

Healthy People 2010 Operational Definition

16-17. Increase abstinence from alcohol, cigarettes, and illicit drugs among pregnant women.

16-17b. Binge drinking.

National Data Source	National Survey on Drug Use and Health (NSDUH), SAMSHA.
State Data Source	Not identified.
Healthy People 2000 Objective	Adapted from 14.10 (Maternal and Infant Health).
Changes since the 2000 Publication	Revised baseline (see Comments).
Measure	Percent.
Baseline (Year)	96 (2002-03)
Target	100
Target-Setting Method	Complete elimination. For a discussion of target-setting methods, see Part A, section 4.
Numerator	Number of pregnant females aged 15 to 44 years reporting not binge drinking at all in the past month (30 days).
Denominator	Number of pregnant females aged 15 to 44 years.
Population Targeted	U.S. civilian noninstitutionalized population.
Questions Used to Obtain the National Baseline Data	From the 2002-03 National Survey on Drug Use and Health: <ul style="list-style-type: none">➤ <i>During the past 30 days, on how many days did you have 5 or more drinks on the same occasion? By "occasion," we mean at the same time or within a couple of hours of each other.</i>➤ <i>Are you currently pregnant?</i><ul style="list-style-type: none"><i>[If yes:]</i><i>How many months pregnant are you?</i><i>Number of months pregnant _____</i>

Expected Periodicity Annual

Comments

Binge drinking is defined as drinking five or more alcoholic drinks on the same occasion on at least one day in the past 30 days. "Occasion" means at the same time or within a couple of hours.

To ensure adequate precision of estimates for pregnant women, baseline data are based on combined data from 2002 and 2003 surveys and represent annual average estimates for 2002 and 2003.

The original baseline of 99 percent in 1996-97 was revised as the result of several methodological changes to the National Household Survey on Drug Abuse (NHSDA) during the period from 1999 to 2002 including: incentive payments; improved data collection quality control procedures and, use of 2000 Census-Based data. The survey name also changed to the National Survey on Drug Use and Health (NSDUH). The 2002-03 baseline is 96 percent.

The target of 100 percent did not change..

This objective is adapted from Healthy People 2000 objective 14.10, which measured use of alcohol during pregnancy data from the National Maternal and Infant Health Survey and the National Pregnancy and Health Survey. Binge drinking during pregnancy was not addressed in Healthy People 2000.

For some measures, data do not meet the criteria for statistical reliability, data quality, or confidentiality and have been suppressed. Information on suppression of data for the major Healthy People 2010 data systems has been published in a *Healthy People Statistical Note*.¹

See Part C for a description of NSDUH and Appendix A for focus area contact information.

References

1. Klein, R.J.; Proctor, S.E.; Boudreault, M.A.; Turczyn, K.M. Healthy People 2010 Criteria for Data Suppression. *Statistical Notes* No. 24. Hyattsville, MD: National Center for Health Statistics. 2002.