

**Table A-10a. Age-adjusted percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
Total	15.1 (0.24)	7.4 (0.18)	5.2 (0.14)	9.3 (0.19)	3.3 (0.12)	8.8 (0.19)	2.5 (0.11)	1.8 (0.09)	4.5 (0.14)	6.6 (0.18)
Sex										
Male	12.1 (0.32)	6.1 (0.24)	4.1 (0.19)	7.9 (0.27)	2.5 (0.15)	7.0 (0.27)	2.3 (0.17)	1.5 (0.12)	3.0 (0.18)	4.5 (0.21)
Female	17.6 (0.34)	8.5 (0.24)	6.1 (0.20)	10.6 (0.26)	4.0 (0.17)	10.2 (0.26)	2.7 (0.14)	2.0 (0.13)	5.8 (0.21)	8.3 (0.25)
Age (years)										
18–44	5.3 (0.24)	1.9 (0.14)	1.1 (0.10)	2.8 (0.17)	1.6 (0.14)	2.7 (0.17)	0.6 (0.08)	0.6 (0.10)	1.2 (0.12)	1.9 (0.15)
45–64	18.9 (0.47)	8.8 (0.35)	6.2 (0.29)	11.7 (0.39)	5.2 (0.27)	11.5 (0.38)	3.4 (0.21)	2.5 (0.17)	5.7 (0.27)	8.3 (0.33)
65–74	29.5 (0.84)	14.2 (0.67)	10.7 (0.59)	18.2 (0.73)	5.1 (0.42)	17.9 (0.70)	4.6 (0.44)	3.5 (0.34)	7.9 (0.51)	11.8 (0.62)
75 and over	48.6 (1.15)	30.9 (1.10)	21.6 (0.94)	33.6 (1.09)	4.7 (0.47)	28.2 (1.07)	9.2 (0.76)	5.1 (0.49)	18.6 (0.90)	24.5 (1.08)
Race										
One race <sup>2</sup>	15.0 (0.24)	7.4 (0.18)	5.1 (0.14)	9.3 (0.19)	3.3 (0.12)	8.7 (0.19)	2.5 (0.11)	1.8 (0.09)	4.5 (0.14)	6.5 (0.18)
White	14.6 (0.26)	7.1 (0.19)	4.8 (0.16)	9.1 (0.21)	3.2 (0.13)	8.6 (0.21)	2.5 (0.12)	1.7 (0.09)	4.3 (0.16)	6.3 (0.20)
Black or African American	19.8 (0.70)	10.9 (0.53)	8.1 (0.42)	12.4 (0.53)	4.1 (0.33)	10.9 (0.52)	3.3 (0.30)	2.3 (0.31)	6.3 (0.39)	8.9 (0.51)
American Indian or Alaska Native	21.5 (2.06)	13.3 (1.97)	10.7 (2.00)	15.1 (2.14)	5.3 (1.29)	13.4 (1.94)	*2.9 (0.99)	*3.1 (1.23)	5.6 (1.35)	9.2 (1.73)
Asian	9.9 (0.83)	4.3 (0.59)	3.3 (0.45)	5.7 (0.62)	1.5 (0.28)	5.1 (0.63)	1.6 (0.31)	1.2 (0.32)	3.9 (0.56)	5.3 (0.64)
Native Hawaiian or Other Pacific Islander	*18.0 (7.85)	*	*	*7.3 (3.46)	*	*	*	*	*	*
Two or more races <sup>3</sup>	17.0 (1.78)	8.9 (1.40)	7.8 (1.34)	11.3 (1.54)	3.5 (0.96)	10.8 (1.54)	3.3 (0.98)	*1.9 (0.76)	8.7 (1.39)	8.6 (1.49)
Black or African American, white	21.7 (4.85)	*11.9 (3.63)	*12.7 (3.84)	18.0 (4.43)	*8.9 (3.51)	10.3 (2.76)	*	*	10.6 (2.89)	10.9 (2.91)
American Indian or Alaska Native, white	17.1 (2.44)	10.9 (2.13)	9.3 (1.98)	11.4 (2.20)	*4.0 (1.41)	12.3 (2.24)	*4.1 (1.36)	*2.3 (1.11)	8.9 (1.90)	10.1 (2.16)
Hispanic or Latino origin <sup>4</sup> and race										
Hispanic or Latino	14.1 (0.52)	6.6 (0.43)	5.8 (0.39)	8.3 (0.43)	3.2 (0.29)	8.3 (0.44)	3.1 (0.27)	2.3 (0.24)	5.6 (0.39)	7.0 (0.40)
Mexican or Mexican American	14.5 (0.70)	6.4 (0.57)	6.3 (0.55)	8.3 (0.63)	2.6 (0.31)	9.0 (0.62)	3.1 (0.36)	2.2 (0.33)	5.6 (0.54)	6.7 (0.53)
Not Hispanic or Latino	15.3 (0.27)	7.5 (0.19)	5.1 (0.15)	9.5 (0.21)	3.3 (0.13)	8.9 (0.20)	2.5 (0.12)	1.7 (0.10)	4.4 (0.16)	6.6 (0.20)
White, single race	14.9 (0.30)	7.2 (0.21)	4.7 (0.17)	9.2 (0.24)	3.3 (0.15)	8.7 (0.24)	2.4 (0.14)	1.6 (0.10)	4.2 (0.17)	6.3 (0.22)
Black or African American, single race	20.0 (0.72)	11.0 (0.54)	8.2 (0.43)	12.4 (0.54)	4.1 (0.33)	11.0 (0.53)	3.3 (0.31)	2.4 (0.32)	6.3 (0.40)	9.0 (0.52)

