

Table A-15a. Age-adjusted percent distribution (with standard errors) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All adults aged 18 and over	Underweight ¹	Healthy weight ¹	Overweight ¹	Obese ¹
Total	100.0	2.0 (0.12)	35.0 (0.39)	34.2 (0.35)	28.9 (0.38)
Sex					
Male	100.0	1.1 (0.14)	29.5 (0.51)	40.8 (0.52)	28.5 (0.48)
Female	100.0	2.8 (0.18)	40.3 (0.57)	27.7 (0.46)	29.2 (0.55)
Age (years)					
18–44	100.0	2.5 (0.19)	39.6 (0.60)	31.2 (0.54)	26.7 (0.56)
45–64	100.0	1.0 (0.12)	27.9 (0.57)	37.0 (0.62)	34.1 (0.60)
65–74	100.0	1.6 (0.28)	28.6 (0.90)	38.1 (0.96)	31.7 (0.93)
75 and over	100.0	2.5 (0.34)	37.8 (1.09)	38.4 (1.12)	21.3 (0.97)
Race					
One race ²	100.0	2.0 (0.12)	35.0 (0.39)	34.2 (0.36)	28.9 (0.38)
White	100.0	1.8 (0.13)	34.9 (0.45)	35.0 (0.41)	28.2 (0.43)
Black or African American	100.0	1.4 (0.28)	27.1 (0.84)	31.6 (0.87)	39.8 (0.98)
American Indian or Alaska Native	100.0	*	24.1 (3.78)	31.2 (3.31)	42.3 (3.85)
Asian	100.0	5.0 (0.62)	55.4 (1.46)	28.6 (1.28)	11.0 (0.92)
Native Hawaiian or Other Pacific Islander	100.0	-	24.8 (6.19)	34.0 (6.45)	41.3 (6.73)
Two or more races ³	100.0	*2.0 (0.81)	34.3 (2.40)	33.8 (2.73)	29.9 (2.54)
Black or African American, white	100.0	*	34.8 (6.26)	39.2 (6.71)	25.7 (4.99)
American Indian or Alaska Native, white	100.0	*2.0 (0.90)	30.1 (3.60)	34.9 (4.35)	33.0 (4.09)
Hispanic or Latino origin ⁴ and race					
Hispanic or Latino	100.0	1.1 (0.18)	28.2 (0.75)	39.0 (0.81)	31.7 (0.79)
Mexican or Mexican American	100.0	1.0 (0.23)	25.1 (0.92)	39.9 (1.02)	34.0 (1.06)
Not Hispanic or Latino	100.0	2.1 (0.13)	36.3 (0.43)	33.3 (0.40)	28.3 (0.43)
White, single race	100.0	2.0 (0.15)	36.6 (0.52)	34.1 (0.48)	27.4 (0.51)
Black or African American, single race	100.0	1.4 (0.30)	26.9 (0.85)	31.6 (0.90)	40.0 (1.01)
Education ⁵					
Less than a high school diploma	100.0	1.6 (0.26)	26.9 (0.86)	37.1 (1.01)	34.4 (0.99)
High school diploma or GED ⁶	100.0	1.4 (0.18)	28.0 (0.83)	36.0 (0.85)	34.6 (0.80)
Some college	100.0	1.4 (0.16)	29.5 (0.68)	34.0 (0.69)	35.1 (0.71)
Bachelor's degree or higher	100.0	1.6 (0.19)	39.8 (0.66)	36.4 (0.66)	22.2 (0.56)
Current employment status ⁷					
Employed	100.0	1.3 (0.12)	33.9 (0.56)	36.7 (0.55)	28.1 (0.51)
Full-time	100.0	1.0 (0.15)	31.8 (0.72)	39.3 (0.73)	27.9 (0.53)
Part-time	100.0	2.5 (0.38)	41.7 (1.19)	31.1 (1.14)	24.7 (1.11)
Not employed but has worked previously	100.0	2.7 (0.29)	36.3 (0.84)	30.0 (0.73)	31.0 (0.70)
Not employed and has never worked	100.0	4.7 (0.68)	41.5 (1.68)	26.2 (1.38)	27.6 (1.51)

