

Healthy People 2010 Operational Definition

6-10. Increase the proportion of people with disabilities who report having access to health and wellness programs.

National Data Source	National Health Interview Survey (NHIS), CDC, NCHS.
State Data Source	Not identified.
Healthy People 2000 Objective	Not applicable.
Changes since the 2000 Publication	Revised text (see Comments).
Measure	Percent (age adjusted—see Comments).
Baseline (Year)	48 (2002)
Target	63
Target-Setting Method	31 percent improvement (parity with adults without disabilities in 1997). For a discussion of target-setting methods, see Part A, section 4.
Numerator	Number of persons aged 18 years and older with disabilities who report they now have access to a health club, wellness program or fitness facility that meets their needs, if they want to use one.
Denominator	Number of persons aged 18 years and older with disabilities.
Population Targeted	U.S. civilian, noninstitutionalized population.
Questions Used To Obtain the National Baseline Data	From National Health Interview Survey (NHIS): ➤ <i>Do you NOW have ACCESS to a health club, wellness program or fitness facility that meets your needs, if you wanted to use one?</i> <i>Yes</i> <i>No</i> <i>Refused/ Not Ascertained/ Don't know</i>
Expected Periodicity	Periodic.

Comments

The objective moved from developmental to measurable during the Healthy People 2010 Midcourse Review. The original text focused on the number of health and wellness programs and facilities that provide access to persons with disabilities. The text was revised to focus on the percent of persons with disabilities who have access to health and wellness programs.

Data (except those by education status) are age adjusted to the 2000 standard population using the age groups 18-24, 25-34, 35-44, 45-64, and 65 years and over. Data by education status are age adjusted to the 2000 standard population using the age groups 25-34, 35-44, 45-64, and 65 years and over. Age-adjusted percents are weighted sums of age-specific percents. For a discussion of age adjustment, see Part A, section 7.

For some measures, data do not meet the criteria for statistical reliability, data quality, or confidentiality and have been suppressed. Information on suppression of data for the major Healthy People 2010 data systems has been published in a *Healthy People Statistical Note*.¹

See Part C for a description of NHIS and Appendix A for focus area contact information.

References

1. Klein, R.J.; Proctor, S.E.; Boudreault, M.A.; Turczyn, K.M. Healthy People 2010 Criteria for Data Suppression. *Statistical Notes* No. 24. Hyattsville, MD: National Center for Health Statistics. 2002.