**Table A-10a. Age-adjusted percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
<b>Education<sup>5</sup></b>										
Less than a high school diploma	26.0 (0.75)	14.3 (0.63)	11.2 (0.53)	17.0 (0.67)	6.8 (0.49)	15.8 (0.65)	5.6 (0.43)	3.6 (0.31)	9.5 (0.52)	13.7 (0.62)
High school diploma or GED <sup>6</sup>	19.5 (0.54)	9.8 (0.40)	6.9 (0.33)	11.9 (0.40)	4.3 (0.28)	11.5 (0.41)	3.5 (0.28)	2.4 (0.25)	6.0 (0.32)	8.7 (0.37)
Some college	17.8 (0.50)	8.4 (0.38)	5.5 (0.30)	11.3 (0.42)	3.7 (0.26)	10.3 (0.40)	2.8 (0.22)	2.0 (0.18)	4.9 (0.31)	7.2 (0.36)
Bachelor's degree or higher	9.4 (0.38)	4.2 (0.28)	2.7 (0.22)	5.8 (0.30)	1.6 (0.16)	5.1 (0.30)	0.9 (0.11)	1.0 (0.13)	2.4 (0.22)	3.3 (0.24)
<b>Current employment status<sup>7</sup></b>										
Employed	7.8 (0.42)	2.5 (0.29)	1.4 (0.19)	3.8 (0.34)	1.2 (0.13)	3.9 (0.30)	1.0 (0.21)	0.4 (0.08)	0.8 (0.11)	1.8 (0.21)
Full-time	7.0 (0.67)	2.6 (0.58)	1.3 (0.37)	2.9 (0.47)	0.9 (0.10)	3.9 (0.58)	*0.8 (0.25)	0.4 (0.08)	0.6 (0.09)	1.2 (0.17)
Part-time	9.8 (0.74)	3.1 (0.45)	2.0 (0.31)	4.5 (0.53)	1.9 (0.31)	5.4 (0.51)	1.5 (0.37)	0.7 (0.16)	1.4 (0.25)	2.9 (0.41)
Not employed but has worked previously	26.6 (0.57)	14.0 (0.42)	9.3 (0.33)	17.9 (0.48)	7.2 (0.35)	15.8 (0.46)	4.7 (0.26)	3.5 (0.21)	8.7 (0.36)	12.6 (0.44)
Not employed and has never worked	25.8 (1.38)	15.3 (1.29)	12.9 (1.20)	17.2 (1.24)	6.9 (0.89)	15.5 (1.30)	5.9 (0.77)	4.0 (0.69)	12.4 (1.15)	15.3 (1.21)
<b>Family income<sup>8</sup></b>										
Less than \$35,000	24.7 (0.44)	13.0 (0.37)	9.6 (0.32)	15.9 (0.39)	6.6 (0.28)	14.6 (0.37)	5.0 (0.27)	3.1 (0.17)	8.0 (0.30)	11.5 (0.36)
\$35,000 or more	11.0 (0.28)	5.0 (0.21)	3.2 (0.17)	6.6 (0.22)	1.9 (0.13)	6.3 (0.22)	1.4 (0.12)	1.3 (0.12)	3.1 (0.18)	4.4 (0.20)
\$35,000–\$49,999	15.3 (0.65)	6.7 (0.45)	4.3 (0.35)	9.2 (0.48)	3.2 (0.32)	8.9 (0.48)	2.0 (0.24)	2.1 (0.32)	3.9 (0.36)	6.3 (0.43)
\$50,000–\$74,999	12.6 (0.55)	6.1 (0.42)	4.1 (0.34)	7.7 (0.46)	2.3 (0.28)	7.2 (0.40)	2.0 (0.26)	1.7 (0.23)	4.0 (0.37)	5.5 (0.41)
\$75,000–\$99,999	9.6 (0.66)	4.2 (0.49)	2.4 (0.38)	5.3 (0.50)	1.3 (0.29)	5.8 (0.58)	1.1 (0.20)	0.9 (0.27)	2.6 (0.42)	3.4 (0.41)
\$100,000 or more	8.0 (0.52)	3.8 (0.42)	2.5 (0.37)	5.0 (0.44)	1.2 (0.18)	4.1 (0.40)	0.8 (0.20)	0.9 (0.21)	2.1 (0.34)	3.0 (0.40)
<b>Poverty status<sup>9</sup></b>										
Poor	29.5 (0.72)	16.1 (0.62)	12.6 (0.55)	20.1 (0.64)	8.6 (0.49)	18.4 (0.61)	6.4 (0.48)	3.6 (0.28)	10.8 (0.53)	15.3 (0.61)
Near poor	21.6 (0.62)	11.3 (0.51)	8.1 (0.46)	13.4 (0.54)	5.1 (0.36)	12.6 (0.54)	4.2 (0.33)	3.1 (0.30)	6.9 (0.40)	9.8 (0.45)
Not poor	11.0 (0.26)	5.0 (0.19)	3.1 (0.15)	6.6 (0.21)	1.9 (0.12)	6.2 (0.21)	1.4 (0.10)	1.2 (0.10)	2.9 (0.16)	4.3 (0.19)