Table A-15a. Age-adjusted percent distribution (with standard errors) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All adults aged 18 and over	Underweight ¹	Healthy weight ¹	Overweight ¹	Obese ¹
Family income ⁸					
Less than \$35,000	100.0	2.5 (0.20)	33.7 (0.60)	31.6 (0.59)	32.2 (0.59)
\$35,000 or more	100.0	1.7 (0.15)	34.8 (0.49)	35.7 (0.48)	27.8 (0.49)
\$35,000–\$49,999	100.0	1.8 (0.29)	31.3 (1.03)	34.9 (1.02)	32.0 (0.99)
\$50,000–\$74,999	100.0	1.4 (0.24)	32.3 (0.91)	34.9 (0.93)	31.5 (0.90)
\$75,000–\$99,999	100.0	1.5 (0.33)	32.6 (1.20)	36.9 (1.12)	29.1 (1.24)
\$100,000 or more	100.0	1.8 (0.27)	39.6 (0.87)	36.1 (0.89)	22.4 (0.75)
Poverty status ⁹					
Poor	100.0	3.3 (0.34)	33.9 (0.85)	30.1 (0.86)	32.7 (0.87)
Near poor	100.0	2.0 (0.26)	32.2 (0.81)	33.5 (0.81)	32.3 (0.77)
Not poor	100.0	1.7 (0.14)	35.5 (0.49)	35.4 (0.45)	27.4 (0.48)
Health insurance coverage ¹⁰					
Under 65:					
Private	100.0	1.8 (0.15)	37.0 (0.53)	33.7 (0.49)	27.6 (0.50)
Medicaid	100.0	2.7 (0.42)	31.0 (1.04)	28.8 (1.03)	37.4 (1.17)
Other	100.0	*2.2 (0.77)	29.9 (2.24)	36.7 (2.52)	31.2 (1.98)
Uninsured	100.0	2.0 (0.31)	33.5 (0.96)	35.1 (0.98)	29.4 (0.90)
65 and over:					
Private	100.0	1.8 (0.29)	33.1 (1.03)	38.4 (1.08)	26.6 (1.00)
Medicare and Medicaid	100.0	3.3 (0.99)	28.4 (2.25)	35.4 (2.45)	32.9 (2.50)
Medicare only	100.0	2.2 (0.40)	34.1 (1.20)	38.2 (1.25)	25.5 (1.11)
Other	100.0	*1.0 (0.43)	31.8 (2.66)	38.5 (2.68)	28.6 (2.40)
Uninsured	100.0	*	*24.8 (7.70)	45.2 (7.26)	*18.0 (6.33)
Marital status					
Married	100.0	1.2 (0.12)	32.8 (0.51)	36.7 (0.51)	29.3 (0.48)
Widowed	100.0	1.0 (0.22)	35.5 (4.78)	37.2 (4.60)	26.3 (3.24)
Divorced or separated	100.0	1.7 (0.31)	31.2 (1.03)	32.8 (1.13)	34.2 (1.03)
Never married	100.0	3.1 (0.37)	38.2 (0.87)	30.1 (0.82)	28.6 (0.85)
Living with a partner	100.0	1.6 (0.37)	35.1 (1.63)	37.6 (1.65)	25.7 (1.36)
Place of residence ¹¹					
Large MSA	100.0	2.0 (0.16)	36.9 (0.51)	34.5 (0.51)	26.6 (0.47)
Small MSA	100.0	1.9 (0.20)	33.5 (0.72)	34.1 (0.56)	30.5 (0.74)
Not in MSA	100.0	1.9 (0.32)	30.1 (0.95)	33.2 (0.93)	34.8 (0.94)
Region					
Northeast	100.0	2.2 (0.37)	38.7 (1.02)	33.3 (0.92)	25.8 (0.89)
Midwest	100.0	1.8 (0.24)	33.2 (0.90)	34.6 (0.80)	30.4 (0.91)
South	100.0	1.9 (0.18)	32.6 (0.58)	34.4 (0.56)	31.1 (0.61)
West	100.0	2.1 (0.21)	38.0 (0.76)	33.9 (0.66)	26.0 (0.65)

Table A-15a. Age-adjusted percent distribution (with standard errors) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All adults aged 18 and over	Underweight ¹	Healthy weight ¹	Overweight ¹	Obese ¹
Hispanic or Latino origin ⁴ , race, and sex					
Hispanic or Latino, male	100.0	0.8 (0.24)	23.8 (1.06)	44.3 (1.20)	31.1 (1.13)
Hispanic or Latina, female	100.0	1.3 (0.28)	32.5 (1.09)	33.8 (1.15)	32.3 (1.08)
Not Hispanic or Latino:					
White, single race, male	100.0	1.0 (0.19)	29.4 (0.69)	41.3 (0.70)	28.4 (0.62)
White, single race, female	100.0	2.9 (0.24)	43.8 (0.76)	27.0 (0.63)	26.3 (0.77)
Black or African American, single race, male	100.0	*0.9 (0.31)	29.8 (1.30)	36.3 (1.39)	33.0 (1.43)
Black or African American, single race, female	100.0	1.9 (0.49)	24.3 (1.11)	27.7 (1.12)	46.0 (1.31)

* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

¹Calculated from information that respondents supplied in response to survey questions regarding height and weight. For both men and women, underweight is indicated by body mass index (BMI) under 18.5; healthy weight is indicated by BMI of 18.5 up to 25.0; overweight is indicated by BMI of 25.0 up to 30.0; and obesity is indicated by BMI of 30.0 or higher. Note that self-reported height and weight may differ from actual measurements. The weighted percentage of unknown with respect to BMI among adults aged 18 and over was 3.4%.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over. Estimates are age adjusted to the projected 2000 U.S. population as the standard population using four age groups: 25-44, 45-64, 65-74, and 75 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. Unless otherwise specified, estimates are age-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-44, 45-64, 65-74, and 75 and over. Estimates for age groups are not age-adjusted. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Lucas JW. Tables of Summary Health Statistics for U.S. Adults: 2014 National Health Interview Survey. 2015. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: CDC/NCHS, National Health Interview Survey, 2014.

Table A-15b. Frequency distribution (in thousands) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All adults aged 18 and over	Underweight ¹	Healthy weight ¹	Overweight ¹	Obese ¹
Total	239,688	4,347	79,193	79,739	67,788
Sex					
Male	115,541	1,211	32,551	46,623	33,051
Female	124,148	3,135	46,641	33,116	34,738
Age (years)					
18–44	112,149	2,706	43,203	34,044	29,066
45–64	82,605	784	22,052	29,266	26,930
65–74	26,362	405	7,222	9,603	8,000
75 and over	18,573	451	6,714	6,826	3,793
Race					
One race ²	235,831	4,262	77,886	78,530	66,671
White	190,462	3,187	62,396	65,045	52,744
Black or African American	29,355	396	7,568	8,945	11,448
American Indian or Alaska Native	1,948	*	430	603	826
Asian	13,733	636	7,417	3,835	1,500
Native Hawaiian or Other Pacific Islander	333	-	*76	*101	153
Two or more races ³	3,858	*85	1,307	1,209	1,117
Black or African American, white	760	*	291	229	220
American Indian or Alaska Native, white	1,590	*30	432	544	489
Hispanic or Latino origin ⁴ and race					
Hispanic or Latino	36,571	406	10,073	13,470	11,214
Mexican or Mexican American	22,326	258	5,602	8,271	7,203
Not Hispanic or Latino	203,117	3,940	69,119	66,269	56,574
White, single race	157,364	2,812	53,375	52,740	42,620
Black or African American, single race	27,875	379	7,113	8,504	10,941
Education ⁵					
Less than a high school diploma	27,612	429	7,080	9,867	9,028
High school diploma or GED ⁶	52,697	742	13,924	18,427	17,391
Some college	59,919	746	16,695	19,667	20,444
Bachelor's degree or higher	67,940	1,020	25,884	24,042	14,901
Current employment status ⁷					
Employed	146,624	1,820	47,714	51,216	41,092
Full-time	117,112	1,065	35,870	42,520	33,973
Part-time	27,205	717	11,061	8,026	6,386
Not employed but has worked previously	79,316	1,808	25,837	25,114	23,442
Not employed and has never worked	13,623	713	5,620	3,371	3,239

