

**Mental Health and Social Services**

|   |  |   |
|---|--|---|
| 4.1 <sup>1</sup>  | Has a state mental health and social services (MHSS) coordinator   | <input type="radio"/> <sup>2</sup>            |
|   | Requires each district to have an MHSS coordinator   | <input type="radio"/>                         |
|   | Requires each school to have an MHSS coordinator   | <input type="radio"/>                         |
| 4.2   | Requires MHSS staff participation in IEPs when indicated   | <input checked="" type="radio"/>              |
|   | Requires MHSS staff participation in IHPs when indicated   | <input type="radio"/>                         |
|   | Requires MHSS staff participation in 504 plans when indicated  | <input type="radio"/>                         |
| 4.3   | Has schools that serve as Medicaid providers by providing mental health or social services   | <input type="radio"/>                         |
|   | Has SBHCs that serve as Medicaid providers by providing mental health or social services   | NA  |
| 4.4   | Requires a minimum education level for newly hired school counselors   | NA <sup>8</sup>                               |
|   | Requires a minimum education level for newly hired school psychologists  | NA <sup>8</sup>                               |
|   | Requires a minimum education level for newly hired school social workers   | <input checked="" type="radio"/> <sup>8</sup> |
| 4.5   | Requires newly hired school counselors to be certified by a state agency or board  | <input checked="" type="radio"/>              |
|   | Requires newly hired school psychologists to be certified by a state agency or board   | <input checked="" type="radio"/>              |
|   | Requires newly hired school social workers to be certified by a state agency or board  | <input checked="" type="radio"/>              |
| 4.6.1 and 4.6.2   | Provided funding for staff development or offered staff development to mental health or social services staff during the past two years on the following mental health and social services topics: |   |
|   | After-school programs  | <input type="radio"/>                         |
|   | Alcohol- or other drug-use treatment   | <input type="radio"/>                         |
|   | Child care options for teen mothers  | <input type="radio"/>                         |
|   | Counseling after a natural disaster or other emergency or crisis situation   | <input type="radio"/>                         |
|   | Counseling for emotional or behavioral disorders   | <input type="radio"/>                         |
|   | Crisis intervention for personal problems  | <input type="radio"/>                         |
|   | Eating disorders treatment   | <input type="radio"/>                         |
|   | Emergency preparedness   | <input type="radio"/>                         |
|   | Enrollment in Medicaid or SCHIP  | <input type="radio"/>                         |
|   | Enrollment in WIC or accessing food stamps or food banks   | <input type="radio"/>                         |
|   | HIV counseling, testing, and referral  | <input type="radio"/>                         |
|   | Identification of emotional or behavioral disorders  | <input type="radio"/>                         |
|   | Identification of or referral for physical, sexual, or emotional abuse   | <input type="radio"/>                         |
| Identification of or referral for students with family problems | <input type="radio"/>  |   |

|                                    |   |                                  |                       |                       |
|------------------------------------|---|----------------------------------|-----------------------|-----------------------|
| 4.6.1<br>and<br>4.6.2<br>(cont'd.) | Job readiness skills programs   | <input type="radio"/>            |                       |                       |
|                                    | Services for gay, lesbian, or bisexual students   | <input type="radio"/>            |                       |                       |
|                                    | Stress management   | <input type="radio"/>            |                       |                       |
|                                    | Tobacco-use cessation   | <input type="radio"/>            |                       |                       |
|                                    | Ways to promote a positive school climate   | <input type="radio"/>            |                       |                       |
|                                    | Weight management   | <input type="radio"/>            |                       |                       |
| 4.7                                | Provided funding for staff development or offered staff development to mental health or social services staff during the past two years on the following prevention services topics:  |                                  |                       |                       |
|                                    | Alcohol- or other drug-use prevention   | <input type="radio"/>            |                       |                       |
|                                    | HIV prevention  | <input type="radio"/>            |                       |                       |
|                                    | Injury prevention and safety counseling   | <input type="radio"/>            |                       |                       |
|                                    | Nutrition and dietary behavior counseling   | <input type="radio"/>            |                       |                       |
|                                    | Physical activity and fitness counseling  | <input type="radio"/>            |                       |                       |
|                                    | Pregnancy prevention  | <input type="radio"/>            |                       |                       |
|                                    | STD prevention  | <input type="radio"/>            |                       |                       |
|                                    | Suicide prevention  | <input type="radio"/>            |                       |                       |
|                                    | Tobacco-use prevention  | <input type="radio"/>            |                       |                       |
|                                    | Violence prevention   | <input type="radio"/>            |                       |                       |
| 4.8                                | Provided funding for staff development or offered staff development to mental health or social services staff during the past two years on the following methods of service delivery: |                                  |                       |                       |
|                                    | Case management for students with chronic health conditions   | <input type="radio"/>            |                       |                       |
|                                    | Case management for students with emotional or behavioral problems  | <input type="radio"/>            |                       |                       |
|                                    | Comprehensive assessment or intake evaluation   | <input type="radio"/>            |                       |                       |
|                                    | Family counseling   | <input type="radio"/>            |                       |                       |
|                                    | Group counseling  | <input type="radio"/>            |                       |                       |
|                                    | Individual counseling   | <input type="radio"/>            |                       |                       |
|                                    | Peer counseling or mediation  | <input type="radio"/>            |                       |                       |
| Self-help or support groups        | <input type="radio"/>   |                                  |                       |                       |
|                                    |   | Elementary<br>Schools            | Middle<br>Schools     | High<br>Schools       |
| 4.9                                | Requires schools to have at least one full-time counselor in each school  | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> |
| 4.10                               | Requires student assistance programs  | <input checked="" type="radio"/> |                       |                       |
|                                    | Requires schools to create and maintain student support teams   | <input type="radio"/>            |                       |                       |