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Selected characteristic	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
Health insurance coverage <sup>10</sup>										
Under 65:										
Private	6.3 (0.24)	2.1 (0.15)	1.2 (0.10)	3.3 (0.18)	1.4 (0.12)	3.5 (0.19)	0.7 (0.08)	0.6 (0.08)	1.4 (0.12)	2.2 (0.14)
Medicaid	28.5 (0.97)	15.7 (0.81)	12.4 (0.69)	19.3 (0.83)	10.6 (0.67)	17.4 (0.79)	6.0 (0.54)	3.7 (0.41)	10.8 (0.69)	14.2 (0.78)
Other	25.9 (1.44)	14.4 (1.23)	10.6 (1.08)	18.7 (1.38)	8.5 (0.94)	16.7 (1.25)	5.1 (0.67)	4.7 (0.72)	8.8 (0.93)	12.9 (1.18)
Uninsured	10.3 (0.52)	4.2 (0.35)	2.5 (0.24)	5.3 (0.37)	2.9 (0.29)	5.6 (0.37)	1.7 (0.22)	1.5 (0.24)	2.2 (0.25)	3.9 (0.30)
65 and over:										
Private	34.4 (0.97)	19.2 (0.84)	12.6 (0.71)	23.0 (0.88)	3.9 (0.41)	20.4 (0.84)	4.2 (0.42)	3.1 (0.36)	9.9 (0.64)	13.9 (0.75)
Medicare and Medicaid	63.0 (2.27)	39.5 (2.44)	34.5 (2.23)	43.8 (2.33)	12.0 (1.33)	39.1 (2.26)	17.9 (1.93)	10.3 (1.39)	29.2 (2.23)	38.9 (2.30)
Medicare only	38.3 (1.21)	21.5 (1.07)	15.6 (0.96)	24.4 (1.13)	4.3 (0.48)	22.1 (1.04)	7.4 (0.80)	4.3 (0.52)	13.4 (0.93)	18.4 (1.09)
Other	44.4 (2.75)	27.7 (2.51)	20.6 (2.40)	29.1 (2.54)	7.6 (1.51)	25.2 (2.52)	10.4 (2.11)	5.7 (1.31)	16.4 (2.34)	19.8 (2.32)
Uninsured	47.0 (6.05)	*23.2 (7.02)	29.0 (7.34)	30.0 (7.56)	*	36.5 (7.56)	*	*	*17.4 (6.54)	35.0 (6.68)
Marital status										
Married	12.5 (0.33)	5.6 (0.23)	3.7 (0.18)	7.6 (0.26)	2.6 (0.16)	7.1 (0.26)	2.1 (0.14)	1.4 (0.12)	3.4 (0.18)	5.2 (0.22)
Widowed	22.2 (3.01)	11.8 (1.71)	7.9 (1.08)	16.2 (2.97)	*6.8 (2.60)	12.1 (1.21)	3.3 (0.44)	2.4 (0.35)	6.5 (0.57)	9.6 (1.14)
Divorced or separated	21.0 (0.69)	11.2 (0.54)	7.7 (0.44)	13.5 (0.60)	5.0 (0.34)	12.7 (0.61)	3.6 (0.38)	2.2 (0.22)	6.5 (0.41)	9.5 (0.51)
Never married	16.4 (0.78)	8.9 (0.72)	6.6 (0.58)	10.2 (0.68)	3.3 (0.43)	9.9 (0.67)	2.7 (0.53)	2.1 (0.26)	6.2 (0.66)	6.8 (0.57)
Living with a partner	17.0 (1.46)	8.6 (1.20)	5.5 (0.90)	11.0 (1.30)	5.4 (0.76)	9.2 (1.18)	3.1 (0.69)	2.3 (0.56)	4.4 (0.86)	6.0 (0.83)
Place of residence <sup>11</sup>										
Large MSA	13.4 (0.32)	6.8 (0.24)	4.7 (0.19)	8.2 (0.25)	2.6 (0.15)	7.5 (0.24)	2.1 (0.15)	1.5 (0.11)	4.3 (0.19)	5.9 (0.24)
Small MSA	15.9 (0.45)	7.5 (0.31)	5.4 (0.25)	9.9 (0.32)	3.5 (0.22)	9.7 (0.36)	2.6 (0.18)	2.1 (0.18)	4.5 (0.25)	6.9 (0.33)
Not in MSA	19.3 (0.63)	9.5 (0.45)	6.6 (0.39)	12.1 (0.51)	5.2 (0.37)	11.5 (0.54)	3.7 (0.34)	2.3 (0.22)	5.5 (0.36)	8.3 (0.46)
Region										
Northeast	13.2 (0.54)	6.1 (0.34)	4.0 (0.28)	8.0 (0.41)	2.5 (0.24)	7.4 (0.42)	1.7 (0.20)	1.4 (0.16)	3.7 (0.27)	5.4 (0.37)
Midwest	15.5 (0.52)	7.5 (0.41)	4.9 (0.31)	9.8 (0.42)	3.2 (0.27)	9.1 (0.39)	2.2 (0.23)	1.5 (0.16)	4.0 (0.29)	6.3 (0.37)
South	16.5 (0.44)	8.6 (0.32)	6.1 (0.26)	10.2 (0.33)	3.8 (0.21)	9.6 (0.33)	2.9 (0.22)	2.0 (0.17)	5.3 (0.28)	7.5 (0.34)
West	13.8 (0.43)	6.5 (0.30)	4.8 (0.27)	8.5 (0.35)	3.0 (0.24)	8.2 (0.36)	2.8 (0.22)	2.0 (0.22)	4.6 (0.26)	6.2 (0.29)

**Table A-10a. Age-adjusted percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
Hispanic or Latino origin <sup>4</sup> , race, and sex										
Hispanic or Latino, male	10.8 (0.80)	5.1 (0.60)	4.1 (0.50)	6.6 (0.62)	2.5 (0.45)	5.6 (0.52)	1.9 (0.34)	1.6 (0.33)	2.9 (0.39)	4.4 (0.52)
Hispanic or Latina, female	16.9 (0.68)	7.8 (0.59)	7.2 (0.57)	9.6 (0.61)	3.8 (0.40)	10.4 (0.65)	4.0 (0.40)	2.8 (0.32)	7.7 (0.55)	9.0 (0.57)
Not Hispanic or Latino:										
White, single race, male	12.0 (0.39)	5.9 (0.30)	3.9 (0.24)	7.8 (0.34)	2.5 (0.19)	7.1 (0.34)	2.3 (0.22)	1.4 (0.13)	2.8 (0.22)	4.3 (0.26)
White, single race, female	17.4 (0.42)	8.2 (0.28)	5.4 (0.23)	10.5 (0.33)	4.0 (0.23)	10.1 (0.33)	2.4 (0.16)	1.8 (0.14)	5.3 (0.25)	8.0 (0.31)
Black or African American, single race, male	16.4 (0.94)	9.6 (0.74)	6.6 (0.62)	11.0 (0.79)	2.6 (0.37)	9.0 (0.75)	2.8 (0.38)	1.9 (0.33)	4.2 (0.52)	7.0 (0.66)
Black or African American, single race, female	22.7 (1.01)	12.1 (0.76)	9.3 (0.57)	13.5 (0.73)	5.3 (0.51)	12.6 (0.74)	3.8 (0.46)	2.8 (0.51)	7.8 (0.57)	10.5 (0.72)

\* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

<sup>1</sup>In a series of separate questions, respondents were asked the degree of difficulty they experienced performing nine physical activities by themselves and without using any special equipment. The activities included walking a quarter of a mile (or three city blocks); standing for 2 hours; stooping, bending, or kneeling; climbing 10 steps without resting; sitting for 2 hours; reaching over one's head; using one's fingers to grasp or handle small objects; lifting or carrying a 10-pound object (such as a full bag of groceries); and pushing or pulling a large object (such as a living room chair). The response categories consisted of "not at all difficult," "only a little difficult," "somewhat difficult," "very difficult," "can't do at all," or "do not do this activity." For this table, response categories "very difficult" and "can't do [it] at all" are combined.

"Any physical difficulty" consists of a "very difficult" or "can't do at all" response to at least one of the nine physical activities shown in the remaining columns.

<sup>2</sup>Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

<sup>3</sup>Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

<sup>4</sup>Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

<sup>5</sup>Shown only for adults aged 25 and over. Estimates are age adjusted to the projected 2000 U.S. population as the standard population using four age groups: 25-44, 45-64, 65-74, and 75 and over.