Table A-15b. Frequency distribution (in thousands) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All adults aged 18 and over	Underweight ¹	Healthy weight ¹	Overweight ¹	Obese ¹
Family income ⁸					
Less than \$35,000	69,793	1,699	22,544	21,504	21,426
\$35,000 or more	144,503	2,210	47,934	50,555	40,029
\$35,000–\$49,999	28,044	499	8,509	9,540	8,799
\$50,000–\$74,999	35,733	438	10,876	12,210	11,146
\$75,000–\$99,999	27,053	343	8,288	9,845	7,792
\$100,000 or more	53,673	930	20,261	18,959	12,292
Poverty status ⁹					
Poor	31,383	1,004	10,374	8,919	9,850
Near poor	42,675	827	13,361	13,841	13,226
Not poor	152,199	2,369	50,734	52,971	41,576
Health insurance coverage ¹⁰					
Under 65:					
Private	129,666	2,046	45,107	42,921	35,348
Medicaid	23,239	618	6,952	6,384	8,303
Other	9,095	164	2,296	3,207	3,244
Uninsured	31,587	615	10,303	10,594	8,889
65 and over:					
Private	22,525	383	7,058	8,351	5,934
Medicare and Medicaid	2,951	*92	792	991	924
Medicare only	15,536	319	4,952	5,616	3,866
Other	3,513	*31	1,030	1,296	1,010
Uninsured	313	*	*65	161	*47
Marital status					
Married	126,926	1,419	38,670	45,554	36,751
Widowed	14,312	377	4,559	4,816	3,840
Divorced or separated	26,802	413	7,729	8,543	9,058
Never married	53,788	1,833	22,060	14,743	13,585
Living with a partner	17,497	290	6,090	5,952	4,464
Place of residence ¹¹					
Large MSA	130,402	2,444	45,787	43,662	33,909
Small MSA	73,885	1,341	23,404	24,666	21,914
Not in MSA	35,402	561	10,001	11,410	11,966
Region					
Northeast	41,490	838	14,756	13,450	10,462
Midwest	55,095	888	17,258	18,544	16,550
South	89,270	1,576	27,521	29,985	27,074
West	53,834	1,044	19,657	17,759	13,702

Table A-15b. Frequency distribution (in thousands) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All adults aged 18 and over	Underweight ¹	Healthy weight ¹	Overweight ¹	Obese ¹
Hispanic or Latino origin ⁴ , race, and sex					
Hispanic or Latino, male	18,309	*168	4,407	7,689	5,610
Hispanic or Latina, female	18,262	238	5,666	5,781	5,604
Not Hispanic or Latino:					
White, single race, male	76,277	665	20,890	31,357	21,964
White, single race, female	81,087	2,147	32,485	21,383	20,656
Black or African American, single race, male	12,626	*111	3,663	4,478	4,182
Black or African American, single race, female	15,249	268	3,450	4,026	6,759

* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

¹Calculated from information that respondents supplied in response to survey questions regarding height and weight. For both men and women, underweight is indicated by body mass index (BMI) under 18.5; healthy weight is indicated by BMI of 18.5 up to 25.0; overweight is indicated by BMI of 25.0 up to 30.0; and obesity is indicated by BMI of 30.0 or higher. Note that self-reported height and weight may differ from actual measurements. The weighted percentage of unknown with respect to BMI among adults aged 18 and over was 3.4%.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy.

"Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the frequencies, but they are included in the "All adults aged 18 and over" column.

Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Lucas JW. Tables of Summary Health Statistics for U.S. Adults: 2014 National Health Interview Survey. 2015. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: CDC/NCHS, National Health Interview Survey, 2014.

