHANCE OF GETTING MOUTH OR LIP CANCER (Continued)
770	7c	[REGDRK] 5,213 12,284 9,204 4,769 9 523 9,102	REGULAR ALCOHOL DRINKING 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused 8. Not ascertained 9. DK/no opinion
771	7d	[USETOB] 27,343 9,401 833 515 9 524 2,479	TOBACCO USE IN ANY FORM 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused 8. Not ascertained 9. DK/no opinion
772	7e	[BITECHK] 4,070 10,054 9,272 6,512 10 524 10,662	FREQUENTLY BITING THE CHEEK OR LIP 1. Definitely increases 2. Probably increases 3. Probably does not increase 4. Definitely does not increase 7. Refused 8. Not ascertained 9. DK/no opinion
773	8	[PREDECAY] 3,356 2,994 325 28,363 4,406 8 525 1,127	ONE BEST METHOD TO PREVENT TOOTH DECAY 1. Limiting sugary snacks 2. Using fluoride 3. Chewing sugarless gum 4. Brushing and flossing the teeth 5. Visiting the dentist every 6 months 7. Refused 8. Not ascertained 9. DK
774-800	-	[BLANK]	BLANK

APPENDIX A

There is no Appendix A for this document.