<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

<sup>8</sup>Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

<sup>9</sup>"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

<sup>10</sup>Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

<sup>11</sup>MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the denominators when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. Unless otherwise specified, estimates are age-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18-44, 45-64, 65-74, and 75 and over. Estimates for age groups are not age-adjusted. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarreal MA, Clarke TC. Tables of Summary Health Statistics for U.S. Adults: 2013 National Health Interview Survey. 2015. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: CDC/NCHS, National Health Interview Survey, 2013.

**Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	All adults aged 18 and over	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
Total	237,394	37,818	18,562	13,036	23,431	8,233	22,152	6,375	4,518	11,390	16,461
Sex											
Male	114,334	14,157	7,099	4,772	9,175	2,979	8,288	2,680	1,763	3,494	5,287
Female	123,061	23,661	11,463	8,264	14,256	5,254	13,863	3,694	2,755	7,896	11,173
Age (years)											
18–44	111,717	5,963	2,137	1,274	3,079	1,826	3,007	710	662	1,310	2,170
45–64	82,286	15,568	7,215	5,121	9,656	4,256	9,496	2,830	2,055	4,694	6,845
65–74	25,086	7,397	3,561	2,693	4,555	1,282	4,489	1,152	867	1,985	2,960
75 and over	18,305	8,890	5,649	3,948	6,141	868	5,160	1,682	933	3,401	4,486
Race											
One race <sup>2</sup>	233,678	37,320	18,317	12,821	23,107	8,121	21,838	6,292	4,469	11,165	16,215
White	189,484	30,328	14,693	10,151	18,824	6,610	17,964	5,166	3,581	8,930	13,047
Black or African American	28,503	5,391	2,926	2,126	3,368	1,186	3,012	906	645	1,684	2,397
American Indian or Alaska Native	1,970	373	228	192	259	104	248	*57	*53	104	161
Asian	13,236	1,140	459	342	637	167	549	162	137	429	595
Native Hawaiian or Other Pacific Islander	485	*	*	*	*	*	*	-	*	*	*
Two or more races <sup>3</sup>	3,716	498	245	215	324	112	314	83	*49	225	245
Black or African American, white	801	*88	*25	*27	*48	*	*30	*	*	*	*40
American Indian or Alaska Native, white	1,570	272	173	148	190	*56	193	*54	*33	129	150
Hispanic or Latino origin <sup>4</sup> and race											
Hispanic or Latino	35,704	3,832	1,722	1,474	2,237	935	2,249	822	648	1,452	1,795
Mexican or Mexican American	22,277	2,216	883	853	1,255	448	1,371	453	356	801	994
Not Hispanic or Latino	201,690	33,986	16,840	11,562	21,194	7,298	19,903	5,553	3,870	9,937	14,666
White, single race	156,858	26,796	13,111	8,791	16,782	5,748	15,880	4,377	2,970	7,610	11,387
Black or African American, single race	27,415	5,292	2,878	2,091	3,296	1,151	2,954	897	643	1,637	2,354

**Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	All adults aged 18 and over	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
<b>Education<sup>5</sup></b>											
Less than a high school diploma	27,749	8,481	4,788	3,764	5,577	2,012	5,108	1,853	1,156	3,161	4,494
High school diploma or GED <sup>6</sup>	52,621	11,776	6,024	4,293	7,262	2,510	7,036	2,156	1,414	3,654	5,307
Some college	60,000	10,689	4,898	3,196	6,674	2,307	6,302	1,702	1,248	2,903	4,271
Bachelor's degree or higher	65,758	5,655	2,372	1,548	3,411	1,049	3,092	544	590	1,376	1,963
<b>Current employment status<sup>7</sup></b>											
Employed	144,126	8,090	2,078	1,334	3,454	1,685	4,327	889	621	1,013	2,026
Full-time	117,101	5,739	1,351	867	2,377	1,195	3,034	554	457	637	1,253
Part-time	24,980	2,088	621	397	895	451	1,175	304	157	310	625
Not employed but has worked previously	78,659	26,341	14,454	10,033	17,782	5,749	15,814	4,709	3,397	8,772	12,450
Not employed and has never worked	14,364	3,358	2,005	1,642	2,167	783	1,983	753	481	1,580	1,958
<b>Family income<sup>8</sup></b>											
Less than \$35,000	72,188	19,345	10,372	7,705	12,510	4,847	11,522	3,891	2,363	6,373	9,108
\$35,000 or more	149,560	15,964	6,845	4,415	9,243	2,938	9,112	2,035	1,932	4,112	6,225
\$35,000–\$49,999	30,855	5,024	2,220	1,423	3,032	1,032	2,930	648	680	1,291	2,064
\$50,000–\$74,999	40,797	5,194	2,418	1,653	3,138	950	3,008	794	684	1,558	2,254
\$75,000–\$99,999	27,096	2,390	942	547	1,236	347	1,423	286	*227	617	734
\$100,000 or more	50,812	3,356	1,265	792	1,837	609	1,750	307	341	645	1,172
<b>Poverty status<sup>9</sup></b>											
Poor	29,822	7,820	4,169	3,231	5,255	2,363	4,851	1,685	942	2,772	3,995
Near poor	38,468	8,729	4,627	3,346	5,433	1,946	5,112	1,687	1,243	2,805	3,981
Not poor	148,428	17,004	7,425	4,656	9,964	3,046	9,715	2,174	1,830	4,331	6,543

**Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	All adults aged 18 and over	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
Health insurance coverage <sup>10</sup>											
Under 65:											
Private	125,224	8,785	2,976	1,794	4,678	1,931	4,974	1,047	831	1,904	3,126
Medicaid	19,711	5,531	3,041	2,389	3,727	2,049	3,366	1,158	710	2,087	2,749
Other	9,247	3,333	1,766	1,296	2,348	1,004	2,080	684	621	1,164	1,631
Uninsured	38,942	3,798	1,515	905	1,948	1,092	2,067	629	550	809	1,456
65 and over:											
Private	21,580	7,187	3,965	2,594	4,779	835	4,289	874	652	2,022	2,871
Medicare and Medicaid	3,185	1,997	1,244	1,079	1,390	387	1,235	564	332	921	1,232
Medicare only	14,960	5,566	3,060	2,252	3,513	653	3,224	1,061	617	1,902	2,632
Other	3,159	1,388	857	645	918	249	782	321	189	505	609
Uninsured	411	124	*62	*69	*83	*	106	*	*	*37	*79
Marital status											
Married	125,149	17,544	7,867	5,206	10,624	3,665	10,124	2,853	1,921	4,673	7,251
Widowed	14,432	6,708	3,953	3,032	4,483	931	4,110	1,246	888	2,601	3,516
Divorced or separated	27,632	6,895	3,627	2,603	4,464	1,808	4,214	1,275	802	2,218	3,168
Never married	52,816	4,562	2,191	1,507	2,643	1,029	2,524	638	613	1,399	1,740
Living with a partner	16,910	2,054	887	661	1,176	787	1,145	359	294	481	769
Place of residence <sup>11</sup>											
Large MSA	127,881	17,286	8,576	5,976	10,538	3,445	9,679	2,771	1,920	5,511	7,545
Small MSA	73,440	12,362	5,866	4,186	7,713	2,707	7,532	2,033	1,609	3,496	5,355
Not in MSA	36,074	8,169	4,119	2,874	5,180	2,080	4,940	1,571	990	2,383	3,561
Region											
Northeast	41,590	6,172	2,868	1,925	3,747	1,141	3,493	834	660	1,784	2,591
Midwest	53,833	8,741	4,217	2,794	5,525	1,797	5,135	1,266	827	2,273	3,543
South	87,664	15,393	7,995	5,728	9,568	3,617	9,081	2,734	1,922	4,881	7,009
West	54,307	7,512	3,482	2,589	4,592	1,676	4,442	1,540	1,108	2,452	3,318

**Table A-10b. Frequencies (in thousands) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	All adults aged 18 and over	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
Hispanic or Latino origin <sup>4</sup> , race, and sex											
Hispanic or Latino, male	17,870	1,421	682	508	883	385	776	279	249	412	562
Hispanic or Latina, female	17,834	2,411	1,039	966	1,354	550	1,472	543	399	1,040	1,233
Not Hispanic or Latino:											
White, single race, male	75,979	10,191	5,028	3,345	6,648	2,129	6,053	1,971	1,169	2,405	3,627
White, single race, female	80,880	16,604	8,083	5,446	10,134	3,619	9,826	2,406	1,801	5,205	7,760
Black or African American, single race, male	12,321	1,900	1,087	722	1,271	326	1,062	328	230	481	797
Black or African American, single race, female	15,094	3,393	1,790	1,369	2,025	825	1,893	569	413	1,156	1,558

\* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.  
 - Quantity zero.

<sup>1</sup>In a series of separate questions, respondents were asked the degree of difficulty they experienced performing nine physical activities by themselves and without using any special equipment. The activities included walking a quarter of a mile (or three city blocks); standing for 2 hours; stooping, bending, or kneeling; climbing 10 steps without resting; sitting for 2 hours; reaching over one's head; using one's fingers to grasp or handle small objects; lifting or carrying a 10-pound object (such as a full bag of groceries); and pushing or pulling a large object (such as a living room chair). The response categories consisted of "not at all difficult," "only a little difficult," "somewhat difficult," "very difficult," "can't do at all," or "do not do this activity." For this table, response categories "very difficult" and "can't do [it] at all" are combined.

"Any physical difficulty" consists of a "very difficult" or "can't do at all" response to at least one of the nine physical activities shown in the remaining columns.

<sup>2</sup>Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

<sup>3</sup>Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

<sup>4</sup>Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

<sup>5</sup>Shown only for adults aged 25 and over.

<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

<sup>8</sup>Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

<sup>9</sup>"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

<sup>10</sup>Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

<sup>11</sup>MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Unknowns for the columns were not included in the frequencies, but they are included in the "All adults aged 18 and over" column. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarreal MA, Clarke TC. Tables of Summary Health Statistics for U.S. Adults: 2013 National Health Interview Survey. 2015. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: CDC/NCHS, National Health Interview Survey, 2013.



**Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
Total	15.9 (0.27)	7.8 (0.20)	5.5 (0.16)	9.9 (0.21)	3.5 (0.13)	9.3 (0.20)	2.7 (0.12)	1.9 (0.09)	4.8 (0.16)	6.9 (0.19)
Sex										
Male	12.4 (0.34)	6.2 (0.25)	4.2 (0.20)	8.0 (0.29)	2.6 (0.16)	7.2 (0.28)	2.3 (0.17)	1.5 (0.12)	3.1 (0.19)	4.6 (0.22)
Female	19.2 (0.39)	9.3 (0.28)	6.7 (0.23)	11.6 (0.30)	4.3 (0.19)	11.3 (0.29)	3.0 (0.15)	2.2 (0.14)	6.4 (0.24)	9.1 (0.28)
Age (years)										
18–44	5.3 (0.24)	1.9 (0.14)	1.1 (0.10)	2.8 (0.17)	1.6 (0.14)	2.7 (0.17)	0.6 (0.08)	0.6 (0.10)	1.2 (0.12)	1.9 (0.15)
45–64	18.9 (0.47)	8.8 (0.35)	6.2 (0.29)	11.7 (0.39)	5.2 (0.27)	11.5 (0.38)	3.4 (0.21)	2.5 (0.17)	5.7 (0.27)	8.3 (0.33)
65–74	29.5 (0.84)	14.2 (0.67)	10.7 (0.59)	18.2 (0.73)	5.1 (0.42)	17.9 (0.70)	4.6 (0.44)	3.5 (0.34)	7.9 (0.51)	11.8 (0.62)
75 and over	48.6 (1.15)	30.9 (1.10)	21.6 (0.94)	33.6 (1.09)	4.7 (0.47)	28.2 (1.07)	9.2 (0.76)	5.1 (0.49)	18.6 (0.90)	24.5 (1.08)
Race										
One race <sup>2</sup>	16.0 (0.27)	7.8 (0.20)	5.5 (0.16)	9.9 (0.22)	3.5 (0.13)	9.3 (0.21)	2.7 (0.12)	1.9 (0.10)	4.8 (0.16)	6.9 (0.19)
White	16.0 (0.30)	7.8 (0.22)	5.4 (0.18)	9.9 (0.24)	3.5 (0.14)	9.5 (0.23)	2.7 (0.14)	1.9 (0.10)	4.7 (0.18)	6.9 (0.22)
Black or African American	18.9 (0.77)	10.3 (0.56)	7.5 (0.42)	11.8 (0.56)	4.2 (0.34)	10.6 (0.55)	3.2 (0.30)	2.3 (0.31)	5.9 (0.40)	8.4 (0.52)
American Indian or Alaska Native	18.9 (2.74)	11.5 (2.28)	9.7 (2.17)	13.2 (2.51)	5.3 (1.41)	12.6 (2.17)	*2.9 (1.05)	*2.7 (1.07)	5.3 (1.45)	8.2 (1.85)
Asian	8.6 (0.80)	3.5 (0.53)	2.6 (0.41)	4.8 (0.57)	1.3 (0.25)	4.1 (0.55)	1.2 (0.26)	1.0 (0.30)	3.2 (0.52)	4.5 (0.60)
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	*
Two or more races <sup>3</sup>	13.4 (1.56)	6.6 (1.07)	5.8 (1.03)	8.7 (1.26)	3.0 (0.83)	8.5 (1.21)	2.2 (0.59)	*1.3 (0.46)	6.1 (1.02)	6.6 (1.13)
Black or African American, white	*11.0 (3.41)	*3.1 (1.33)	*3.4 (1.43)	*6.0 (1.97)	*	*3.7 (1.60)	*	*	*4.9 (2.22)	*5.0 (2.22)
American Indian or Alaska Native, white	17.3 (2.75)	11.0 (2.22)	9.4 (2.13)	12.1 (2.42)	*3.6 (1.26)	12.3 (2.32)	*3.4 (1.14)	*2.1 (0.98)	8.2 (1.87)	9.6 (2.20)
Hispanic or Latino origin <sup>4</sup> and race										
Hispanic or Latino	10.7 (0.45)	4.8 (0.33)	4.1 (0.29)	6.3 (0.35)	2.6 (0.23)	6.3 (0.35)	2.3 (0.20)	1.8 (0.19)	4.1 (0.28)	5.0 (0.30)
Mexican or Mexican American	9.9 (0.54)	4.0 (0.35)	3.8 (0.37)	5.6 (0.44)	2.0 (0.25)	6.2 (0.44)	2.0 (0.24)	1.6 (0.22)	3.6 (0.35)	4.5 (0.35)
Not Hispanic or Latino	16.9 (0.31)	8.3 (0.22)	5.7 (0.18)	10.5 (0.24)	3.6 (0.14)	9.9 (0.23)	2.8 (0.14)	1.9 (0.10)	4.9 (0.18)	7.3 (0.22)
White, single race	17.1 (0.35)	8.4 (0.26)	5.6 (0.21)	10.7 (0.28)	3.7 (0.16)	10.1 (0.27)	2.8 (0.16)	1.9 (0.11)	4.9 (0.20)	7.3 (0.25)
Black or African American, single race	19.3 (0.79)	10.5 (0.57)	7.6 (0.43)	12.0 (0.57)	4.2 (0.35)	10.8 (0.57)	3.3 (0.31)	2.3 (0.32)	6.0 (0.41)	8.6 (0.53)

**Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
<b>Education<sup>5</sup></b>										
Less than a high school diploma	30.6 (0.88)	17.3 (0.74)	13.6 (0.62)	20.1 (0.77)	7.2 (0.50)	18.4 (0.73)	6.7 (0.50)	4.2 (0.32)	11.4 (0.61)	16.2 (0.74)
High school diploma or GED <sup>6</sup>	22.4 (0.61)	11.4 (0.48)	8.2 (0.39)	13.8 (0.47)	4.8 (0.31)	13.4 (0.49)	4.1 (0.32)	2.7 (0.26)	6.9 (0.37)	10.1 (0.44)
Some college	17.8 (0.54)	8.2 (0.38)	5.3 (0.30)	11.1 (0.43)	3.8 (0.27)	10.5 (0.42)	2.8 (0.22)	2.1 (0.18)	4.8 (0.30)	7.1 (0.36)
Bachelor's degree or higher	8.6 (0.36)	3.6 (0.24)	2.4 (0.20)	5.2 (0.28)	1.6 (0.16)	4.7 (0.28)	0.8 (0.10)	0.9 (0.12)	2.1 (0.19)	3.0 (0.21)
<b>Current employment status<sup>7</sup></b>										
Employed	5.6 (0.22)	1.4 (0.10)	0.9 (0.08)	2.4 (0.14)	1.2 (0.10)	3.0 (0.16)	0.6 (0.07)	0.4 (0.07)	0.7 (0.07)	1.4 (0.10)
Full-time	4.9 (0.23)	1.2 (0.10)	0.7 (0.09)	2.0 (0.15)	1.0 (0.11)	2.6 (0.17)	0.5 (0.07)	0.4 (0.08)	0.5 (0.08)	1.1 (0.09)
Part-time	8.4 (0.63)	2.5 (0.36)	1.6 (0.24)	3.6 (0.38)	1.8 (0.29)	4.7 (0.45)	1.2 (0.30)	0.6 (0.15)	1.2 (0.22)	2.5 (0.33)
Not employed but has worked previously	33.5 (0.58)	18.4 (0.46)	12.8 (0.38)	22.6 (0.49)	7.3 (0.30)	20.1 (0.47)	6.0 (0.29)	4.3 (0.22)	11.2 (0.39)	15.8 (0.47)
Not employed and has never worked	23.4 (1.29)	14.0 (1.10)	11.4 (0.94)	15.1 (1.04)	5.4 (0.62)	13.8 (1.10)	5.2 (0.63)	3.4 (0.47)	11.0 (0.93)	13.6 (0.99)
<b>Family income<sup>8</sup></b>										
Less than \$35,000	26.8 (0.54)	14.4 (0.42)	10.7 (0.36)	17.3 (0.45)	6.7 (0.29)	16.0 (0.43)	5.4 (0.29)	3.3 (0.18)	8.8 (0.33)	12.6 (0.41)
\$35,000 or more	10.7 (0.29)	4.6 (0.20)	3.0 (0.15)	6.2 (0.22)	2.0 (0.13)	6.1 (0.22)	1.4 (0.11)	1.3 (0.11)	2.7 (0.16)	4.2 (0.19)
\$35,000–\$49,999	16.3 (0.74)	7.2 (0.52)	4.6 (0.39)	9.8 (0.55)	3.3 (0.34)	9.5 (0.53)	2.1 (0.26)	2.2 (0.33)	4.2 (0.40)	6.7 (0.48)
\$50,000–\$74,999	12.7 (0.59)	5.9 (0.41)	4.1 (0.35)	7.7 (0.48)	2.3 (0.29)	7.4 (0.43)	1.9 (0.25)	1.7 (0.23)	3.8 (0.36)	5.5 (0.41)
\$75,000–\$99,999	8.8 (0.63)	3.5 (0.43)	2.0 (0.31)	4.6 (0.44)	1.3 (0.29)	5.3 (0.51)	1.1 (0.20)	0.8 (0.25)	2.3 (0.34)	2.7 (0.31)
\$100,000 or more	6.6 (0.43)	2.5 (0.27)	1.6 (0.21)	3.6 (0.31)	1.2 (0.17)	3.4 (0.30)	0.6 (0.14)	0.7 (0.13)	1.3 (0.18)	2.3 (0.27)
<b>Poverty status<sup>9</sup></b>										
Poor	26.2 (0.83)	14.0 (0.63)	10.8 (0.53)	17.6 (0.66)	7.9 (0.47)	16.3 (0.63)	5.7 (0.44)	3.2 (0.25)	9.3 (0.50)	13.4 (0.60)
Near poor	22.7 (0.69)	12.0 (0.55)	8.7 (0.49)	14.1 (0.58)	5.1 (0.35)	13.3 (0.57)	4.4 (0.35)	3.2 (0.30)	7.3 (0.43)	10.3 (0.49)
Not poor	11.5 (0.28)	5.0 (0.20)	3.1 (0.16)	6.7 (0.22)	2.1 (0.13)	6.5 (0.22)	1.5 (0.10)	1.2 (0.10)	2.9 (0.16)	4.4 (0.19)

**Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
Health insurance coverage <sup>10</sup>										
Under 65:										
Private	7.0 (0.27)	2.4 (0.17)	1.4 (0.12)	3.7 (0.20)	1.5 (0.13)	4.0 (0.20)	0.8 (0.09)	0.7 (0.08)	1.5 (0.13)	2.5 (0.15)
Medicaid	28.1 (1.05)	15.4 (0.85)	12.1 (0.73)	18.9 (0.88)	10.4 (0.68)	17.1 (0.86)	5.9 (0.55)	3.6 (0.40)	10.6 (0.71)	13.9 (0.81)
Other	36.0 (1.70)	19.1 (1.44)	14.0 (1.30)	25.4 (1.62)	10.9 (0.99)	22.5 (1.48)	7.4 (0.88)	6.7 (0.78)	12.6 (1.24)	17.6 (1.45)
Uninsured	9.8 (0.51)	3.9 (0.33)	2.3 (0.22)	5.0 (0.35)	2.8 (0.28)	5.3 (0.35)	1.6 (0.21)	1.4 (0.23)	2.1 (0.23)	3.7 (0.29)
65 and over:										
Private	33.3 (1.00)	18.4 (0.84)	12.0 (0.69)	22.1 (0.89)	3.9 (0.40)	19.9 (0.83)	4.0 (0.41)	3.0 (0.35)	9.4 (0.63)	13.3 (0.72)
Medicare and Medicaid	62.7 (2.31)	39.1 (2.45)	33.9 (2.27)	43.6 (2.31)	12.2 (1.33)	38.8 (2.26)	17.7 (1.92)	10.4 (1.39)	28.9 (2.24)	38.7 (2.30)
Medicare only	37.2 (1.22)	20.5 (1.05)	15.1 (0.94)	23.5 (1.10)	4.4 (0.49)	21.6 (1.02)	7.1 (0.76)	4.1 (0.50)	12.7 (0.90)	17.6 (1.06)
Other	43.9 (2.69)	27.1 (2.42)	20.4 (2.35)	29.1 (2.47)	7.9 (1.56)	24.7 (2.46)	10.2 (2.02)	6.0 (1.42)	16.0 (2.26)	19.3 (2.20)
Uninsured	30.0 (6.32)	*15.0 (4.63)	16.8 (5.02)	20.2 (5.57)	*	25.7 (6.00)	*	*	*8.9 (3.43)	19.1 (5.40)
Marital status										
Married	14.0 (0.36)	6.3 (0.26)	4.2 (0.20)	8.5 (0.29)	2.9 (0.18)	8.1 (0.29)	2.3 (0.15)	1.5 (0.12)	3.7 (0.20)	5.8 (0.24)
Widowed	46.5 (1.19)	27.4 (1.05)	21.0 (1.00)	31.1 (1.07)	6.5 (0.53)	28.5 (1.17)	8.6 (0.82)	6.1 (0.57)	18.0 (0.94)	24.4 (1.13)
Divorced or separated	25.0 (0.74)	13.1 (0.60)	9.4 (0.48)	16.2 (0.63)	6.5 (0.43)	15.3 (0.65)	4.6 (0.42)	2.9 (0.27)	8.0 (0.49)	11.5 (0.57)
Never married	8.6 (0.42)	4.1 (0.30)	2.9 (0.21)	5.0 (0.30)	1.9 (0.20)	4.8 (0.31)	1.2 (0.14)	1.2 (0.17)	2.6 (0.23)	3.3 (0.26)
Living with a partner	12.1 (0.87)	5.2 (0.60)	3.9 (0.52)	7.0 (0.66)	4.7 (0.57)	6.8 (0.68)	2.1 (0.41)	1.7 (0.36)	2.8 (0.43)	4.5 (0.52)
Place of residence <sup>11</sup>										
Large MSA	13.5 (0.35)	6.7 (0.25)	4.7 (0.21)	8.2 (0.28)	2.7 (0.16)	7.6 (0.25)	2.2 (0.15)	1.5 (0.11)	4.3 (0.20)	5.9 (0.25)
Small MSA	16.8 (0.51)	8.0 (0.36)	5.7 (0.27)	10.5 (0.37)	3.7 (0.23)	10.3 (0.39)	2.8 (0.20)	2.2 (0.19)	4.8 (0.28)	7.3 (0.36)
Not in MSA	22.6 (0.77)	11.4 (0.56)	8.0 (0.47)	14.4 (0.64)	5.8 (0.40)	13.7 (0.63)	4.4 (0.41)	2.7 (0.27)	6.6 (0.45)	9.9 (0.57)
Region										
Northeast	14.8 (0.62)	6.9 (0.42)	4.6 (0.34)	9.0 (0.49)	2.7 (0.26)	8.4 (0.46)	2.0 (0.24)	1.6 (0.18)	4.3 (0.33)	6.2 (0.44)
Midwest	16.2 (0.59)	7.8 (0.45)	5.2 (0.35)	10.3 (0.48)	3.3 (0.28)	9.5 (0.44)	2.4 (0.24)	1.5 (0.16)	4.2 (0.33)	6.6 (0.39)
South	17.6 (0.48)	9.1 (0.36)	6.5 (0.29)	10.9 (0.36)	4.1 (0.22)	10.4 (0.36)	3.1 (0.23)	2.2 (0.17)	5.6 (0.29)	8.0 (0.36)
West	13.8 (0.49)	6.4 (0.33)	4.8 (0.29)	8.5 (0.39)	3.1 (0.24)	8.2 (0.38)	2.8 (0.22)	2.0 (0.22)	4.5 (0.27)	6.1 (0.32)