Table A-15c. Crude percent distribution (with standard errors) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All adults aged 18 and over	Underweight ¹	Healthy weight ¹	Overweight ¹	Obese ¹
Total	100.0	1.9 (0.11)	34.3 (0.38)	34.5 (0.35)	29.3 (0.37)
Sex					
Male	100.0	1.1 (0.13)	28.7 (0.50)	41.1 (0.51)	29.1 (0.48)
Female	100.0	2.7 (0.17)	39.7 (0.55)	28.2 (0.46)	29.5 (0.53)
Age (years)					
18–44	100.0	2.5 (0.19)	39.6 (0.60)	31.2 (0.54)	26.7 (0.56)
45–64	100.0	1.0 (0.12)	27.9 (0.57)	37.0 (0.62)	34.1 (0.60)
65–74	100.0	1.6 (0.28)	28.6 (0.90)	38.1 (0.96)	31.7 (0.93)
75 and over	100.0	2.5 (0.34)	37.8 (1.09)	38.4 (1.12)	21.3 (0.97)
Race					
One race ²	100.0	1.9 (0.11)	34.3 (0.38)	34.5 (0.35)	29.3 (0.37)
White	100.0	1.7 (0.12)	34.0 (0.43)	35.5 (0.40)	28.8 (0.41)
Black or African American	100.0	1.4 (0.28)	26.7 (0.84)	31.5 (0.87)	40.4 (0.99)
American Indian or Alaska Native	100.0	*	22.6 (3.63)	31.7 (3.40)	43.4 (3.95)
Asian	100.0	4.7 (0.59)	55.4 (1.47)	28.6 (1.30)	11.2 (0.95)
Native Hawaiian or Other Pacific Islander	100.0	-	*23.0 (7.18)	30.5 (7.89)	46.4 (7.88)
Two or more races ³	100.0	*2.3 (0.93)	35.2 (2.56)	32.5 (2.69)	30.0 (2.46)
Black or African American, white	100.0	*	39.1 (6.40)	30.8 (5.58)	29.6 (6.10)
American Indian or Alaska Native, white	100.0	*2.0 (0.89)	28.9 (3.49)	36.4 (4.54)	32.7 (3.95)
Hispanic or Latino origin ⁴ and race					
Hispanic or Latino	100.0	1.2 (0.20)	28.6 (0.77)	38.3 (0.82)	31.9 (0.82)
Mexican or Mexican American	100.0	1.2 (0.28)	26.3 (0.97)	38.8 (1.05)	33.8 (1.08)
Not Hispanic or Latino	100.0	2.0 (0.12)	35.3 (0.41)	33.8 (0.40)	28.9 (0.41)
White, single race	100.0	1.9 (0.14)	35.2 (0.49)	34.8 (0.46)	28.1 (0.47)
Black or African American, single race	100.0	1.4 (0.29)	26.4 (0.85)	31.6 (0.90)	40.6 (1.01)
Education ⁵					
Less than a high school diploma	100.0	1.6 (0.25)	26.8 (0.82)	37.4 (0.96)	34.2 (0.95)
High school diploma or GED ⁶	100.0	1.5 (0.20)	27.6 (0.75)	36.5 (0.79)	34.4 (0.75)
Some college	100.0	1.3 (0.15)	29.0 (0.68)	34.2 (0.69)	35.5 (0.70)
Bachelor's degree or higher	100.0	1.5 (0.18)	39.3 (0.65)	36.5 (0.65)	22.6 (0.56)
Current employment status ⁷					
Employed	100.0	1.3 (0.11)	33.6 (0.46)	36.1 (0.45)	29.0 (0.47)
Full-time	100.0	0.9 (0.10)	31.6 (0.49)	37.5 (0.49)	30.0 (0.49)
Part-time	100.0	2.7 (0.41)	42.2 (1.19)	30.6 (1.12)	24.4 (1.12)
Not employed but has worked previously	100.0	2.4 (0.21)	33.9 (0.61)	33.0 (0.60)	30.8 (0.58)
Not employed and has never worked	100.0	5.5 (0.81)	43.4 (1.65)	26.0 (1.34)	25.0 (1.42)