## Footnotes

<sup>1</sup> Numbers refer to tables in *State-Level School Health Policies and Practices: A State-by-State Summary from the School Health Policies and Programs Study 2006*, which includes information from all 50 states and the District of Columbia. This document can be downloaded at [www.cdc.gov/HealthyYouth/SHPPS/2006/summaries/index.htm](http://www.cdc.gov/HealthyYouth/SHPPS/2006/summaries/index.htm).

<sup>2</sup> Unless otherwise indicated,

- Yes
- No
- ? Incomplete Data
- NA Not Applicable

<sup>3</sup>

- Requires
- Recommends or Encourages
- Neither Requires, Recommends, nor Encourages
- ? Incomplete Data

<sup>4</sup>

- Prohibits
- Discourages
- Neither Prohibits nor Discourages
- ? Incomplete Data

<sup>5</sup> SCHIP is the State Children's Health Insurance Program.

<sup>6</sup> WIC is the Special Supplemental Food Program for Women, Infants, and Children.

<sup>7</sup>

- Associate's Degree in Nursing
- Undergraduate Degree in Nursing
- Associate's Degree in Any Field
- Undergraduate Degree in Any Field
- NA Not Applicable
- ? Incomplete Data

- 8
- Undergraduate Degree in Specific Field
  - Master's Degree in Specific Field
  - Doctoral Degree in Specific Field
  - Undergraduate Degree in Any Field
  - Master's Degree in Any Field
  - Other Degree
  - NA Not Applicable
  - ? Incomplete Data

- 9
- Yes (For Breakfast, All Schools)
  - Yes (For Breakfast, Some Categories of Schools)
  - No
  - ? Incomplete Data

10

Junk foods are defined as foods or beverages that have low nutrient density, that is, they provide calories primarily through fats or added sugars and have minimal amounts of vitamins and minerals.

- 11
- Both on School Property and at Off-Campus, School-Sponsored Events
  - On School Property Only
  - Neither on School Property nor at Off-Campus, School-Sponsored Events

- 12
- Required of All Faculty and Staff
  - Required of Some Faculty and Staff
  - Not Required on Any Faculty or Staff
  - ? Incomplete Data

- 13
- State Offers Coverage
  - State Requires Districts to Offer Coverage
  - State Neither Offers Coverage nor Requires Districts to Offer Coverage
  - ? Incomplete Data

This publication was prepared by the Centers for Disease Control and Prevention (CDC). It summarizes state-level data collected from each of the 50 states and the District of Columbia during the School Health Policies and Programs Study (SHPPS) 2006. SHPPS is conducted periodically to monitor the extent to which school health policies and practices are addressing the leading causes of death, illness, and social problems among young people and adults.

**For additional information** on SHPPS or to order SHPPS publications, contact the Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717; 800-CDC-INFO; [www.cdc.gov/shpps](http://www.cdc.gov/shpps).