**Table A-10c. Crude percentages (with standard errors) of difficulties in physical functioning among adults aged 18 and over, by selected characteristics: United States, 2013**

Selected characteristic	Any physical difficulty <sup>1</sup>	Very difficult to or cannot walk quarter of a mile <sup>1</sup>	Very difficult to or cannot climb up 10 steps without resting <sup>1</sup>	Very difficult to or cannot stand for 2 hours <sup>1</sup>	Very difficult to or cannot sit for 2 hours <sup>1</sup>	Very difficult to or cannot stoop, bend, or kneel <sup>1</sup>	Very difficult to or cannot reach over head <sup>1</sup>	Very difficult to or cannot grasp or handle small objects <sup>1</sup>	Very difficult to or cannot lift or carry 10 pounds <sup>1</sup>	Very difficult to or cannot push or pull large objects <sup>1</sup>
Hispanic or Latino origin <sup>4</sup> , race, and sex										
Hispanic or Latino, male	8.0 (0.62)	3.8 (0.45)	2.8 (0.34)	4.9 (0.48)	2.2 (0.33)	4.3 (0.42)	1.6 (0.28)	1.4 (0.27)	2.3 (0.33)	3.1 (0.35)
Hispanic or Latina, female	13.5 (0.66)	5.8 (0.47)	5.4 (0.48)	7.6 (0.51)	3.1 (0.33)	8.3 (0.56)	3.0 (0.31)	2.2 (0.26)	5.8 (0.45)	6.9 (0.49)
Not Hispanic or Latino:										
White, single race, male	13.4 (0.45)	6.6 (0.34)	4.4 (0.27)	8.7 (0.38)	2.8 (0.20)	8.0 (0.37)	2.6 (0.24)	1.5 (0.14)	3.2 (0.25)	4.8 (0.29)
White, single race, female	20.5 (0.49)	10.0 (0.36)	6.7 (0.30)	12.5 (0.39)	4.5 (0.24)	12.1 (0.38)	3.0 (0.20)	2.2 (0.17)	6.4 (0.31)	9.6 (0.37)
Black or African American, single race, male	15.4 (1.02)	8.8 (0.73)	5.9 (0.57)	10.3 (0.80)	2.6 (0.37)	8.6 (0.79)	2.7 (0.36)	1.9 (0.32)	3.9 (0.50)	6.5 (0.63)
Black or African American, single race, female	22.5 (1.07)	11.9 (0.81)	9.1 (0.61)	13.4 (0.79)	5.5 (0.54)	12.5 (0.77)	3.8 (0.48)	2.7 (0.50)	7.7 (0.59)	10.3 (0.76)

\* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error (RSE) greater than 30% and less than or equal to 50% and should be used with caution. Data not shown have an RSE greater than 50%.

- Quantity zero.

<sup>1</sup>In a series of separate questions, respondents were asked the degree of difficulty they experienced performing nine physical activities by themselves and without using any special equipment. The activities included walking a quarter of a mile (or three city blocks); standing for 2 hours; stooping, bending, or kneeling; climbing 10 steps without resting; sitting for 2 hours; reaching over one's head; using one's fingers to grasp or handle small objects; lifting or carrying a 10-pound object (such as a full bag of groceries); and pushing or pulling a large object (such as a living room chair). The response categories consisted of "not at all difficult," "only a little difficult," "somewhat difficult," "very difficult," "can't do at all," or "do not do this activity."

For this table, response categories "very difficult" and "can't do [it] at all" are combined.

"Any physical difficulty" consists of a "very difficult" or "can't do at all" response to at least one of the nine physical activities shown in the remaining columns.

<sup>2</sup>Refers to persons who indicated only a single race group, including those of Hispanic or Latino origin.

<sup>3</sup>Refers to persons who indicated more than one race group, including those of Hispanic or Latino origin. Only two combinations of multiple race groups are shown due to small sample sizes for other combinations.

<sup>4</sup>Refers to persons who are of Hispanic or Latino origin and may be of any race or combination of races. "Not Hispanic or Latino" refers to persons who are not of Hispanic or Latino origin, regardless of race.

<sup>5</sup>Shown only for adults aged 25 and over.

<sup>6</sup>GED is General Educational Development high school equivalency diploma.

<sup>7</sup>"Full-time" employment is 35 or more hours per week. "Part-time" employment is 34 or fewer hours per week.

<sup>8</sup>Includes persons in families that reported either a dollar amount or would not provide a dollar amount but provided an income interval.

<sup>9</sup>"Poor" persons live in families defined as below the poverty threshold. "Near poor" persons live in families with incomes of 100% to less than 200% of the poverty threshold. "Not poor" persons live in families with incomes that are 200% of the poverty threshold or greater.

<sup>10</sup>Based on a hierarchy of mutually exclusive categories. Adults with more than one type of health insurance were assigned to the first appropriate category in the hierarchy. "Uninsured" includes adults who had no coverage as well as those who had only Indian Health Service coverage or had only a private plan that paid for one type of service such as accidents or dental care.

<sup>11</sup>MSA is metropolitan statistical area. Large MSAs have a population size of 1 million or more; small MSAs have a population size of less than 1 million. "Not in MSA" consists of persons not living in a metropolitan statistical area.

NOTES: Estimates are based on household interviews of a sample of the civilian noninstitutionalized population. This table is based on data from the Sample Adult file and was weighted using the Sample Adult weight. Persons who respond "do not do this activity" as well as those for whom the information is unknown are not included in the denominator when calculating percentages. Percentages may not add to totals due to rounding. "Total" includes other races not shown separately and persons with unknown education, family income, poverty status, and health insurance characteristics. For more information on the data source, methods, and definitions used for this table, refer to Technical Notes for Summary Health Statistics Tables: National Health Interview Survey (available from <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>). Suggested citation: Blackwell DL, Villarroel MA, Clarke TC. Tables of Summary Health Statistics for U.S. Adults: 2013 National Health Interview Survey. 2015. Available from: <http://www.cdc.gov/nchs/nhis/SHS/tables.htm>.

SOURCE: CDC/NCHS, National Health Interview Survey, 2013.