Table A-15c. Crude percent distribution (with standard errors) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All adults aged 18 and over	Underweight ¹	Healthy weight ¹	Overweight ¹	Obese ¹
Family income ⁸					
Less than \$35,000	100.0	2.5 (0.20)	33.6 (0.58)	32.0 (0.57)	31.9 (0.57)
\$35,000 or more	100.0	1.6 (0.14)	34.1 (0.48)	35.9 (0.47)	28.4 (0.48)
\$35,000–\$49,999	100.0	1.8 (0.29)	31.1 (1.04)	34.9 (1.01)	32.2 (1.01)
\$50,000–\$74,999	100.0	1.3 (0.22)	31.4 (0.89)	35.2 (0.91)	32.1 (0.91)
\$75,000–\$99,999	100.0	1.3 (0.29)	31.6 (1.16)	37.5 (1.10)	29.7 (1.20)
\$100,000 or more	100.0	1.8 (0.26)	38.6 (0.83)	36.2 (0.86)	23.4 (0.75)
Poverty status ⁹					
Poor	100.0	3.3 (0.35)	34.4 (0.89)	29.6 (0.86)	32.7 (0.91)
Near poor	100.0	2.0 (0.26)	32.4 (0.80)	33.6 (0.79)	32.1 (0.77)
Not poor	100.0	1.6 (0.13)	34.4 (0.46)	35.9 (0.45)	28.2 (0.47)
Health insurance coverage ¹⁰					
Under 65:					
Private	100.0	1.6 (0.14)	36.0 (0.52)	34.2 (0.49)	28.2 (0.49)
Medicaid	100.0	2.8 (0.43)	31.2 (1.06)	28.7 (1.04)	37.3 (1.17)
Other	100.0	1.8 (0.50)	25.8 (1.69)	36.0 (1.99)	36.4 (1.87)
Uninsured	100.0	2.0 (0.32)	33.9 (0.99)	34.8 (0.99)	29.2 (0.90)
65 and over:					
Private	100.0	1.8 (0.29)	32.5 (1.02)	38.4 (1.08)	27.3 (1.03)
Medicare and Medicaid	100.0	3.3 (0.98)	28.3 (2.25)	35.4 (2.45)	33.0 (2.44)
Medicare only	100.0	2.2 (0.39)	33.6 (1.20)	38.1 (1.24)	26.2 (1.13)
Other	100.0	*0.9 (0.39)	30.6 (2.57)	38.5 (2.61)	30.0 (2.42)
Uninsured	100.0	*	21.4 (6.39)	53.2 (8.10)	*15.6 (5.14)
Marital status					
Married	100.0	1.2 (0.11)	31.6 (0.49)	37.2 (0.49)	30.0 (0.48)
Widowed	100.0	2.8 (0.41)	33.5 (1.10)	35.4 (1.12)	28.3 (1.11)
Divorced or separated	100.0	1.6 (0.24)	30.0 (0.80)	33.2 (0.85)	35.2 (0.87)
Never married	100.0	3.5 (0.34)	42.2 (0.86)	28.2 (0.76)	26.0 (0.84)
Living with a partner	100.0	1.7 (0.35)	36.3 (1.56)	35.4 (1.46)	26.6 (1.28)
Place of residence ¹¹					
Large MSA	100.0	1.9 (0.16)	36.4 (0.51)	34.7 (0.51)	27.0 (0.47)
Small MSA	100.0	1.9 (0.19)	32.8 (0.69)	34.6 (0.56)	30.7 (0.71)
Not in MSA	100.0	1.7 (0.25)	29.5 (0.87)	33.6 (0.84)	35.3 (0.90)
Region					
Northeast	100.0	2.1 (0.34)	37.4 (1.00)	34.0 (0.90)	26.5 (0.89)
Midwest	100.0	1.7 (0.22)	32.4 (0.86)	34.8 (0.80)	31.1 (0.85)
South	100.0	1.8 (0.17)	31.9 (0.56)	34.8 (0.56)	31.4 (0.60)
West	100.0	2.0 (0.21)	37.7 (0.75)	34.0 (0.65)	26.3 (0.66)

Table A-15c. Crude percent distribution (with standard errors) of body mass index among adults aged 18 and over, by selected characteristics: United States, 2014

Selected characteristic	All adults aged 18 and over	Underweight ¹	Healthy weight ¹	Overweight ¹	Obese ¹
Hispanic or Latino origin ⁴ , race, and sex					
Hispanic or Latino, male	100.0	0.9 (0.28)	24.7 (1.11)	43.0 (1.21)	31.4 (1.15)
Hispanic or Latina, female	100.0	1.4 (0.29)	32.8 (1.10)	33.4 (1.16)	32.4 (1.11)
Not Hispanic or Latino:					
White, single race, male	100.0	0.9 (0.16)	27.9 (0.64)	41.9 (0.67)	29.3 (0.61)
White, single race, female	100.0	2.8 (0.22)	42.4 (0.70)	27.9 (0.60)	26.9 (0.70)
Black or African American, single race, male	100.0	*0.9 (0.31)	29.5 (1.31)	36.0 (1.40)	33.6 (1.43)
Black or African American, single race, female	100.0	1.8 (0.47)	23.8 (1.11)	27.8 (1.12)	46.6 (1.33)

* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

¹Calculated from information that respondents supplied in response to survey questions regarding height and weight. For both men and women, underweight is indicated by body mass index (BMI) under 18.5; healthy weight is indicated by BMI of 18.5 up to 25.0; overweight is indicated by BMI of 25.0 up to 30.0; and obesity is indicated by BMI of 30.0 or higher. Note that self-reported height and weight may differ from actual measurements. The weighted percentage of unknown with respect to BMI among adults aged 18 and over was 3.4%.

²Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

³Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

⁴Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

⁵Shown only for adults aged 25 and over.

⁶GED is General Educational Development high school equivalency diploma.

⁷"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

⁸Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

⁹"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

¹⁰Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy.

"Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

¹¹MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Lucas JW. Tables of Summary Health Statistics for U.S. Adults: 2014 National Health Interview Survey, 2015. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: CDC/NCHS, National Health Interview Survey, 2014.